Activity Adaptations for Social Distancing

General Activity Adjustments

Paired and Group Activities - Workbook activities that instruct the students to work with a partner or in small groups can be done individually or as a class. Instead of collecting the student workbooks at the end of each lesson, ask the students to keep their workbooks in their cubby or desk.

Move-around-the-room Activities that require the students to stand by a display card to indicate their answer can be done with the students remaining at their desks. Display the cards on the board at the front of the room and assign a movement to each card such as **Stand Up**, **Raise Your Hands Above Your Head**, **Make a Silly Face**, and **Put Your Head Down on the Desk**. Write the movement above the corresponding card on the board. Read the scenarios aloud to the students and ask them to show their answers by doing the movement at their desks.

Adjustments by Lesson/Activity

Lesson 1 Go for a Healthy Goal

Activity 1: GoodBody Says, "Go for Good Health"

If possible, play **GoodBody Says** outside so the students can take steps and continue to practice social distancing. Use masking tape or chalk to draw a finish line. If it is not possible to go outside, the students can play from their desks. If you name something healthy, the students should stand up. If you name something that is not healthy, the students should stay seated. Continue playing as time allows

Lesson 3 Listening

Activity 2: Practice with a Partner

Conduct workbook page 3 in partners while maintaining proper social distancing. Instead of trading workbooks, the students will record their partners answers in their own workbook.

Activity 3: The Telephone Game

Instead of playing the **Telephone Game**, play a rhyming game with the students. Give the students a sound and ask them to think of a word that rhymes with the sound. Students should stand up when they can name a word that rhymes with the sound. If someone else says the word they are thinking, the student should sit down. Possible rhyme endings include -it, -ale, -eek, -and, -ite, -ad, -all, -ick, oot.

Lesson 4 Friendship

Activity 3: A Friendship Wheel

Conduct the Friendship Wheel in partners while maintaining proper social distancing.

Lesson 5 Carmen's Choices

Activity 2: Carmen's Choices

Conduct **Carmen's Choices** as a whole class. Call on individual students to tell the class what Carmen should do.

Lesson 8 Telling the Difference

Activity 3: Telling the Difference

Play **Telling the Difference** as the teacher's script indicates with the exception that the students do not choose a picture from the bag. Choose a picture for the student and place the card face up so the student can see it but the class cannot.