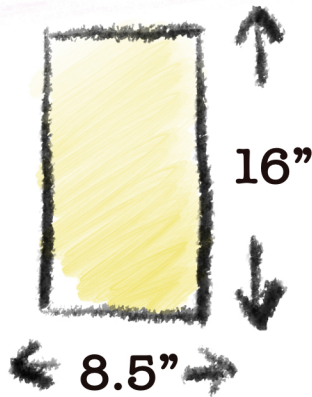
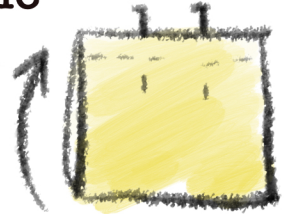


How to Make your own Face Mask

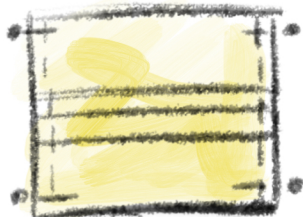
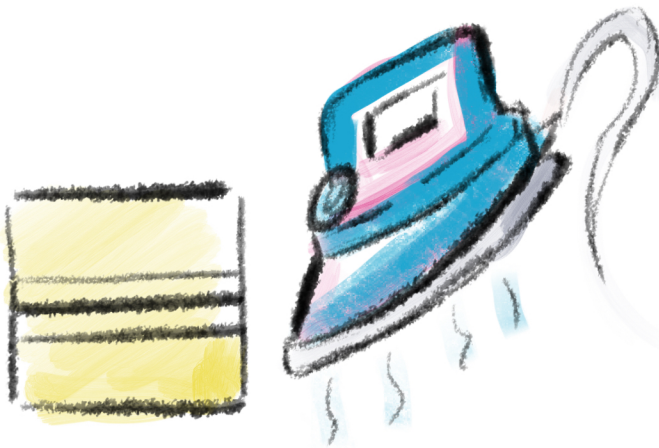
1. Cut material into a rectangle.



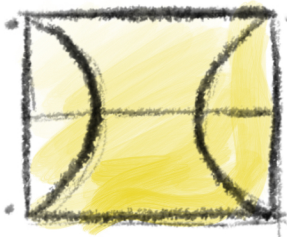
2. Fold the material in half leaving a 3" opening in the middle & stitch the seam.



3. Press the material so the seam is in the middle and flatten the seam.

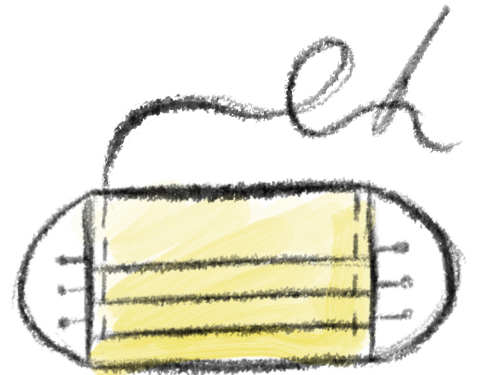


Wrong
Side



Right
Side

4. Cut 2 pieces of elastic 7" in length or 4 ties 18" long. Sandwich them between the material. Pin at the corners and sew along each side.



5. Turn the mask right side out & fold 3 evenly spaced 1/2" pleats & pin in place. Sew along the edges & then press.