



110
CALORIES

25g
PROTEIN

1g
CARBS

DIRECTIONS: Mix 1 level scoop to 8oz. of water, non-fat milk or beverage of your choice. Enjoy.

Supplement Facts

Serving Size: 1 scoop (28.4g)
Servings Per Container: 32

Amount Per Serving	%Daily Value
Calories 110	
Total Fat .5g	1%
Saturated Fat .5g	3%
Trans Fat 0g	**
Cholesterol 13mg	4%
Sodium 68mg	3%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	**
Protein 25g	50%
Vitamin D 0IU	0%
Calcium 87mg	7%
Iron 100mcg	1%
Potassium 93mg	2%

* Percent daily values are based on a 2,000 calorie diet.
** Percent daily value not established.

Typical Amino Acid Profile

Amount Per Serving

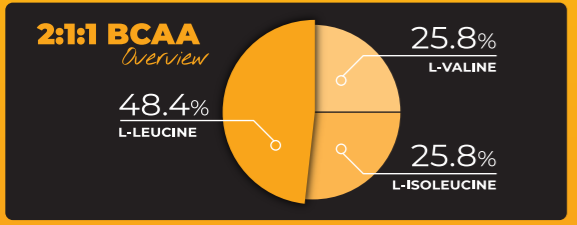
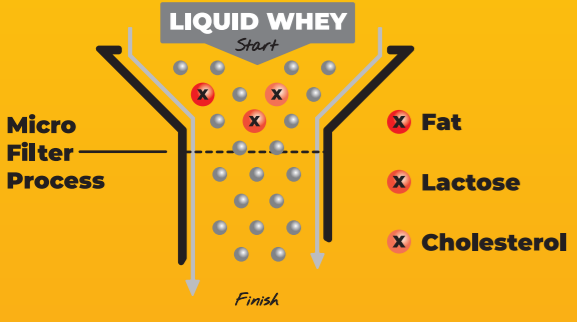
Alanine	1,221 mg
Arginine	677 mg
Aspartic Acid	2,568 mg
Cysteine	514 mg
Glutamic Acid	4,347 mg
Glycine	448 mg
Histadine †	435 mg
Isoleucine ‡	1,402 mg
Leucine ‡	2,641 mg
Lysine †	2,318 mg
Methionine †	560 mg
Phenylalanine	766 mg
Proline	1,416 mg
Serine	1,241 mg
Threonine †	1,699 mg
Tryptophan ‡	409 mg
Tyrosine	711 mg
Valine ‡	1,428 mg

† Essential Amino Acids
‡ BCAAs
§ The L-Tryptophan indicated is from naturally occurring sources of protein.

Why Whey Isolate?

ISOLATE	VS.	CONCENTRATE
90% - 100% PURITY		70% - 80%
FAST ABSORPTION		AVERAGE
LOW CARBS, SUGAR & FATS		MODERATE
0% LACTOSE (DAIRY)		10%

100% MICRO FILTERED WHEY
Micro Filtration removes fat, lactose, & cholesterol



ABOUTTIME

WHEY PROTEIN ISOLATE



STRAWBERRY AT

DIETARY SUPPLEMENT
NET WT. 2LBS (908G)



ALL-NATURAL FAST-ABSORBING 100% WHEY PROTEIN ISOLATE

At **AboutTime®**, we do not believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND taste. In addition, we appreciate simplicity which is why our protein powder has simple ingredients that you can actually pronounce.

QUALITY PRODUCTS MADE IN USA

AboutTime® uses micro-filtered 100% whey protein isolate for each and every delicious serving of our two pound (2lb) Protein Jars. Each serving is only 110 calories with 1g of carbs and contains 25g of protein!

- SWEETENED WITH STEVIA
- NO ARTIFICIAL SWEETENERS
- LACTOSE FREE
- GLUTEN AND SOY FREE

THE ABOUTTIME® CORE VALUES

AboutTime® is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.



† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

⚠ **WARNING:** Consuming this product can expose you to chemicals including Lead and Cadmium, which is known to the State of California to cause cancer, and Lead and Cadmium, which is known to the State of California to cause birth defects and/or other reproductive harm. For more information go to www.P65Warnings.ca.gov

