

# THE UPRISING

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OF *THE UPRISING* STUDENT BOOK FROM YM360'S  
EVENT RESOURCES LINE OF BIBLE STUDY.

THIS STUDENT BOOK IS THE ROADMAP FOR  
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HERE ARE JUST A FEW FEATURES:

- 45 full color pages
- Note taking areas for large group sessions
- Interacts with the small group lessons your teachers access online
- Features four bonus devotions for use throughout the year
- Biblically solid, culturally relevant, highly interactive

**IF YOU HAVE ANY QUESTIONS ABOUT  
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# INTRO

If you googled “famous uprisings in history”, you would find that often the word is associated with challenging oppression in society, leading to significant changes in nations across the globe and often bringing various characters to center stage as heroes and heroines. By definition the word uprising has movement in it.

The book that you’re holding represents movement, too. We all have chains that need to be broken in our lives. Things that hold us back from the life God intended for us. Things that are not of God nor reflective of His grace that is freely available to each one of us. Yes, God is holy and over all things. But in His amazing grace he exchanged His Son’s life for ours to set us free from everything that hinders and the sin that so easily entangles us. There is no movement like this one and there is no hero like Jesus.

*If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.* - Colossians 3:1 If that is true of your life how can we not be a part of this movement that is happening among the people of God? Do not cower in the corner when the world comes at you, but remember you have been bought with a price, you have been set free from the chains that hold you back and now you have been called to spread truth throughout the world for all to have the same opportunity that you have been given. You have the ability living in you to change society rather than be changed by it.

Join us here at The Uprising. We cannot shrink back. It is time to rise up.

**IF THEN YOU HAVE BEEN  
RAISED WITH CHRIST, SEEK  
THE THINGS THAT ARE ABOVE,  
WHERE CHRIST IS, SEATED AT  
THE RIGHT HAND OF GOD.  
- COLOSSIANS 3:1**

These two pages are designed for you to take notes on during Large Group Sessions. The stuff you're learning will really build on itself over the next few sessions. So even if you're not much of a note taker, you might want to at least jot down what you think is important.

**TRY WRITING DOWN:**

- Any specific teaching points
- Verse references for Scripture passages
- Quotes that make you think
- Anything you have a question about

# SMALL GROUP ONE INTRO

*"If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God" (Colossians 3:1).*

This verse captures the heart of The Uprising. There is a difference in the "down here" and the "above." The Bible calls us to be people with our hearts and minds focused on the things of God. We might say that this is our response to who God is.

How we respond to God is important. The four sessions of The Uprising will all look at this idea of a specific response to who God is. In this first session, we'll look at worship.

What is worship to you? It's an interesting question, isn't it? One that may not be as simple to answer as you think. This first session will challenge you to think about worship not in light of your needs, or what worship does for you, but in light of who God is.

Let's get started.

# SMALL GROUP ONE GETTING STARTED

## HOW WOULD YOU RESPOND?

Life is less about what happens to you and more about how you respond. Imagine the following scenarios happened to you. How would you respond?

### SCENARIO 1

Your mom takes over your Instagram account and posts nothing but awkward family photos of you.

- A. Delete all your images and act like it never happened.
- B. Post embarrassing pics of your mom as retaliation.
- C. Act like you have amnesia and have forgotten who you are or what an "Instagram" is.
- D. \_\_\_\_\_

### SCENARIO 2

Your crush sits down next to you in the lunchroom right as you spill your banana pudding in your lap.

- A. Act like nothing happened and eat the banana pudding out of your lap with a spoon.
- B. Dump their banana pudding in their lap so that you match (how cute!).
- C. Explain that you always dump your banana pudding in your lap to stay warm because bananas are excellent conductors of heat.
- D. \_\_\_\_\_

### SCENARIO 3

You are about to walk out onto the stage for your debut in the school play when you forget your lines.

- A. Pretend to faint to avoid the embarrassment and garner lots of sympathy points.
- B. Embrace the awkward silence and pretend you're a mime who can't speak.
- C. Instead of your character's lines, you quote the lyrics to your favorite Taylor Swift song.
- D. \_\_\_\_\_

### SCENARIO 4

You mean to send your friend a text about how cute the guy/girl sitting next to you is but instead you send it to the guy/girl sitting next to you.

- A. Tell them it's a joke because they obviously aren't that cute.
- B. Embrace the awkwardness by asking them if he/she thinks that you're cute.
- C. Grab their phone and throw it as far as you can.
- D. \_\_\_\_\_

### SCENARIO 5

You are walking across the stage to receive an award at your school assembly when you totally bust and fall flat on your face.

- A. While you're on the ground, you break into "the worm" to the wild applause of your friends.
- B. You play dead hoping everyone will just forget about you.
- C. You jump up and accuse your science teacher of tripping you on purpose.
- D. \_\_\_\_\_

# SMALL GROUP ONE DIGGING IN

With your leader, work through the following pages of Bible study as a group.

## HOW WOULD YOU DEFINE WORSHIP?

### READ PSALM 95:1-9 AND ANSWER THE QUESTIONS BELOW.

[1] Oh come, let us sing to the LORD; let us make a joyful noise to the rock of our salvation! [2] Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise! [3] For the LORD is a great God, and a great King above all gods. [4] In his hand are the depths of the earth; the heights of the mountains are his also. [5] The sea is his, for he made it, and his hands formed the dry land.

[6] Oh come, let us worship and bow down; let us kneel before the LORD, our Maker! [7] For he is our God, and we are the people of his pasture, and the sheep of his hand. Today, if you hear his voice, [8] do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, [9] when your fathers put me to the test and put me to the proof, though they had seen my work.

### FIRST, CIRCLE EVERY PLACE THAT REPRESENTS ANY DESCRIPTION OF GOD.

- How could the author of Psalm 95 say these things about God?
- Worship is a right response to an encounter with God. List a few examples of how a biblical character from the Old Testament would have “encountered” God.
- Where do you encounter God?

### NEXT, UNDERLINE EVERYWHERE THAT DESCRIBES A REACTION TO GOD THAT YOU WOULD CONSIDER WORSHIP.

- We may not “hear God’s voice” audibly, but we can know what God is leading us to do. How is this possible?
- When we encounter God, we have a choice, don’t we? Verse 8 gives us one possible response. What is it?
- What’s the alternative of hardening our hearts? And what do you think that means?

### FINALLY, READ HEBREWS 12:28 AND ANSWER THE QUESTIONS THAT FOLLOW.

“Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe.”

- In your own words, what do you think it means that we inherit a Kingdom that “can’t be shaken”? What is our response to this truth?
- Look at how the author described worship. What is the opposite of acceptable?
- What is the author of Hebrews trying to tell us about the kind of worship we bring before God?

# SMALL GROUP ONE WRAPPING UP

## 20 WAYS TO WORSHIP GOD WITH REVERENCE & AWE

God cares about how we worship Him. Work with your group to come up with 20 ways to worship God with “reverence and awe.” (The first five are done for you as an example.)

1. Spending time thinking about God and all that He means to you
2. Writing “notes” to God in a journal
3. Taking pictures of things in nature that remind you of God’s greatness
4. Talking with your family about all that God has done in your life
5. Living your life as a bold Christ-follower
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**“OH COME, LET US  
WORSHIP AND BOW  
DOWN; LET US KNEEL  
BEFORE THE LORD,  
OUR MAKER!”  
- PSALM 95:6**