

# Too Good for Violence Curriculum Correlations

Correlated with Arkansas Physical Education and Health Curriculum Framework

## Grade 2

### Lesson One: *Introducing a Peaceable Place*

**Objectives:** The student will be able to:

- Discuss the concept that each person is important and worthy of respect.
- Demonstrate the social skill of making introductions.
- Demonstrate working cooperatively with another student.

#### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

### Lesson Two: *Getting to Know Others*

**Objectives:** The student will be able to:

- Demonstrate the social skill of making introductions.
- Discuss respect for individual differences.
- Demonstrate communication skills: listening and paraphrasing.

#### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

## Lesson Three: *Expressing Feelings*

**Objectives:** The student will be able to:

- Identify and express a variety of feelings.
- Demonstrate verbal and non-verbal expressions of feelings.
- Demonstrate the use of I-messages as a way to express feelings honestly and effectively.
- Develop self-discipline by using I-messages instead of You-messages.

### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

### **Strand: Health and Wellness**

Standard 11: Personal Health and Safety:

Students shall recognize and practice *health-enhancing* behaviors to reduce *health* risks.

#### **Personal Health**

HW.11.2.1

Identify feelings and situations that trigger certain emotions

## Lesson Four: *Getting Along With Others*

**Objectives:** The student will be able to:

- Differentiate between I-messages and You-messages.
- Demonstrate social skills: asking to join in, inviting to join in, sharing, taking turns, listening, offering to help, asking for help and apologizing.

### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

## Lesson Five: *Recognizing and Handling Anger*

**Objectives:** The student will be able to:

- Define anger as a natural and universal emotion.
- Discuss what anger looks like and feels like.
- Differentiate between angry feelings and aggressive actions.
- Discuss constructive and destructive ways to handle anger.
- Recite an anger management model.

### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Decision Making**

HW.9.2.1

Describe rules and consequences of choices

HW.9.2.2

Respond appropriately to compliments, criticism, teasing, and *bullying*

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

### **Strand: Health and Wellness**

Standard 11: Personal Health and Safety:

Students shall recognize and practice *health-enhancing* behaviors to reduce *health* risks.

#### **Personal Health**

HW.11.2.1

Identify feelings and situations that trigger certain emotions

HW.11.2.2

Practice coping skills

(e.g., role play, skits, *journal*)

HW.11.2.3

Discuss stress and identify stressful situations

## Lesson Six: *Staying on the Trail to a Peaceable Place*

**Objectives:** The student will be able to:

- Define bullying and list rules regarding bullying.
- Differentiate between peaceable and non-peaceable social behaviors.
- Demonstrate basic social skills: making introductions, asking to join, inviting to join, sharing, taking turns, asking for help, offering help, apologizing.

### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Decision Making**

HW.9.2.1

Describe rules and consequences of choices

HW.9.2.2

Respond appropriately to compliments, criticism, teasing, and *bullying*

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

## Lesson Seven: *Celebrating Our Success*

**Objectives:** The student will be able to:

- Assess his or her progress in learning pro-social, peaceable skills.
- Recognize and reward others for using pro-social, peaceable skills.

### **Strand: Health and Wellness**

Standard 9: Healthy Life Skills and Relationships:

Students shall demonstrate the ability to use appropriate skills to enhance relationships and promote *wellness*.

#### **Decision Making**

HW.9.2.1

Describe rules and consequences of choices

HW.9.2.2

Respond appropriately to compliments, criticism, teasing, and *bullying*

#### **Interpersonal Relationships**

HW.9.2.3

Differentiate between positive and negative factors that determine friendship

HW.9.2.4

Demonstrate methods of communication for specific situations

**Strand: Health and Wellness**

Standard 11: Personal Health and Safety:

Students shall recognize and practice *health-enhancing* behaviors to reduce *health* risks.

**Personal Health**

HW.11.2.1

Identify feelings and situations that trigger certain emotions

HW.11.2.3

Discuss stress and identify stressful situations