

Too Good for Violence Curriculum Correlations

Correlated with Mississippi Health Education Standards

Grade 1

Lesson One: *Celebrating Our Special Selves*

Objectives: The student will be able to:

- Discuss respect for differences.
- Identify his or her special qualities.

Competency 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Lesson Two: *Care About Feelings*

Objectives: The student will be able to:

- Name a variety of feelings.
- Define feelings as natural emotions that are neither right nor wrong.
- Differentiate feelings and actions or behaviors.

Competency 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Lesson Three: *A Friend Is Someone Who Cares*

Objectives: The student will be able to:

- List friendly behaviors.
- Demonstrate basic social skills: sharing, taking turns, listening, saying “please” and “thank you,” apologizing, etc.

Competency 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Lesson Four: *When You're Angry and You Know*

Objectives: The student will be able to:

- Identify warning signs (physical sensations) of anger.
- Distinguish between angry feelings and aggressive actions.
- Discuss the negative consequences of aggressive behavior.
- Recite an anger management model.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Competency 5: Demonstrate the ability to use decision-making skills to enhance health.

Competency 7: Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Lesson Five: *Respecting Differences*

Objectives: The student will be able to:

- Discuss the benefits of getting to know people who are different.
- Discuss the ways that people who are disabled handle their disabilities.
- Demonstrate ways that people who are disabled handle their disabilities.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Competency 5: Demonstrate the ability to use decision-making skills to enhance health.

Competency 7: Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Lesson Six: *Problem Solving*

Objectives: The student will be able to:

- Demonstrate a basic problem-solving model.
- List alternative solutions.
- Demonstrate predicting feelings and consequences.

Competency 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Competency 5: Demonstrate the ability to use decision-making skills to enhance health.

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward each other for using pro-social, peaceable skills.

Competency 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Competency 4: Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Competency 5: Demonstrate the ability to use decision-making skills to enhance health.

Competency 6: Demonstrate the ability to use goal-setting skills to enhance health.

Competency 7: Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.