



**110**  
CALORIES

**24g**  
PROTEIN

**2g**  
CARBS

**DIRECTIONS:** Mix 1 level scoop to 8oz. of water, non-fat milk or beverage of your choice. Enjoy.

**Supplement Facts**

Serving Size: 1 scoop (28.4g)  
Servings Per Container: 32

Amount Per Serving	%Daily Value
Calories 110	
Total Fat 1g	1%
Saturated Fat .5g	3%
Trans Fat 0g	**
Cholesterol 13mg	4%
Sodium 64mg	3%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	**
Protein 24g	48%
Vitamin D 0IU	0%
Calcium 82mg	6%
Iron 700mcg	4%
Potassium 160mg	3%

\* Percent daily values are based on a 2,000 calorie diet.  
\*\* Percent daily value not established.

**Typical Amino Acid Profile**

Amount Per Serving

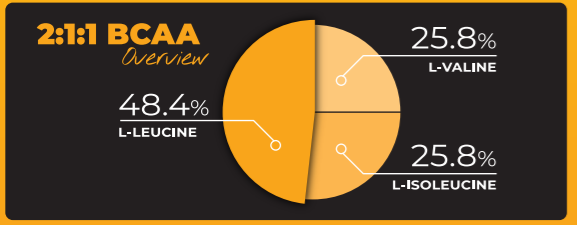
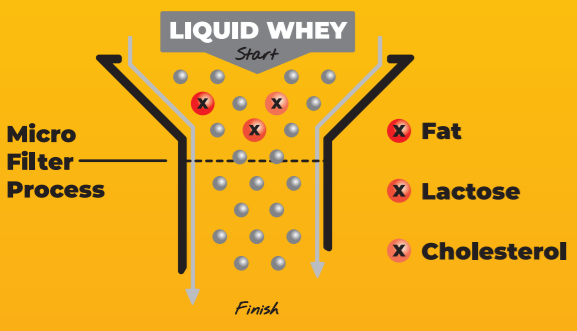
Alanine	1,158 mg
Arginine	696 mg
Aspartic Acid	2,453 mg
Cysteine	483 mg
Glutamic Acid	4,149 mg
Glycine	455 mg
Histadine †	418 mg
Isoleucine ‡	1,320 mg
Leucine ‡	2,482 mg
Lysine †	2,168 mg
Methionine †	525 mg
Phenylalanine	745 mg
Proline	1,338 mg
Serine	1,180 mg
Threonine †	1,593 mg
Tryptophan ‡	386 mg
Tyrosine	686 mg
Valine ‡	1,354 mg

† Essential Amino Acids  
‡ BCAAs  
‡ The L-Tryptophan indicated is from naturally occurring sources of protein.

*Why Whey Isolate?*

ISOLATE	VS.	CONCENTRATE
90% - 100% PURITY		70% - 80%
FAST ABSORPTION		AVERAGE
LOW CARBS, SUGAR & FATS		MODERATE
0% LACTOSE (DAIRY)		10%

**100% MICRO FILTERED WHEY**  
Micro Filtration removes fat, lactose, & cholesterol



ABOUTTIME®

**WHEY PROTEIN ISOLATE**



**CHOCOLATE PEANUT BUTTER AT**

DIETARY SUPPLEMENT  
NET WT. 2LBS (908G)



**ALL-NATURAL FAST-ABSORBING 100% WHEY PROTEIN ISOLATE**

At **AboutTime®**, we do not believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND taste. In addition, we appreciate simplicity which is why our protein powder has simple ingredients that you can actually pronounce.

**QUALITY PRODUCTS MADE IN USA**

**AboutTime®** uses micro-filtered 100% whey protein isolate for each and every delicious serving of our two pound (2lb) Protein Jars. Each serving is only 110 calories with 2g of carbs and contains 24g of protein!

- SWEETENED WITH STEVIA
- NO ARTIFICIAL SWEETENERS
- LACTOSE FREE
- GLUTEN AND SOY FREE

**THE ABOUTTIME® CORE VALUES**

**AboutTime®** is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.



These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including Lead and Cadmium, which is known to the State of California to cause cancer, and Lead and Cadmium, which is known to the State of California to cause birth defects and/or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

