

Too Good for Violence Curriculum Correlations

Correlated with California Health Education Content Standards

Grade 1

Lesson One: *Celebrating Our Special Selves*

Objectives: The student will be able to:

- Discuss respect for differences.
- Identify his or her special qualities.

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Standard 5: Decision Making

1.5.S.19 Identify the benefits of using nonviolent means to solve conflicts

Lesson Two: *Care About Feelings*

Objectives: The student will be able to:

- Name a variety of feelings.
- Define feelings as natural emotions that are neither right nor wrong.
- Differentiate feelings and actions or behaviors.

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Lesson Three: *A Friend Is Someone Who Cares*

Objectives: The student will be able to:

- List friendly behaviors.
- Demonstrate basic social skills: sharing, taking turns, listening, saying “please” and “thank you,” apologizing, etc.

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Lesson Four: *When You're Angry and You Know*

Objectives: The student will be able to:

- Identify warning signs (physical sensations) of anger.
- Distinguish between angry feelings and aggressive actions.
- Discuss the negative consequences of aggressive behavior.
- Recite an anger management model.

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Lesson Five: *Respecting Differences*

Objectives: The student will be able to:

- Discuss the benefits of getting to know people who are different.
- Discuss the ways that people who are disabled handle their disabilities.
- Demonstrate ways that people who are disabled handle their disabilities

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Lesson Six: *Problem Solving*

Objectives: The student will be able to:

- Demonstrate a basic problem-solving model.
- List alternative solutions.
- Demonstrate predicting feelings and consequences.

Mental, Emotional, and Social Health

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development

Lesson Seven: *Celebrating Our Success*

Objectives: The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward each other for using pro-social, peaceable skills.

Standard 1: Essential Concepts

1.1.G.3 Identify a variety of behaviors that promote healthy growth and development