

Too Good for Violence Curriculum Correlations

Correlated with Montana Standards for Health Enhancements

Grade 1

Lesson One: *Celebrating Our Special Selves*

Objectives: The student will be able to:

- Discuss respect for differences.
- Identify his or her special qualities.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.

Health Content Standard 7—Students demonstrate health-enhancing behaviors. Students will:

1. Interact with friends and others through participation.

Lesson Two: *Care About Feelings*

Objectives: The student will be able to:

- Name a variety of feelings.
- Define feelings as natural emotions that are neither right nor wrong.
- Differentiate feelings and actions or behaviors.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

3. Describe characteristics needed to be a responsible friend and family member.
4. Demonstrate ways to communicate care, consideration, and respect of self and others.
5. Demonstrate healthy ways to express needs, wants, and feelings.
6. Demonstrate refusal skills.
7. Demonstrate active listening skills.
8. Demonstrate non-violent strategies to resolve conflict.

Lesson Three: *A Friend Is Someone Who Cares*

Objectives: The student will be able to:

- List friendly behaviors.
- Demonstrate basic social skills: sharing, taking turns, listening, saying “please” and “thank you,” apologizing, etc.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Lesson Four: *When You're Angry and You Know*

Objectives: The student will be able to:

- Identify warning signs (physical sensations) of anger.
- Distinguish between angry feelings and aggressive actions.
- Discuss the negative consequences of aggressive behavior.
- Recite an anger management model.

Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:

1. **Identify problem-solving processes specific to health related issues.**
2. **Access valid health information and resources.**
3. **Explain how basic health information and resources are used in setting goals and decision making.**
4. **Set personal goals and record progress toward achievement.**
5. **Predict results of positive health decisions.**

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. **Describe characteristics needed to be a responsible friend and family member.**
2. **Demonstrate ways to communicate care, consideration, and respect of self and others.**
3. **Demonstrate healthy ways to express needs, wants, and feelings.**
4. **Demonstrate refusal skills.**
5. **Demonstrate active listening skills.**
6. **Demonstrate non-violent strategies to resolve conflict.**

Lesson Five: *Respecting Differences*

Objectives: The student will be able to:

- Discuss the benefits of getting to know people who are different.
- Discuss the ways that people who are disabled handle their disabilities.
- Demonstrate ways that people who are disabled handle their disabilities.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. **Describe characteristics needed to be a responsible friend and family member.**
2. **Demonstrate ways to communicate care, consideration, and respect of self and others.**

Lesson Six: *Problem Solving*

Objectives: The student will be able to:

- Demonstrate a basic problem-solving model.
- List alternative solutions.
- Demonstrate predicting feelings and consequences.

Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:

1. **Identify problem-solving processes specific to health related issues.**
2. **Access valid health information and resources.**
3. **Explain how basic health information and resources are used in setting goals and decision making.**
4. **Set personal goals and record progress toward achievement.**
5. **Predict results of positive health decisions.**

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward each other for using pro-social, peaceable skills.

Health Content Standard 5—Students demonstrate the ability to use critical thinking and decision making to enhance health. Students will:

1. Identify problem-solving processes specific to health related issues.
2. Access valid health information and resources.
3. Explain how basic health information and resources are used in setting goals and decision making.
4. Set personal goals and record progress toward achievement.
5. Predict results of positive health decisions.

Health Content Standard 6—Students demonstrate interpersonal communication skills to enhance health. Students will:

1. Describe characteristics needed to be a responsible friend and family member.
2. Demonstrate ways to communicate care, consideration, and respect of self and others.
3. Demonstrate healthy ways to express needs, wants, and feelings.
4. Demonstrate refusal skills.
5. Demonstrate active listening skills.
6. Demonstrate non-violent strategies to resolve conflict.

Health Content Standard 7—Students demonstrate health-enhancing behaviors. Students will:

1. Interact with friends and others through participation.