

# Too Good for Violence – A Peaceable Place Grade 1

## 2020 Edition

*Correlated with Other Texas Essential Knowledge and Skills- Subchapter A. Character Traits Adopted 2020*

### **Lesson 1 A Great Day – Setting Reachable Goals**

#### **Objectives**

Following this lesson, the student will be able to:

- Define a goal
- Identify action steps needed to reach a goal
- Set a personal goal

#### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

##### **(b) Knowledge and skills.**

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

*(A) describe how personal choices lead to personal actions;*

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

*(A) define patience and identify actions that demonstrate patience; and*

### **Lesson 2 Thinking Cap On – Making Responsible Decisions**

#### **Objectives**

Following this lesson, the student will be able to:

- Discuss the benefits of stopping to think before making a decision
- Demonstrate the skill of anticipating consequences of choices
- Discuss personal responsibility for making positive choices

#### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

##### **(b) Knowledge and skills.**

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

*(A) describe how personal choices lead to personal actions;*

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

*(A) describe and give examples of how feelings and beliefs influence personal actions;*

*(C) define self-control and identify instances in which self-control is important.*

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

*(A) define patience and identify actions that demonstrate patience; and*

*(B) explain and identify examples of how actions can demonstrate kindness to others.*

## Lesson 3 Cattitude – Identifying and Managing Emotions

### Objectives

Following this lesson, the student will be able to:

- Name a variety of feelings
- Comprehend feelings as natural responses that are neither right nor wrong
- Differentiate feelings from actions
- Demonstrate using an I-message and other healthy ways to express emotions

### 120.3. Texas Essential Knowledge and Skills for Positive Character Traits

#### (b) Knowledge and skills.

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

- (A) describe and give examples of how feelings and beliefs influence personal actions;
- (B) describe how to make personal choices before speaking and acting; and
- (C) define self-control and identify instances in which self-control is important.

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

- (B) explain and identify examples of how actions can demonstrate kindness to others.

## Lesson 4 Hear Me Out – Effective Communication

### Objectives

Following this lesson, the student will be able to:

- Demonstrate using one's eyes, ears, and brain to listen
- Identify the body language of an active listener
- Demonstrate the ability to ask questions without interrupting
- Practice verbal and non-verbal communication

### 120.3. Texas Essential Knowledge and Skills for Positive Character Traits

#### (b) Knowledge and skills.

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

- (B) describe how to make personal choices before speaking and acting; and
- (C) define self-control and identify instances in which self-control is important.

## Lesson 5 The Cat's Meow – Bonding and Relationships

### Objectives

Following this lesson, the student will be able to:

- Compare healthy and unhealthy friendship qualities
- Identify examples of pro-social behavior

### 120.3. Texas Essential Knowledge and Skills for Positive Character Traits

#### (b) Knowledge and skills.

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

- (B) explain what it means to be trustworthy; and
- (C) identify personal actions that build trustworthiness, including being honest and punctual.

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

(B) describe how to make personal choices before speaking and acting; and

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

(A) define patience and identify actions that demonstrate patience; and

(B) explain and identify examples of how actions can demonstrate kindness to others.

## **Lesson 6 Leading by Example – Respect for Self and Others**

### **Objectives**

Following this lesson, the student will be able to:

- Comprehend the concept of respect
- Identify examples of respect for self and others
- Demonstrate the ability to be respect in a variety of situations
- Discuss how people are alike and how they are different
- Discuss respect for individual differences

### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

#### **(b) Knowledge and skills.**

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

(A) describe how personal choices lead to personal actions;

(B) explain what it means to be trustworthy; and

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

(C) define self-control and identify instances in which self-control is important.

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

(A) define patience and identify actions that demonstrate patience; and

(B) explain and identify examples of how actions can demonstrate kindness to others.

## **Lesson 7 Calm Before the Storm – Anger Management**

### **Objectives**

Following this lesson, the student will be able to:

- Describe the physical sensations of anger as warning signs of conflict
- Differentiate angry feelings and aggressive actions
- Demonstrate ways to use self-control to manage angry feelings

### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

#### **(b) Knowledge and skills.**

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

(B) describe how to make personal choices before speaking and acting; and

(C) define self-control and identify instances in which self-control is important.

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

(A) define patience and identify actions that demonstrate patience; and

## **Lesson 8 Share and Share Alike – Conflict Resolution**

### **Objectives**

Following this lesson, the student will be able to:

- Comprehend peace and conflict
- Comprehend conflict as a normal and natural part of being human
- Demonstrate cooperative strategies to manage conflict

## **Lesson 9 Sticks and Stones – Identifying and Managing Teasing Situations**

### **Objectives**

Following this lesson, the students will be able to:

- Identify words and actions that support the feelings of others
- Identify words and actions that hurt the feelings of others
- Demonstrate positive responses to teasing

### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

#### **(b) Knowledge and skills.**

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

(A) describe how personal choices lead to personal actions;

*(2) Responsibility. The student understands the concept of responsibility and how personal actions demonstrate responsibility. The student is expected to:*

(B) describe how to make personal choices before speaking and acting; and

(C) define self-control and identify instances in which self-control is important.

*(3) Caring. The student understands how personal actions demonstrate characteristics of caring. The student is expected to:*

(A) define patience and identify actions that demonstrate patience; and

## **Lesson 10 School of Thought – Problem Solving**

### **Objectives**

Following this lesson, the student will be able to:

- Identify a variety of solutions when working to solve a problem
- Demonstrate creative ways to solve a problem

### **120.3. Texas Essential Knowledge and Skills for Positive Character Traits**

#### **(b) Knowledge and skills.**

*(1) Trustworthiness. The student understands how personal choices and actions relate to character building. The student is expected to:*

(A) describe how personal choices lead to personal actions;