

Too Good for Violence – A Peaceable Place Kindergarten

2020 Edition

Correlated with Other Texas Essential Knowledge and Skills- Subchapter A. Character Traits Adopted 2020

Lesson 1 Dreaming Big – Setting Reachable Goals

Objectives

Following this lesson, the student will be able to:

- Identify personal capabilities and strengths
- Identify new things to learn to do
- Identify how adults and peers can help with reaching a goal

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:

(A) describe how personal choices lead to personal actions;

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(A) define patience and identify actions that demonstrate patience; and

Lesson 2 I Know What to Do – Making Responsible Decisions

Objectives

Following this lesson, the student will be able to:

- Recall the following steps in the decision-making process: 1 Stop, 2 Think
- Demonstrate anticipating consequences of choices
- Discuss personal responsibility for making positive choices

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:

(A) describe how personal choices lead to personal actions;

(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:

(A) describe and give examples of how feelings and beliefs influence personal actions;

(C) define self-control and identify instances in which self-control is important.

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(A) define patience and identify actions that demonstrate patience; and

(B) explain and identify examples of how actions can demonstrate kindness to others.

Lesson 3 Mad Sad Glad – *Identify and Managing Emotions*

Objectives

Following this lesson, the student will be able to:

- Name a variety of feelings
- Discuss three ways people show their feelings: with faces, bodies, words
- Express feelings verbally and non-verbally

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(2) *Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

- (A) describe and give examples of how feelings and beliefs influence personal actions;
- (B) describe how to make personal choices before speaking and acting; and
- (C) define self-control and identify instances in which self-control is important.

(3) *Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

- (B) explain and identify examples of how actions can demonstrate kindness to others.

Lesson 4 Listen Up! – *Effective Communication*

Objectives

Following this lesson, the student will be able to:

- Demonstrate using one's eyes, ears, and body to listen
- Identify the body language of an active listener
- Demonstrate the ability to ask questions without interrupting

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(2) *Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

- (B) describe how to make personal choices before speaking and acting; and
- (C) define self-control and identify instances in which self-control is important.

Lesson 5 My Buddy and Me – *Bonding and Relationships*

Objectives

Following this lesson, the student will be able to:

- Describe the characteristics of a healthy friendship
- Demonstrate assertive communication using an I-message

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(1) *Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

- (B) explain what it means to be trustworthy; and
- (C) identify personal actions that build trustworthiness, including being honest and punctual.

(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:

(B) describe how to make personal choices before speaking and acting; and

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(A) define patience and identify actions that demonstrate patience; and

(B) explain and identify examples of how actions can demonstrate kindness to others.

Lesson 6 Peaceable Me – Respect for Self and Others

Objectives

Following this lesson, the student will be able to:

- Discuss how manners show respect for oneself and others
- Demonstrate the ability to be respectful in a variety of situations
- Discuss how people are alike and how they differ
- Discuss respect for individual differences

Lesson 7 Cool, Calm, and Collected – Anger Management and Mindfulness

Objectives

Following this lesson, the student will be able to:

- Describe the physical sensations of anger
- Differentiate angry feelings and aggressive actions
- Demonstrate how to calm down when experiencing angry feelings

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:

(B) describe how to make personal choices before speaking and acting; and

(C) define self-control and identify instances in which self-control is important.

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(A) define patience and identify actions that demonstrate patience; and

Lesson 8 What to Do? – Problem Solving

Objectives

Following this lesson, the student will be able to:

- Identify a problem
- Recognize that there could be multiple solutions to a problem
- Identify a variety of solutions when working to solve a problem
- Demonstrate creative ways to solve a problem

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:

(A) describe how personal choices lead to personal actions;

Lesson 9 One for You – Sharing

Objectives

Following this lesson, the student will be able to:

- Comprehend what it means to share
- Discuss sharing as a method to resolve conflicts peacefully
- Demonstrate sharing in a variety of situations

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:

(C) define self-control and identify instances in which self-control is important.

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(B) explain and identify examples of how actions can demonstrate kindness to others.

(4) Citizenship. The student understands how personal actions can demonstrate good citizenship. The student is expected to:

(A) define fairness and identify examples of fairness in a variety of situations;

Lesson 10 Whose Turn? – Taking Turns

Objectives

Following this lesson, the student will be able to:

- Discuss taking turns as a method to resolve conflicts peacefully
- Identify fair ways to determine who goes first
- Demonstrate taking turns in a variety of situations

120.3. Texas Essential Knowledge and Skills for Positive Character Traits

(b) Knowledge and skills.

(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:

(C) define self-control and identify instances in which self-control is important.

(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:

(B) explain and identify examples of how actions can demonstrate kindness to others.

(4) Citizenship. The student understands how personal actions can demonstrate good citizenship. The student is expected to:

(A) define fairness and identify examples of fairness in a variety of situations;

