Lesson 1 Making My Day

Art Extender

Ask your child to draw or paint a picture of themselves having a good day. Ask them to tell you about their drawing or painting. Help your child write a sentence that describes what they are doing in their drawing.
Science Extender

Cut a drinking straws into 3” sections. Give your children a small amount of modeling clay and a small straw section. Show your child how to locate the pulse in their wrist with their index and middle fingers. Invite your child to place the piece of clay on their wrist where they feel the pulse. Show them how to insert the straw into the clay. When they rest their arms on a table, the straws will move with each beat of the pulse.
Science Extender

Make a clock from a paper plate and a brad, using two pieces of construction paper as the clock’s arms. Explain that, “The directions on a medicine bottle say, ‘Take one pill every four hours.’” Set the clock and ask your child to show on the clock what time to take the medicine.
Art Extender

Give your child a piece of drawing paper. On a separate sheet of paper, write the following words: jump, hop, wiggle, skip, dance, giggle. Say each word as you write it. Tell your child, “These are some things you are good at. Choose one of them and write the word on your paper. Then draw a picture of yourself doing what the word says. If you write the word ‘jump,’ draw a picture of yourself jumping.”
Lesson 5 Mr. Big Mouth

Art Extender

Give your child one white paper plate. On the front of the plate, show your child how to draw a face with a large smiling mouth. Show them how to outline the back of the plate with a red crayon, and then draw a diagonal line from one side of the plate to the other, as shown below. Have your child draw pictures of safe things to put in their mouths on the front of the plate, and unsafe things on the back. If you have old magazines, you could also help your child cut out photos and paste them on the plate.

Physical Education Extender

Name an item and as you name it, toss a beanbag (or ball) to your child. As they catch the beanbag (or ball) they should say “Yes” if it is safe for children to put in their mouths, or “Yuk” if it is not safe.
Physical Education Extender

Name a feeling as you toss a beanbag or ball to your child. As they catch the beanbag or ball, they should use a facial expression to show that feeling, and then toss the beanbag or ball back.
Lesson 7 Finding a Friend

Language Arts Extender

This activity provides practice in improving auditory memory. Introduce the activity by saying, “I am going to see how many things you can remember about being a good friend.” Have your child repeat each of the following statements after you:

1. I am a friend when I smile.
2. I am a friend when I smile and say my name.
3. I am a friend when I smile and say my name and ask you to play.
4. I am a friend when I smile and say my name and ask you to play and say something nice.
5. I am a friend when I smile and say my name and ask you to play and say something nice and share my toys.
Lesson 8 Stop & Think

Social Studies Extender

Explain that you are going on an imaginary trip to a theme park. To help your child plan their fun day at the park, search online for an image of a simple theme park map. Show the park map to your child. Ask them to decide where they want to go first, second, third, etc. For example, if they decide to go to a particular ride first, ask them why. Ask them to make decisions about the rest of the day? For example, what if there are long lines? When should we plan for restroom breaks? What time will we break for lunch?

Art Extender

Give your child a piece of drawing paper. Explain that they are going to create artwork of a choice they made. It could be a good choice or a bad choice. On one side of the paper, they will draw a picture of the choice they made. Then, on the other side of the paper, draw either a happy face if the choice was good or a frowning face if the choice was bad. For example, if someone decided to stay up late watching TV, they would draw a picture of watching TV on one side of the paper. On the other side of the paper, they will draw a frowning face because the consequence, they were tired the next day, was not good.
Art Extender

With your child, gather pictures of your child and his or her friends. You will also need pipe cleaners and cupcake liners in a variety of colors. Give your child two cupcake liners and a craft stick or pipe cleaner. Give the following directions: (1) Spread one cupcake liner flat, and glue the other to the center of the flat one, to create a flower. (2) Glue a photograph to the center of the flower. (3) Glue a pipe cleaner to the back of their flower to create a stem. Create a friendship garden by planting all the flowers in a box. Isn’t it wonderful that friends, like flowers, are different?
Language Arts Extender

Write the following sentences on a sheet of paper:

__________ is good for Tuggles and me.

__________ is not good for Tuggles and me.

Ask your child to copy the sentences and fill in the blanks.