

THE UPRISING

**Thanks for downloading this sample of THE UPRISING
Follow-Up Devotional Journal from YM360's Event Resources
line of Bible Studies.**

This Follow-Up Journal transforms your event from one-time experience to a four-week journey of deeper discovery.

Every YM360 Event Resource study is equipped with a Follow-Up Journal featuring:

- 4 weeks of awesome content
- Biblically solid and written in a voice students can relate to
- A variety of different activities, Bible Studies, devotions, experiential activities, thought provoking quotes, and more

If you have any questions about any of our Follow-Up Journals, don't hesitate to call us.

We're here to help! | 888.969.6360



THE UPRISING

RISING UP TO FOLLOW GOD

FOLLOW-UP
DEVOTIONAL
JOURNAL





THE UPRISING
RISING UP TO FOLLOW GOD

FOLLOW-UP DEVOTIONAL JOURNAL

THIS BOOK BELONGS TO: _____

DATE STARTED: _____

PUBLISHED BY YM360

The Uprising: Rising Up to Follow God, Follow-Up Journal
©2018 by youthministry360. All rights reserved.

Published by youthministry360 in the United States of America.

ISBN 13: 978-1-935832-70-6

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means electronic or mechanical, including photocopy, recording, or any information storage and retrieval system now known or to be invented, without prior permission in writing from the publisher.

Any reference within this piece to Internet addresses of web sites not under the administration of youthministry360 is not to be taken as an endorsement of these web sites by youthministry360; neither does youthministry360 vouch for their content.

Unless otherwise noted, Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Authors: Zac Condie, Chelsea Kellum, Shara Lewis, Jeremy Horton
Publisher: Andy Blanks
Editor: Erin Moon
Design: Laurel-Dawn Latshaw

IF THEN YOU HAVE BEEN
RAISED WITH CHRIST,
SEEK THE THINGS THAT
ARE ABOVE, WHERE
CHRIST IS, SEATED AT THE
RIGHT HAND OF GOD.

COLOSSIANS 3:1

TABLE OF CONTENTS

Getting Started 6

WEEK ONE

Week 1 Intro	8
Day 1	10
Day 2	12
Day 3	14
Day 4	16
Day 5	18
Day 6	20
Day 7	21

WEEK TWO

Week 2 Intro	22
Day 1	24
Day 2	26
Day 3	28
Day 4	30
Day 5	32
Day 6	34
Day 7	35

WEEK THREE

Week 3 Intro	36
Day 1	38
Day 2	40
Day 3	42
Day 4	44
Day 5	46
Day 6	48
Day 7	49

WEEK FOUR

Week 4 Intro	50
Day 1	52
Day 2	54
Day 3	56
Day 4	58
Day 5	60
Day 6	62
Day 7	63
Wrapping Up	64
How to Know Jesus	66
About the Authors	67



GETTING STARTED

Hi. Welcome to *The Uprising Follow-Up Journal*. Fasten your seatbelts and make sure all your carry-on luggage is properly stowed. We're going on a trip.

If you're holding this book, it means that you (probably) recently spent a few days going through *The Uprising* Bible study with your youth group. Maybe you did this at camp or during a DiscipleNow, but however you came to start your journey with *The Uprising*, this book will help you continue.

This follow-up journal will walk you through four weeks of more in-depth study of the four aspects of *The Uprising*:

Because there is no one like our God, we raise up in worship.

Because Jesus died for us, we are raised to new life.

Because God loves greatly, we rise above the world and love at all costs.

Because we have the Good News, we go and tell, raising the banner of the Gospel.

But we're not stopping there. We're going to dive into those statements in even more detail: learning more about God, Jesus, ourselves, and the world around us. This devotional may be different from anything you've ever attempted before. Right now, commit to finishing this book. God wants to have communion with you and time spent in His word is the best way to do that. It will only take a few minutes each day, and the rewards (a deeper relationship with God) are rich!

SO LET'S GET STARTED! LOOK AT THE NEXT PAGE TO LEARN HOW THIS BOOK WORKS.

HOW THIS BOOK WORKS

START WITH THIS ADVICE

Whether you're super-committed and read your Bible each day or struggle to read a few verses a couple of times a week, the key to sticking with this through four weeks is a routine. Try and work through this book at the same time each day, whether that's in the morning, after lunch, or before you go to bed. Block out a time each day to spend in this book, and then commit to sticking to it. **You'll find it's a lot easier to stay consistent that way.**

HAVE YOUR BIBLE OPEN

Resist the urge to ignore the spots where this book will tell you to read a passage of Scripture. This book is only a guide for *the* Book. **The close relationship with God that you want only happens by reading and doing what's in the Bible.** Have it open as you go through this book.

EACH WEEK IS STRUCTURED THE SAME, BUT IS REALLY DIFFERENT

Each week's content follows a pattern. **But, each day is different. And, there are a lot of different kinds of activities.** Some will take 3-5 minutes, some 10-15. Some will ask you to look at two or three passages of Scripture; some will ask you to think about a concept. The variety will make it easier to stick with and help you learn in different ways that are suited to you.

WHAT IF I MISS A DAY OF READING? OR THREE?

Don't give up. Take this at your pace. The goal is for you to grow closer to God and to have a faith-life that's more "real". If you miss a day or two . . . or four . . . don't throw in the towel. Pick this book back up and start where you left off. **You can do this.** And by doing it, you'll show the world that God makes an incredible difference in the lives of His followers. So, hang in there! You've got this.

Well, that's what you need to know to get started! **Turn the page to read the introduction to Week 1.**



INTRO

WEEK ONE

Before starting Week 1, read this short introduction.

Have you ever been in class and had the teacher announce that today's lesson would not be new material, but a review? This is usually the first indication that a test is coming up. Taking the time to review things that you've already learned can seem tedious or boring, but it's actually essential. It helps set the tone, flexes our muscles, so to speak.

This first week, Week 1, may feel kind of similar.

Maybe it's been a while since you went through The Uprising with your group. Or, maybe it wasn't that long ago, but you've still turned your mind toward other things. After all, life can take over sometimes: school, family, sports, extracurriculars can vie for your time and attention.

The point of Week 1 is to re-introduce you to some of the concepts you studied with your group while beginning to introduce you to some deeper aspects of The Uprising. So, there will be some old stuff and some new stuff.

Basically, if we're going to continue down this really cool journey of growing closer to God, we'll need to make sure that we start on the right track.

So, let's get started! Turn to page 10 for Week 1, Day 1.

WEEK ONE

DAY ONE

BECAUSE THERE IS NO ONE LIKE OUR
GOD, WE RAISE UP IN WORSHIP.

How do we respond to God's awe-inspiring holiness? Read on to learn more.

The Eiffel Tower in Paris stands out as one of the most photographed landmarks in the entire world. Pictures of this beautiful structure end up on social media more than a million times every year! When someone visits Paris and sees the awe-inspiring architecture, the natural response is to take a picture. No one has to put up a sign saying, "Hey, take a picture!" Instead, the magnificence of the Eiffel Tower calls us to respond in this way.

For Christians, the holiness and magnificence of our God should also call us to respond in a certain way. Take a moment to read Psalm 95:1-5. What does this passage tell us about how we are to respond to God?

Verses 1 and 2 describe the actions of response. We are to sing to the Lord; to make a joyful noise to Him; to come into His presence with thanksgiving, and to make joyful noises yet again. In other words, we are called to worship Him! Then, the next three verses explain how great God is: no one in the world can rival Him as God, and He is in control of the entire earth ranging from the depths of the sea to the highest mountains.

We see through these five verses that the worship of God is connected to the character and attributes of God. He is our holy, gracious, wise, sovereign, all-powerful King of Kings and Lord of Lords who holds the world in His hands. Because of who He is and what He has done, we respond in worship.

Often when we reflect on worship, our minds immediately think about singing songs to God at church. While this is certainly one form of worship, it is only one of many ways that we can give glory to God. When we obey His commands, when we choose righteous living over sin, when we love the unloving, when we give sacrificially, when we proclaim His love to the world — these can also be acts of worship that bring glory to His name.

Like the magnificence of the Eiffel Tower that demands a picture, the character of our God requires a response — and the only appropriate response is worship. How will you rise up in worship today?

Take what you studied in today's devotion and answer the questions below. Fill in your responses in the blank spaces provided.

What is the first thing your mind goes to when you think of "worship"?

Whatever it is you thought about, do you think that is the only way God wants us to worship him? What are other acts of worship that would please God?

Are you more likely to worship God if you have a high view of him or a low view of him? How can you expand your view of God and His character?

It's impossible to take a picture of the Eiffel Tower without visiting it. It's also impossible to worship God without tuning your heart to Him, and that means spending time with Him. Make a plan for the next five days, mapping out time when you will be able to study God's Word and spend time in prayer, and pray that God would help you make this a priority in your life.

WEEK ONE

DAY TWO

BECAUSE JESUS DIED FOR US, WE ARE
RAISED TO NEW LIFE.

Read today's devotional and follow the instructions.

Confidence is a powerful weapon. It helps us take action instead of being frozen in fear. When a daredevil tries to break a world record, or when a stunt double attempts to film a tricky scene, or when an athlete steps onto the field in front of millions of people — they have to have confidence in their abilities if they want to succeed. If we don't have confidence, we lack the faith to move forward in action.

This idea plays an important role in today's passage. Take a moment to read Hebrews 10:19-23. Over the course of these few verses, the writer uses terms of confidence three different times. These verses say we are to have "confidence," we are to have "full assurance," and we are to have "hope without wavering."

But what are we supposed to be so confident about? It's pretty simple. The author of Hebrews is writing to strengthen our faith that we have been raised to new life in Christ. Through His death on the cross, Christ opened the door for us to draw near to God. We have been cleansed from sin through faith in Christ. We are no longer dead. We are a new creation called to live a new life.

Do you believe this is true? If you don't, your life will never change. Without confidence that Jesus died for your sins and has raised you to new life, you will never live differently.

But as verse 23 says, we can hold fast to this truth, because our God who promised this new life to us is faithful. We can trust Him. We can be confident in His promises. When you genuinely believe the good news of the Gospel that you are a new creation, the Spirit of God will empower you to live differently.

Once, you were dead in your trespasses and sins. Your fleshly nature was destructive. You sought your own glory, your own pleasure, and you lacked genuine love. However, that is in the past. Christ laid down His life so that yours could be raised up, and this changes everything.

Think about your old life of sin before you trusted in Christ for salvation. Then, think about what your new life is like now that you have been raised to life through the power of the Gospel. In the boxes below, spend a moment describing these two lives:

OLD LIFE

NEW LIFE

After you have spent a moment describing the differences, continue to think about the difference in your new life by dwelling on the following questions. Use the space below each question to answer.

What are things from your old life that need to be cut from your new life?

Do you remember when you first tasted the goodness of this new life in Christ? Do you still think about new life in this way?

What is different right now about your new life?

Do you have a different attitude towards people? Towards life?

Do you view God differently now that He has delivered you from death and raised you to new life?

WEEK ONE

DAY THREE

BECAUSE GOD LOVES US GREATLY, WE RISE ABOVE THE WORLD AND LOVE AT GREAT COST.

Read today's devotional and walk through the questions provided.

Do you remember learning how to ride a bike? For many of us, this experience was marked by fear and frustration. We were tired of falling and tired of failing. Probably tired of scraped up knees, too. Then, in one moment — one instant — everything clicked. We learned to balance. We learned how to use our momentum properly. Suddenly, we mastered the bike.

Christ-followers can recall a similar moment when everything clicked together: the moment of our salvation. As we saw yesterday, at one time we were dead in our sin, and in the next moment, we were alive in Christ when we surrendered to His Lordship. At that moment, we experienced the fullness of God's love for the first time.

Once the love of God flows into our lives like that, it is also supposed to flow out from us. Read today's passage, John 13:34-35, and see what Jesus says about this.

He calls this a "commandment," but it is not burdensome like the commandments of the law. Instead, we should recognize this as joyful command—to love others as God has loved us. Experiencing the powerful love of God is one of the greatest joys in the world, and now we are called to take that love forward and treat others in the same way.

In fact, Jesus says that this love will be the mark of a true disciple. If we love as He has loved us, then we are proven to belong to Him. If we fail to live out that love, then we belong to the world and not to Christ.

This sounds simple enough, but it is challenging to throw off sinful desires and to live a life of love. We will be mocked for choosing the way of Christ. We will be rejected. We will be tempted to throw in the towel and live like the rest of the world.

But the good news is, we don't do this alone. When you are learning to ride a bike, there's someone behind you, holding on to the seat to steady you, to help you maintain your balance. In the same way, we have a loving Father guiding us on this journey. He teaches us through His Word. He empowers us through His Spirit. He fills us with His love. And He goes with us as we rise up and carry His love into the world.

Take what you've learned in today's devotion and meditate on the questions below. If it's helpful, use the space provided to write your answers.

Verse 34 says, "As I have loved you, so you must love one another." How has God modeled this love for us?

How does God's love for us change our capacity to love others?

Can you think of specific areas of your life that are not marked by love? Is there a person you are not loving toward, or someone you are harboring hateful thoughts toward?

Do you believe the love of God can change your heart toward this person or situation? Pray for God to empower you in love and write out a short plan for how you will approach this specific situation differently in the future. This may require an apology from you, or a conversation with someone, and possibly the confession of sin. But love is marked by action, so rise up and allow the love of God to flow into this situation.

WEEK ONE

DAY FOUR

BECAUSE WE HAVE THE GOOD NEWS,
WE GO AND TELL, RAISING THE BANNER
OF THE GOSPEL THROUGH THE POWER
OF THE HOLY SPIRIT.

Do you find it difficult to share the Word of God with others in your everyday life? Keep reading.

You are always being persuaded and influenced by the world around you. The pizza company down the street wants you to buy their pizza. Your crazy uncle is trying to get you to cheer for his favorite football team. Your classmate wants you to vote for her for student council. You are continually being influenced by billboards, TV ads, social media, and the words of those around you. Everyone wants your attention and has a message for you.

But even more important than these messages that the world shouts at us, Christians also have a critical message to share. It is a message of life and death. We have seen this week that the Gospel transforms people who were dead in sin and raises them to new life in Christ. In today's devotion, we are going to see how God intends for the Gospel message to spread. Take a moment to read Romans 10:17.

This is about as straightforward as it gets. For people to come to faith, they must hear the Word of Christ. Everyone who has ever come to faith in Christ has heard the Gospel in one of two ways: they have read the Word for themselves, or they have heard the Word from someone else. Barring a supernatural act of God in which He writes the Gospel in the stars or whispers it in the wind, there are no other means by which someone might hear the Gospel. Faith comes from hearing the Word of Christ.

The Word of God has come to us, and it will either flow through us, or it will stop with us. We will either proclaim the message of the Gospel, or we will suppress the message of the Gospel. The world around us is desperate for the hope, and good news that we possess, and God has given us the responsibility of spreading this message.

But it is not only a responsibility — it is also a privilege and a joy. God has entrusted us with the most important task on the planet. We get to play a role in bringing hope to the world and advancing His kingdom on earth. We are His ambassadors who carry the Gospel message in our hearts and shout it with our lips. Will you rise up and take the Gospel into the world?

We need to embrace our responsibility as Gospel-proclaimers, even if this does not come naturally to us. Today's response will be practical. Write down the names of three people who need to hear the good news of the Gospel. These could be friends, family members, neighbors, or anyone who God has put on your heart.

- 1.
- 2.
- 3.

Now spend a few moments praying for these three people. Here are some thoughts to guide your prayers for each person:

- Pray that God would begin softening their heart to His Word
- Pray that God would provide you opportunities to share with them
- Pray that God would give you boldness when those opportunities arise
- Pray that God would not allow you to be complacent around these people, but that He would continue to give you a burden to love them and point them to Jesus
- Pray that God would bring these people to faith in Christ

WEEK ONE

DAY FIVE

BECAUSE WE HAVE BEEN RAISED WITH CHRIST, WE ARE A PART OF THE UPRISING.

What does it look like when you're a part of The Uprising? Read on to learn more about a life lived for the things of God.

Jim Elliot lived a remarkable life. He didn't cure a disease or invent something special or break a world record. Instead, he fell so in love with God that the only thing that made sense to him was serving the Lord. He ended up moving to Ecuador in 1952 as a missionary and saw many natives from the Quichua people group trust in Christ for salvation.

But Jim's heart was heavy. There was another group of people called the Aucas, and they were hostile. They had killed many Quichuas. Jim was burdened because the Aucas had never heard the Gospel. One day, Jim Elliott and his team attempted to make contact with the aggressive Aucas. Instead of receiving a warm welcome, his entire team of five was immediately killed.

While this story may sound like a tragedy, Jim knew what he was doing. He valued the things of God more than the things of this world. Take a moment to read today's passage in Colossians 3:1 and think about how Jim's life embodied this truth.

On that day when Jim made contact with the Aucas, he knew it might be the last day of his life. But he had set his mind on the things above — on the things of God. Jim's goal was not to live a long and comfortable life but to live a faithful life. You're probably wondering, "How was Jim able live so faithfully?" Well, the answer is not that surprising. It's because Jim Elliot was part of The Uprising.

Jim was never the same once he had been raised to new life with Christ. God transformed his heart and his desires. His outlook on life changed. He lived to worship his God with the entirety of his life. He rose above the world and loved at great cost. He raised the banner of the Gospel and proclaimed it in difficult places.

This same transformation has taken place in your life if you have been raised with Christ. God may not be calling you to the life of a missionary, but He is certainly not calling you to sit on the sidelines. You are part of The Uprising. God has a plan and purpose for your life. The world is waiting, and you have a role to play. How will you rise up and respond?

In one of Jim Elliot's journal entries, he wrote the following: "He is no fool who gives what he cannot keep, to gain that which he cannot lose."

Think about that for just a minute. After you've considered those words, take a moment to walk through the questions below. Use the space provided to fill in your answers.

What do you think he ended up gaining?

Like Colossians 3:1 says, Jim had set his mind on things above. Do you think he had any regrets about the way he lived his life?

What was it that empowered Jim to live in such a way?

God has done the same transformational work in your life that he did in Jim Elliot's life. What's keeping you from living this kind of transformed life? How can you make changes to start living like that?

WEEK ONE

DAY SIX

People of The Uprising have been given the greatest promise: that God will always be with them. Keep reading to learn more about what that means in your life.

In Romans 5:1-5 (as well as many other places in Scripture), God has promised that He will always be with us. One day, we will dwell in His presence, and all of our former fears and worries and hardships will be a thing of the past. Our trials are temporary, but our hope is permanent.

If we are part of The Uprising, our biggest battle has already been fought. The war is over; we have peace with God. He is on our side forever. Whatever comes our way, we can stand firm on His promises and face the world with hope and joy.

Take a moment to reflect on the following truths and then read the corresponding scriptures. Use the space provided for any thoughts or praises you want to convey to God.

We have peace with God (1 Peter 5:7, Philippians 4:7, Matthew 11:28-30).

He has promised us peace in our trials (2 Corinthians 1:3-5, 2 Corinthians 4:17, Romans 5:3-4).

We can face the world with hope and joy (Romans 15:13, Hebrews 10:23, Romans 5:5).



WEEK ONE

DAY SEVEN

Take today off. You've earned it.

If you want, take a moment to thumb back through the pages of the last week. Look back and identify one idea or day that stood out to you.

Say a prayer. Sing a song. Enjoy the blessings God has given you. And be thankful for His hand in your life.