

Too Good for Violence Curriculum Correlations

Correlated with Maine Health Education Standards

Kindergarten

Lesson One: *The Place Where Peace Begins*

Objectives: The student will be able to:

- Define “peaceable.”
- Define “peacemaker.”
- Demonstrate the social skill of introducing oneself.
- Draw a picture of himself/herself in a peaceable classroom.

B. Health Information, Products and Services: Students demonstrate the ability to access valid health information, services, and products to enhance health.

B1 Validity of Resources

Students identify trusted adults and professionals who can help promote health.

C. Health Promotion and Risk Reduction: Students demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

C3 Self-Management

Students demonstrate coping strategies to use when feeling too excited, anxious, upset, angry, or out of control.

E. Communication and Advocacy Skills: Students demonstrate the ability to use interpersonal communication and advocacy skills to enhance personal, family, and community health.

E1 Interpersonal Communication Skills

Students demonstrate healthy ways to communicate.

- a. Demonstrate healthy ways to express needs, wants, and feelings
- b. Distinguish between verbal and nonverbal communication.
- c. Demonstrate listening skills to enhance health.
- d. Demonstrate ways to respond to an unwanted, threatening, or dangerous situation including telling a trusted adult if threatened or harmed.

F. Decision-Making and Goal-Setting Skills: Students demonstrate the ability to make decisions and set goals to enhance health.

F1 Decision-Making

Students identify situations where a health-related decision is needed.

- a. Differentiate between situations when health-related decisions can appropriately be made by the individual and when assistance is needed.

F2 Goal-Setting

Students identify a short-term personal health goal and take action toward achieving the goal.

Lesson Two: *Learning How to Stop and Think*

Objectives: The student will be able to:

- Describe anger as a natural human emotion.
- Demonstrate “angry-looking” body language.
- Demonstrate healthy, constructive ways to deal with angry feelings.
- Demonstrate stopping to think when feeling angry.
- Discuss helpful and hurtful ways to deal with anger.

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Lesson Three: *Peacemakers Learn to Share*

Objectives: The student will be able to:

- Demonstrate physical signals of anger.
- Perform role-plays using a basic problem-solving model.

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Lesson Four: *Peacemakers Learn to Take Turns*

Objectives: The student will be able to:

- Recite a basic problem-solving model.
- Demonstrate problem-solving with a group.
- Discuss some fair ways to choose who goes first.

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Lesson Five: *Learning to Listen*

Objectives: The student will be able to:

- Demonstrate using the basic problem-solving model.
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting.
- Discuss listening as a way to show others that we care.

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Lesson Six: *Picture the Peacemakers*

Objectives: The student will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

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Lesson Seven: *Celebrating a Peaceable Place*

Objectives: The student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

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