



SCREEN SMARTS WEEKLY CONTENT

- Social Media Etiquette
- Avoiding the Technology Scapegoat
- Communicating Your Parent Expectations for Tech
- Creating Good Tech Boundaries with Your Kids
- How Technology is Reshaping Our Kids
- Dangers for Children on Social Media
- The Myth of Technology Privacy

- Developing a Theology of Technology
- How Kids Access Inappropriate Content
- Responding to Sexual Boundaries on Social Media
- Creating Tech Free Family Time
- Sexting Is No Innocent Game
- What is It: The App Edition
- When Should My Child Get a Cell Phone

- Sticking with Family Boundaries
- Teaching Your Child to Protect Their Digital Reputation
- Your Plan for an Unplugged Holiday
- Should Your Child Have Video Game Boundaries?
- The Connection Between Depression and Social Media
- Bringing Order to Your Life with Apps
- How Technology Can Divide Your Family

- The Importance of a Family Cell Phone Contract
- Why Your Child Longs for Boundaries
- Your Screen Smarts Halfway Point
- Your Child's Give-given Need for Community
- How to Set Parental Controls on Devices
- Creating Tech Accountability After High School
- What is It: The Video Game Edition

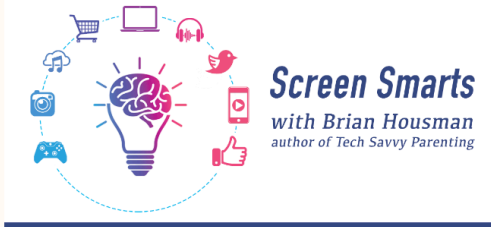
- Protecting Your Digital Home
- Talking With Your Children About Purity
- How to Redeem Technology
- Top 3 Surprises Regarding Your Kid's Screens
- Responding to Digital Sin with Grace
- Fighting for Eyeball Time with Your Kids
- How Young is Too Young for Social Media?

- Understanding How Cyberbullying Happens
- Are Violent Video Games a Big Deal?
- How to Address Sexual Boundaries on Social Media
- Why Cyberbully Bully and How to Stop It
- Your 3 Step Family Plan for Tech Safety
- Controlling the Cell Phone Monster
- 5 Tips to Communicate Better with Your Teen on Screens

- Why Social Media is No Place for a Child
- Honestly Addressing Digital Porn
- Helping Your Teen Get the Social Media "College Ready"
- The Best Family Safety Software
- What is It: The Texting Edition
- Putting Technology to Good Use with Your Tween
- Boundaries for Yourself as a Parent with Screens

- What Does the Bible Say about Tech?
- Making Social Media a Rite of Passage
- Technology Addiction - A Teen's Perspective
- Lost in the Social Media Rabbit Hole
- Creating Digital Trust in Your Family

WEEKLY LESSON PREVIEWS



Social Media Etiquette for Parents

We all remember what it felt like when one of our parents embarrassed us publicly. Maybe they whipped out baby pictures at a family gathering, or tried to act hip in front of our friends—regardless of what it was, you remember wanting to crawl under a rock. We tend to do the same thing today with our kids except, it's happening online.

It's important for you as a parent to have good boundaries with your kids when you engage them with technology. This will help them to always see you both as an authority and advocate—setting the bar for them to use social media respectfully and responsibly.

This week we have an article that will give you five tips to improve your social media etiquette with your child.

[Click to read your article!](#)

Weekly Action Step

If you've done something to embarrass your child on social media, it's time to own it and make it right. Before you say to yourself, "Of course I haven't. I would never do that," here is your Action Step for the week.

1. Ask your child if there is anything on your social media accounts about them that they would like for you to delete.
2. Make a promise to your child that you will never intentionally embarrass them on your social media.
3. Give them permission to tell you if you do so in the future.

When Should My Child Get a Cell Phone?

There is no question I am asked as often as this one. It is the "When should I let my teen date?" question of this generation. It's something that every parent has to answer, because all of our kids will get a phone at some point in time.

Keep in mind that giving your child a cell phone is a huge responsibility for them. This week's video will help you think about whether the time is right for you and your child.



Weekly Action Step

Before buying an expensive phone for your child, stop and answer these four questions:

1. Why does my child want a phone? Ask him/her for specific reasons.
2. Why do I think my child needs a cell phone?
3. Is my child ready the **responsibility** of a cell phone and possess the **maturity** to use it well?
4. What kind of phone does my child need? Actually go to the cell phone store to look at them first without your child.

Creating Tech Free Family Time

We are all fighting for time with our family. The older your child gets, the busier the calendar becomes. What you long for is just a few uninterrupted moments without the distraction of beeps, clicks, and alarms.

This week I have a video for you that will help you to be intentional in creating daily tech free family time.

[Click below for your video.](#)



Weekly Action Step

As much as you might want to "unplug," doing so is rarely simple or quick. Instead of going cold turkey, take a moment right now and think of one place or time this week that your family can have some tech free time. Here are a few ideas to spur some thought:

1. Grill out in the backyard and leave the screens behind.
2. Go get dessert at a restaurant and leave the phones in your pockets.
3. Read a book to your kids tonight from an actual print book.
4. Drive through a park together with the windows down and the radio off.

Sexting Is No Innocent Game

The extent to which your child understands their own sexuality will largely determine whether they arrive at adulthood with a whole and holy understanding of who they are. The technology in your child's life could be undermining that journey.

The number of tweens sending sexual photos of themselves and engaging in sexual conversations with both friends and strangers is startling. The following article will help you both to understand the issue and learn how to address it with your child.

[Click here for your article.](#)



It is important that your teenager understands that receiving or forwarding sexually inappropriate images of others can put themselves legally at risk.

Weekly Action Step

Your impulse when reading about this subject is to say, "I'm so glad that's not my kid. I've taught my child better. Mine would never do something like that." And that's when you stop living in reality.

Your action step for this week is to be willing to be honest with yourself. Think for a moment about all of the tech in your child's life. Are there any red flags that come to mind? Any checks in your gut? Be willing to take seriously any warning sign you see. To see what one unsuspecting parent is dealing with, watch the bonus video below.