

EARTH'S AROMATIQUE

BASIC BLENDING PROPORTIONS

Preparation	Approx. amount of Essential Oil	Carrier Oil Amount	Approx.% of Dilution	Notes
Facial Toners & Mists	Light: 5 drops	60 ml container	½ %	Shake well before use.
	Strong: 9 drops	Fill with distilled water	1 %	Be sure to close eyes.
Room Sprays	17 drops	60 ml container	1 %	Shake well before use.
		Fill with distilled water		Do not spray on room furniture.
Linen, Lingerie, Clothing or Stationary Sprays	35 drops	60 ml container Fill with distilled water	2 %	Shake well. Test for staining on hidden area of fabric.
Facial Oil	9 drops	30 ml container In base oils	1 %	Create a specific blend of carrier oils specific to your skin's needs.
Massage, Bath, Body Oils	Light: 18 drops	60 ml container	1 - 2 %	Use a very weak dilution of only floral oils for children, pregnant women, elderly or the ill.
	Strong: 34 drops	Fill with carrier oil (best is jojoba)		
Perfume or Therapeutic Oil	Light: 42 drops	10 ml roll on container	15 %	Use in small amounts if 20% blend.
	Strong: 56 drops	Fill with jojoba oil	20 %	
Eau de Toilette	Light: 17 drops	15 ml container	4 %	Use Everclear, not vodka. Can be applied more generously than perfume.
	Strong: 35 drops	5 ml alcohol 10 ml distilled water	8 %	
Liquid Perfume	Light: 63 drops	15 ml container	15 - 30 %	Use Everclear, not vodka for the alcohol. Apply sparingly.
Solid Perfume	Strong: 126 drops	Fill with pure grain alcohol or jojoba	15 %	Melt ½ heaping teaspoon of grated beeswax, add jojoba oil with essential oils already mixed in and pour into jar. ~ from Natural Perfumes by Mindy Green
	20 drops	5 ml jojoba oil		

For educational purposes only.
We recommend further research when ever trying something new.
This information is not intended to diagnose, treat, cure, or prevent any disease.

