



Stress. It's a dominant part of your teenagers' daily lives. Stress over schoolwork, sports, jobs, and friends. Not to mention the stress that their home life can cause. Teenagers juggle so many responsibilities and deal with so much pressure and expectations. How can we lead them to deal with stress in a godly, Christ-centered way? Good thing Jesus had a ton to say about this.

Jesus and Stress will help you teach your students to trust God with the stress of life; that they have a choice when it comes to dealing with their stress; that choosing to trust God with their stress is the right decision even if they don't understand exactly what God is doing; and that the Holy Spirit is present in their lives to give them peace and comfort.

Teach Jesus and Stress and help students see that God is the source of their peace and assurance in a stressful world.

LOADED WITH RESOURCES:

- 4 Interactive Leader's Guides complete with Bible Background
- 12 out-of-class devotions
- 4 Parent Pages for at-home discipleship
- · PowerPoint backgrounds and Promo Art
- Teacher Prep Video to help you prepare

Jesus And Stress is 1 of 13 titles in The Jesus Studies line of Bible study curriculum that includes:

- Jesus And Your Faith
- Jesus And Stress
- Jesus And Relationships
- Jesus And Your Future
- Jesus And Culture
- Jesus And Your Image
- Jesus And Loving Others
- Jesus And Forgiveness
- Jesus And Identity
- Jesus And Tough Times
- Jesus And Influence
- Jesus And Stuff
- Jesus And Mean People



Acknowledgments

At YM360, we value a team approach to producing all of our Bible Study Resources. We believe in allowing multiple people to use their gifts and talents to create resources that are biblically sound, ultra-creative, and culturally relevant.

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