

# Too Good for Violence Curriculum Correlations

Correlated with Delaware Health Education Standards

## Kindergarten

### Lesson One: *The Place Where Peace Begins*

**Objectives:** The student will be able to:

- Define “peaceable.”
  - Define “peacemaker.”
  - Demonstrate the social skill of introducing oneself.
  - Draw a picture of himself/herself in a peaceable classroom.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  4. Students will demonstrate the ability to use interpersonal *communication skills* to enhance health and avoid or reduce health risks.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

### Lesson Two: *Learning How to Stop and Think*

**Objectives:** The student will be able to:

- Describe anger as a natural human emotion.
  - Demonstrate “angry-looking” body language.
  - Demonstrate healthy, constructive ways to deal with angry feelings.
  - Demonstrate stopping to think when feeling angry.
  - Discuss helpful and hurtful ways to deal with anger.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

### Lesson Three: *Peacemakers Learn to Share*

**Objectives:** The student will be able to:

- Demonstrate physical signals of anger.
  - Perform role-plays using a basic problem-solving model.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.

5. Students will demonstrate the ability to use *decision-making skills* to enhance health.
7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

## **Lesson Four: *Peacemakers Learn to Take Turns***

**Objectives:** The student will be able to:

- Recite a basic problem-solving model.
  - Demonstrate problem-solving with a group.
  - Discuss some fair ways to choose who goes first.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  4. Students will demonstrate the ability to use interpersonal *communication skills* to enhance health and avoid or reduce health risks.
  5. Students will demonstrate the ability to use *decision-making skills* to enhance health.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

## **Lesson Five: *Learning to Listen***

**Objectives:** The student will be able to:

- Demonstrate using the basic problem-solving model.
  - Demonstrate basic communication skills: making eye contact, listening, and taking turns talking without interrupting.
  - Discuss listening as a way to show others that we care.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  4. Students will demonstrate the ability to use interpersonal *communication skills* to enhance health and avoid or reduce health risks.
  5. Students will demonstrate the ability to use *decision-making skills* to enhance health.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

## Lesson Six: *Picture the Peacemakers*

**Objectives:** The student will be able to:

- List ways to be a peacemaker.
  - Differentiate peaceable from non-peaceable behaviors.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  4. Students will demonstrate the ability to use interpersonal *communication skills* to enhance health and avoid or reduce health risks.
  5. Students will demonstrate the ability to use *decision-making skills* to enhance health.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)

## Lesson Seven: *Celebrating a Peaceable Place*

**Objectives:** The student will be able to:

- Discuss ways to make the world a more peaceable place.
  - Demonstrate peacemaking skills.
1. Students will *understand essential health concepts* in order to transfer knowledge into healthy actions for life.
  4. Students will demonstrate the ability to use interpersonal *communication skills* to enhance health and avoid or reduce health risks.
  7. Students will demonstrate the ability to *practice health-enhancing behaviors* and avoid or reduce health risks. (self-management)