

# Lesson 6 | How Do You Do? Making a Friend

## Rationale

Children who develop the social skills necessary for healthy bonding in pro-social friendships have higher self-esteem and a stronger sense of belonging promoting a lasting influence on their overall success socially, emotionally, and academically. Effective pro-social skills enable children to handle conflict peacefully, communicate feelings, and share ideas with others enhancing cooperation and relationship building.

## Character Education

This lesson promotes these character traits:

Caring      Integrity      Responsibility      Respect

## Objectives

Following this lesson, the student will be able to:

- Demonstrate the social skill of introducing oneself
- Identify ways to initiate conversation
- Demonstrate sharing and listening

## Activities

1. Finding a Friend ..... 10 minutes
2. Making a Friend..... 10 minutes
3. I Know How to Make a Friend ..... 10 minutes

## Daily Workouts

- Day 2: Start with a Grin ..... 10 minutes
- Day 3: You're Cool!..... 15 minutes
- Day 4: Getting to Know You ..... 15 minutes
- Day 5: Pleased to Meet You ..... 10 minutes

## Before You Start

- Put Tuggles in his seat.
- Access the "Make a Friend" song at [toogoodprograms.org](http://toogoodprograms.org).
- Listen to the "Make a Friend" song and review the lesson script and song lyrics on pages 146-147.
- Make a copy of "A New Friendship" story to display in Section 1: Finding a Friend.
- Prepare the supplemental activities from the **Looking for More?** section.
- Prepare the **Daily Workout** activities.
- Make a copy of **Home Workout 6** for each student. Distribute at the end of the lesson.

## Materials

To deliver this lesson, you will need:

### From Your Kit:

- Student Workbook page 10
- Tuggles Puppet
- Make a Friend Poster

### From Your Teacher's Manual:

- Home Workout 6, page 156
- Tuggles and Eleanor Worksheet Display Card, page 157
- "A New Friendship" Story, page 158

### Additional Materials:

- "Make a Friend" Song
- Projector



## 1. Finding a Friend

✕ Invite your students to join you in the whole group area.

In our last lesson, we talked about what good friends do and what good friends don't do.

Complete this sentence: "A friend is someone who \_\_\_\_\_."

💬 Helps me; laughs with me; shares with me; etc.

Complete this sentence: "A friend is not someone who \_\_\_\_\_."

💬 Is mean; is bossy; tells lies; cheats; etc.

What does a friend look like? ✕ Encourage student response. Some are short, and some are tall. Some have curly hair, and some have straight hair. Friends may like different things than we do. You won't know until you get to know someone.

Do you remember the first day of school when you didn't know anyone? 💬 Yes.

How did you feel? 💬 Lonely, worried, afraid, etc.

✕ Cup your ear as if you heard Tuggles say something. What's that, Tuggles? ✕ Put on the Tuggles puppet.

🐻 The day before I started kindergarten, I felt lonely and afraid. I said to my mom, "I need someone to talk to at my new school. I need someone to help me find the snack room and the bathroom and the playground. I need a new friend." Then, I met Eleanor! We made this drawing of ourselves in class. ✕ Hold up the Tuggles and Eleanor Worksheet Display Card. She is the first friend I made in Kindergarten.

You and Eleanor look like good friends. Sit here, Tuggles. ✕ Put Tuggles in his seat.

We are going to read about how you and Eleanor became friends.

✕ Display the "A New Friendship" story.

We are going to read a story together called "A New Friendship." Follow along as I read the story to you. When we get to a picture,



Teacher's Manual page 157  
Tuggles and Eleanor Worksheet  
Display Card

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I'll pause so you can tell me the word for that picture. Let's review the pictures at the top of the story. ✂ Name the pictures in the picture bank.

Let's find out how Eleanor and Tuggles became friends. ✂ Read the story aloud to the students. As you read the story, point to the pictures so the students can complete the story aloud with you.

You did a good job helping me tell the story about how Tuggles and Eleanor became friends. Let's review a few things from the story.

✂ Refer to the pictures in the story to help the students recall the details.

To show Tuggles that Eleanor was friendly, she smiled and asked him, "What's your name?"

Then, they each said something nice to each other. Eleanor said, "I like your..."? 🗨️ T-shirt. Tuggles said, "Thank you. I like your..."?

🗨️ Horns.

Very good! Next, Eleanor asked Tuggles if he wanted to play...?

🗨️ Ball!

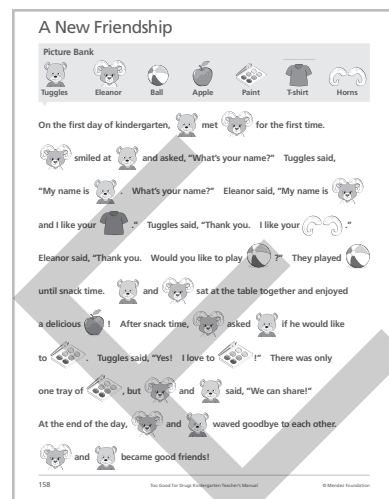
Asking someone to play with you is a friendly thing to do. Remember, Tuggles told his mom he felt lonely and afraid about starting at a new school. How do you think Tuggles felt after Eleanor asked him to play ball with her? 🗨️ Happy, excited, etc.

How do you think Tuggles felt now that he had someone to sit with at snack time? 🗨️ Happy, thankful, etc.

What did they do together after snack time? 🗨️ Paint. That's right, but there was only one paint tray. So what do friends do in a situation like this one? 🗨️ They share!

Friends smile; they say something nice; they ask each other to play; they spend time together; they share; and at the end of the day...

What do friends do? 🗨️ They wave goodbye.



Teacher's Manual page 158  
"A New Friendship" Story

## 2. Making a Friend



Make a Friend Poster

✕ Display the Make a Friend poster on the board. The pictures on this poster will help us remember what we can do to make a friend.

✕ Refer to the poster as you review the pictures.

Eleanor did all of these things to make friends with Tuggles.

The first thing you want to do is start with a grin. Grin is another word for smile. Can you say the word grin? 🗣️ Grin. Grinning shows that you are friendly.

Then, you can ask the person, "What's your name?" and "Do you want to play?"

It is always good to say something nice. This girl is saying to the boy, "I like your glasses," but you could say anything nice.

Good friends know how to share. You can share a toy or a game.

At the end of your time together don't just walk away. It is friendly to wave and say goodbye.

Now, we are going to learn a song to help us remember how to make a friend. We will listen to the song first, and then we will play it again so you can sing along.

🎵 Play the "Make a Friend" song.

Now, we are going to sing along with the children in the song. When you see me cup my hand to my ear, tell me what you heard. For example, when the song says, "Start with a grin," I will cup my hand to my ear and you will say...? 🗣️ Start with a grin. Excellent! Here we go!

✕ As the students learn the song, point to each image on the poster.

🎵 Play the "Make a Friend" song.

There's no better day than today to make a friend.  
There's no better time than now so let's begin.

Step one: Start with grin.

✕ Cup your hand to your ear. 🗣️ Start with a grin.

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### Step two: Ask, "What's your name?"

 Cup your hand to your ear.  Ask, "What's your name?"

### And do you want to play a game?

 Cup your hand to your ear.  Do you want to play a game?

### Step three: Say something nice

 Cup your hand to your ear.  Say something nice

like, "Wow! I like your glasses."

 Cup your hand to your ear.  Wow! I like your glasses.

### Step four: Share a toy.

 Cup your hand to your ear.  Share a toy.

### Step five: Wave goodbye.

 Cup your hand to your ear.  Wave goodbye.

That's all it takes to make a friend who is great.

And now you can do it again and again and again and again and again.

Cause there's no better day than today to make a friend.

We are going to listen to the song one more time. Then, we'll see if you remember the ways to make a friend.

 Play the "Make a Friend" song.

Let's see if you can remember the ways to make a friend without listening to the song.

To show someone you are friendly, it is good to start with a...


 grin.


Then, you can ask, "What's your...  name?" and "Do you want to...

 play?"

You can say something...  nice.

Next, you can share a...  toy.

When you're finished playing, be sure to wave...  goodbye.

 Have the students return to their desks. Distribute the Student Workbooks.

### Notes



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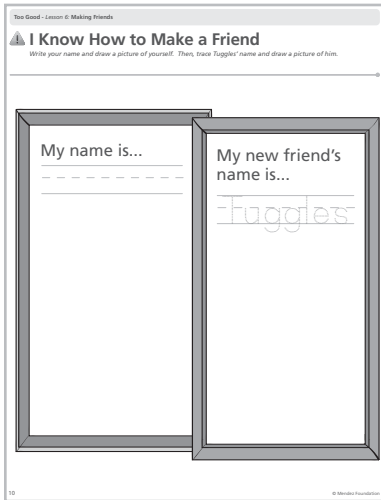
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### 3. I Know How to Make a Friend



Workbook page 10  
I Know How to Make a Friend

You're doing a great job learning how to make a friend. Turn in your workbooks to page 10. ✕ Display workbook page 10. You are going to draw a picture of you and your new friend Tuggles. First, write down your name on the line in the first picture frame. ✕ Allow time for the students to complete the activity.

Now, draw a picture of yourself in the first frame. Remember to draw a big smile on your face. Starting with a smile or a grin is one way to show you want to be someone's friend. ✕ Allow time for the students to complete the activity.

Sharing something fun is another way to make a friend. We have been sharing stories and games with Tuggles. He is our friend.

Now, trace Tuggles' name at the top of the second frame. Draw a picture of Tuggles in the frame under his name. ✕ Allow time for the students to complete the activity.

Now you have a drawing of you and your friend Tuggles. In our next lesson, we will talk about what to do if a friend asks us to do something we shouldn't do.

✕ Collect the Student Workbooks.

✕ Distribute Home Workout 6.