

Too Good for Violence Curriculum Correlations

Correlated with Idaho Content Standards Health Education

Kindergarten

Lesson One: *The Place Where Peace Begins*

Objectives: The student will be able to:

- Define “peaceable.”
- Define “peacemaker.”
- Demonstrate the social skill of introducing oneself.
- Draw a picture of himself/herself in a peaceable classroom.

Standard 2: Analyzing Influences

Goal 1.1 Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behavior.

K-2.H.2.1.2 Identify what the school can do to support personal health practices and behaviors.

Standard 4: Interpersonal Communication

Goal 1.1 Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. .

K-2.H.4.1.1 Demonstrate healthy ways to express needs, wants, and feelings.

K-2.H.4.1.2 Demonstrate listening skills to enhance health.

K-2.H.4.1.3 Demonstrate ways to respond when in an unwanted, threatening, or dangerous situation.

Lesson Two: *Learning How to Stop and Think*

Objectives: The student will be able to:

- Describe anger as a natural human emotion.
- Demonstrate “angry-looking” body language.
- Demonstrate healthy, constructive ways to deal with angry feelings.
- Demonstrate stopping to think when feeling angry.
- Discuss helpful and hurtful ways to deal with anger.

Standard 1: Comprehend Core Concepts

Goal 1.1 Students will comprehend core concepts related to health promotion and disease prevention to enhance health including: Alcohol, Tobacco and Other Drugs; Nutrition and Physical Activity, Injury Prevention and Safety; Mental, Emotional and Social Health; Prevention and Control of Disease; Consumer and Community Health; Growth, Development and Family Life; and Environmental Health. Mental, Emotional, and Social Health

K-2.H.1.1.1. Identify that healthy behaviors affect personal health.

K-2.H.1.1.2. Recognize that there are multiple dimensions (i.e. emotional, intellectual, physical and social) of health.

Standard 4: Interpersonal Communication

Goal 1.1 Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. .

K-2.H.4.1.1 Demonstrate healthy ways to express needs, wants, and feelings.

K-2.H.4.1.2 Demonstrate listening skills to enhance health.

K-2.H.4.1.3 Demonstrate ways to respond when in an unwanted, threatening, or dangerous situation.

Lesson Three: *Peacemakers Learn to Share*

Objectives: The student will be able to:

- Demonstrate physical signals of anger.
- Perform role-plays using a basic problem-solving model.

Standard 5: Decision Making

Goal 1.1 Students will demonstrate the ability to use decision-making skills to enhance health.

K-2.H.5.1.1 Identify situations when a health-related decision is needed.

K-2.H.5.1.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

Lesson Four: *Peacemakers Learn to Take Turns*

Objectives: The student will be able to:

- Recite a basic problem-solving model.
- Demonstrate problem-solving with a group.
- Discuss some fair ways to choose who goes first.

Standard 1: Comprehend Core Concepts

Goal 1.1 Students will comprehend core concepts related to health promotion and disease prevention to enhance health including: Alcohol, Tobacco and Other Drugs; Nutrition and Physical Activity, Injury Prevention and Safety; Mental, Emotional and Social Health; Prevention and Control of Disease; Consumer and Community Health; Growth, Development and Family Life; and Environmental Health. Mental, Emotional, and Social Health

K-2.H.1.1.2. Recognize that there are multiple dimensions (i.e. emotional, intellectual, physical and social) of health.

Standard 5: Decision Making

Goal 1.1 Students will demonstrate the ability to use decision-making skills to enhance health.

K-2.H.5.1.1 Identify situations when a health-related decision is needed.

K-2.H.5.1.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

Lesson Five: *Learning to Listen*

Objectives: The student will be able to:

- Demonstrate using the basic problem-solving model.
- Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting.
- Discuss listening as a way to show others that we care.

Standard 2: Analyzing Influences

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K-2.H.2.1.1 Identify how the family influences personal health practices and behaviors.

K-2.H.2.1.2 Identify what the school can do to support personal health practices and behaviors.

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Standard 5: Decision Making

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Lesson Six: *Picture the Peacemakers*

Objectives: The student will be able to:

- List ways to be a peacemaker.
- Differentiate peaceable from non-peaceable behaviors.

Standard 2: Analyzing Influences

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K-2.H.2.1.1 Identify how the family influences personal health practices and behaviors.

K-2.H.2.1.2 Identify what the school can do to support personal health practices and behaviors.

K-2.H.2.1.3 Describe how the media can influence health behaviors.

Standard 3: Accessing Information.

Goal 1.1 Students will demonstrate the ability to access valid information and products and services to enhance health.

K-2.H.3.1.1. Identify trusted adults and professionals who can help promote health.

K-2.H.3.1.2. Identify ways to locate school and community health helpers.

Standard 5: Decision Making

Goal 1.1 Students will demonstrate the ability to use decision-making skills to enhance health.

K-2.H.5.1.1 Identify situations when a health-related decision is needed.

K-2.H.5.1.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

Lesson Seven: *Celebrating a Peaceable Place*

Objectives: The student will be able to:

- Discuss ways to make the world a more peaceable place.
- Demonstrate peacemaking skills.

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K-2.H.1.1.1. Identify that healthy behaviors affect personal health.

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