

Too Good for Violence Curriculum Correlations

Correlated with California Health Education Content Standards

Grade 2

Lesson One: *Introducing a Peaceable Place*

Objectives: The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

Mental, Emotional, and Social Health

Standard 1: Essential concepts

2.1M.1 Describe a variety of emotions

2.1.M.2 Explain what it means to be emotionally or mentally healthy

Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

Standard 7: Practicing Health-Enhancing Behaviors

2.7.M.20 Manage emotions appropriately in a variety of situations

2.7.M.21 Show respect for individual differences.

Lesson Two: *Getting to Know Others*

Objectives: The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

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Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

Standard 7: Practicing Health-Enhancing Behaviors

2.7.M.20 Manage emotions appropriately in a variety of situations

2.7.M.21 Show respect for individual differences.

Lesson Three: *Expressing Feelings*

Objectives: The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

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Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

Standard 7: Practicing Health-Enhancing Behaviors

2.7.M.20 Manage emotions appropriately in a variety of situations

2.7.M.21 Show respect for individual differences.

Lesson Four: *Getting Along With Others*

Objectives: The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

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2.1.M.2 Explain what it means to be emotionally or mentally healthy

Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

Standard 7: Practicing Health-Enhancing Behaviors

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2.7.M.21 Show respect for individual differences.

Lesson Five: *Recognizing and Handling Anger*

Objectives: The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

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2.1.M.2 Explain what it means to be emotionally or mentally healthy

Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

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2.7.M.21 Show respect for individual differences.

Lesson Six: *Staying on the Trail to a Peaceable Place*

Objectives: The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

Mental, Emotional, and Social Health

Standard 1: Essential concepts

2.1M.1 Describe a variety of emotions

2.1.M.2 Explain what it means to be emotionally or mentally healthy

2.1.M.7 Discuss how to show respect for similarities and differences between and among individuals and groups

Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 3: Accessing Valid Information

2.4.M.15 Identify people in the community who are caring, supportive, and trustworthy.

Standard 5: Decision Making

2.5.M.18 Use a decision-making process for solving problems with peers and family

Standard 7: Practicing Health-Enhancing Behaviors

2.7.M.20 Manage emotions appropriately in a variety of situations

2.7.M.21 Show respect for individual differences.

Standard 8: Health Promotion

2.8.M.22 Object appropriately to teasing of peers based on personal characteristics

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

Mental, Emotional, and Social Health

Standard 1: Essential concepts

2.1M.1 Describe a variety of emotions

2.1.M.2 Explain what it means to be emotionally or mentally healthy

2.1.M.7 Discuss how to show respect for similarities and differences between and among individuals and groups

2.1.M.11 Identify the positive ways peers and family members show support, care, and appreciation for one another.

Standard 2: Analyzing Influences

2.2M.12 Identify internal and external factors that influence mental, emotional, and social health

Standard 5: Decision Making

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Standard 7: Practicing Health-Enhancing Behaviors

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