

To receive the Empowerment, Attunement, Booster, Enhancer or Soundweave energy you purchased



1. First decide how you will play back the chosen mp3 audio attunement file. Will it be through a computer or will listen to it via an MP3 player? Both can be used.
2. Make sure you sit or lie down comfortably in a safe place. The attunement (which you only need to take once) should be received when alone. Also make sure that you will not be disturbed (unplug the phone, turn off your cellphone etc.).
3. Play the MP3 file. This will start the energy transmission to you. Headphones are recommended but not required.
4. When the MP3 that you played ends ... Keep your position for an extra 10 minutes and after that the attunement is done! It's also ok to relax for more than 10 minutes after the MP3 audio stops. The extra time after listening is to let the energy of the attunement settle, absorb and integrate.
5. The attunement session is done and you can begin using the energy.

It is advised to have some time between attunements, if you are doing more than one. Follow your intuition and be patient. Take the time that just "feels right" for you.

If the file you are listening to is an empowerment, booster or attunement then you can immediately begin to use it. In that case please read the course notes belonging to the MP3 file for more information.

Seller (Globalreiki.com) has FULL RESALE

RIGHTS from Ole Gabrielsen to sell and distribute his files (mp3/PDF etc.) at www.globalreiki.com globally.

Buyer, please be aware that you may not redistribute purchased files nor links to those files to family, friends or anybody else nor resell or make any kinds of copies unless it is as a backup for your own use only etc.

Important to know:

These empowerments, attunements, boosters or Soundweave energies will NOT work for others!

They will only work for one person, meaning the person intended to receive the empowerment, Soundweave energy, booster or attunement etc. using the first time after purchase.

Extra note: The person the file is bought for may re-attune as many times as they want to! For him/her the attunement, empowerment, booster or Soundweave energy, Empowerment Enhancers etc. will ALWAYS work!

Extra legal notice that came originally from Ole Gabrielsen: "Please know that you are not allowed to distribute or post the MP3 files/links/PDFs on e-groups, via e-mail or anywhere else without permission. **Doing so will corrupt the energy in the files!**"

Before you begin please read the disclaimer at <http://globalreiki.com>

Love, Wisdom and Light! Enjoy!