

## **RESEARCH SUMMARY**

### **Pilot Study of the *Too Good for Drugs and Violence* *After-School Activities Program***

This pilot study examined the effectiveness of the *Too Good for Drugs and Violence After-School Activities Program* (TGFVD-AS), a multifaceted interactive intervention. The *TGFVD-AS* curricula focus on developing personal and interpersonal skills that support children's abilities to adapt to changing social contexts, and resist influences that lead to risk taking behaviors. Participants were 66 students age 7-12 served in three inner city after-school programs. Children were matched on age-range, gender, and socioeconomic status. Students completed a survey questionnaire before and following program delivery. A trained instructor delivered the *TGFVD-AS* program to participants in ten 60-minute sessions over a two-month period. Results show that treatment students, as compared to control students, evidenced more positive scores on the Protective Factor Survey Questionnaire. After program delivery, students in the treatment group evidenced significant and positive improvement in goal setting and decision making skills, conflict resolution skills, social and resistance skills, and communication skills.