



F.C. Forza

CODE OF CONDUCT FOR PLAYERS & PARENTS

One of Forza's goals is to provide children an opportunity to develop superior life skills through team play, sportsmanship, top competition, and hard work. To better achieve that mission, we provide the following Codes of Conduct for all Forza players, parents, and coaches. These Codes of Conduct are a covenant between Forza players, parents, and coaches to abide by the rules and regulations of the game, as well as to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship. These Codes express our core values and goals. It is essential they be honored and followed.

ROLE OF THE PARENT

As an organization committed to the coaching, playing and enjoyment of youth soccer, Forza seeks to promote the highest standards of courtesy, sportsmanship and positive behavior among its parents and families at all times.

Forza will not tolerate behavior which brings Forza, team, or game into disrepute. Forza believes the attitude shown by parents toward their children, coaches, referees, fellow parents, and opposing players are of paramount importance. Parents must remember at all times that they are role models.

Anyone who violates this Code of Conduct is subject to immediate dismissal from any game and disciplinary action up to and including expulsion from Forza.

Day to Day Principles

1. Support my child with positive encouragement at all times.
2. Respect the facilities' rules, either home or away.
3. Assist your player by ensuring on time arrival to training and games.
4. Maintain good relationships with coaches by respecting coaches' decision making.
5. Control jealousy and rivalries within the team, as a healthy team understands there will be competition for playing time and positions.

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6. Refrain from expressing my opinion of the coaches or players in front of my own child or in a public setting.
7. Will not use social media to express any negativity toward anyone associated with Forza and/or promote against the interest of Forza. (Ex. promoting other clubs events or tryouts)
8. Respect and adhere to the playing philosophies, policies, and rules determined by Forza.

Training / Game Day Behavior

1. Maintain self control at all times.
2. Exhibit a high degree of sportsmanship, teamwork and positive attitude at all times when representing my child, the team and Forza.
3. Refrain from coaching from the sidelines during training and or games.
4. Drop and go during training is preferred.
5. Refrain from using foul language.
6. Zero tolerance for racially motivated comments towards other parents, coaches, officials or opponents.
7. Accept defeat gracefully.
8. Refrain from questioning referees' calls.
9. Refrain from arguing or having confrontational dialogue with opponent parents.

MAINTAINING GOOD RELATIONSHIPS

Officials - The referee's job is a difficult one. All referees are human and they do make mistakes. Parents or players who believe their team has been treated unfairly or has been assigned an unqualified referee should speak to their coach after the game. Coaches should inform the appropriate league or tournament officials about blatant officiating problems. In accordance with FIFA laws, verbal abuse toward a referee can result in a red card and ejection for the player, coach or parent. Referees have the authority to suspend play if a coach does not control his players and parents/supporters.

Opponents - Players and coaches are required to maintain a sense of fair play and be respectful of opposing players, coaches and fans at all times. Sportsmanship begins with respect. Without it, the positive competitive environment, which should be a perfect classroom for learning the values of soccer, is completely undermined. Occasionally we will encounter opponents who do not share our values and high standards. If we allow ourselves to be drawn down to their level, we will have lost regardless of the final score.

Our Own Team - In an environment where our children are competing not only against other teams but also frequently against each other, it can be difficult to control jealousies and rivalries. A successful team resembles a family in that members put their own needs second, behind the greater good of the team. Great care must be taken not to undermine the coach's authority. As in most cases, the parental example is all-important.

Communication Protocol

1. Encourage your player (12+) to speak with the coach directly when discussing playing time, positions and any team issues.
2. Respect the **48-hour** rule when dealing with issues and concerns parents may have and need to address with a coach (must wait at least 24 - 48hrs to connect with a coach following a game or training session).
3. Avoid writing lengthy emails about issues and instead request a meeting with the coach or director.
4. In cases where players are being bullied or verbally abused by players or coaches, parents are to report incidents to the DOC's and/or Academy Director.

Financial Responsibility:

1. Pay Forza and team fees in accordance with required schedules.
2. Failure to meet financial commitments may lead to player suspension from training and/or games.
3. When registering, will read and accept financial responsibility policies in accordance with Forza registration.

Players Code of Conduct

Day to day principles:

1. Players should always set out to BE THE BEST. Forza players should strive for sporting excellence, give their best and be committed, on and off the field.
2. All Forza players should strive for the best in their own development as a player, the improvement of their team and their own personal development as an individual.
3. Players must adhere to the weekly schedule drawn up by the Team Coach in relation to training sessions, games, and team meetings.
4. Players must carry out assigned duties as designated by the Team Coach.
5. Respect is a key element of the way we conduct ourselves. This includes the respect to:

- Teammates
 - Coaches
 - Parents and spectators
 - Opponents
 - Match Officials
6. Players should extend this courtesy to all...

Training / Game Day Behavior:

1. Players should always conduct themselves in a professional manner at all times.
2. Player misconduct toward each other (i.e. foul language, cursing, sarcasm, verbal or physical bullying) in training sessions or on match days will not be tolerated.
3. At all times older players must understand that they are an example to younger players and are responsible for their behavior. Foul language will not be tolerated in their presence.
4. At all times players are expected to demonstrate a positive attitude and high energy levels as requested by the Coaches.
5. Players who do not conduct themselves responsibly or positively, should expect such consequences as:
 - at games, less playing time
6. Players should be respectful of all facilities used by Forza. The rules of Forza and the facility must be followed.
7. Consistent poor behavior will be addressed by Forza and may include suspension from training and/or games.
8. Players should always be supportive of teammates and not negative.
9. Similarly, behavior of parents, family and friends should follow these principles, without exception.

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Attendance and Commitment:

1. Strict punctuality for both training and games will apply at all times. Players should arrive 15 minutes prior to practices dressed and ready to train. Players should arrive at minimum 1 hour prior to games, unless otherwise advised by the Coach.
2. If it is not possible for a player to attend through illness or otherwise, they must inform their Coach as early as possible. The player should always try to contact the Coach. Messages via another player or parent are not acceptable.
3. If a player is running late for training, he or she must inform the Team Coach with as much notice as possible. On late arrival, players should respectfully go to the coach and inform the coach of their arrival.
4. Game time is a reward for hard work, positive attitude and responsible behavior at training and games. It is the Coach's discretion regarding playing time and positions.
5. Players who are late for games without a very good reason should not expect to start, and should not expect equal playing time.
6. Forza reserves the right to release any players who show a lack of commitment to the team. This may include poor attendance, non- attendance at key games and tournaments, and/or disruptive negative behavior (includes promoting for other programs and clubs during the period of commitment with Forza. Consistent or habitual absence without communicating to the team coach would be considered "abandonment of a team" and Forza reserves the right to begin the process of release.
7. Players must be committed to attending all team activities such as and not limited to practice, league games, friendly games, tournaments, team training outside our city. Players not participating in the activities still have to pay for the due fee of participation in tournaments, etc.. and missing communication to the coach may result in limiting their participation with the team's future events.

Appearance and Dress Code:

1. On arrival at the fields, all players must be dressed in clean Forza kit (no substitutes).
2. Kits include:
 - Training – Forza practice shirt/ Black shorts/ Red socks
 - Games – Primary Colors – Black/Black/Black - Secondary Colors – Red/White/Red
 - Forza Player hoodies may be worn to training.
3. Base layer/Compression wear should be either black or red to match the uniform being worn.
4. Shin guards must be worn for ALL training and games. Forza will NOT be responsible for any injuries incurred if a player does not wear proper equipment.
5. Players are encouraged to wear proper footwear to avoid injuries: studded cleats for grass and artificial turf shoes for turf fields.
6. Hats (including baseball caps) and earrings are not to be worn at the training grounds, or on match days.
7. On match days, players must wear Forza warm up attire, trainers and kit bags. No HOODIES to games except in winter months as an underlay for the warm up.

Competing:

1. Players are rostered with Forza and hence available to play for multiple teams. While players may be initially selected to compete primarily with a team, Forza reserves the right to move players to other teams based upon Forza needs, team needs and player development. Players need to be prepared to train and compete with different age groups as required.
2. Participation in games is a reward for hard work, commitments and capabilities. It is the coach's discretion to manage game tactics, formations and player rotations.
3. Players may speak with the coaches regarding their playing time, position, etc. Parents are discouraged from having these discussions.
4. Substitutions - to improve the flow of games and assist in player development, a policy on the frequency of substitutions and a maximum number of substitutions has been instituted.
5. Training attendance - attendance at training is critical. Players may not replace team training for other events, clinics, etc. unless specifically approved by Forza. Parents are encouraged to drop off players at training and return at the end of training to pick them up.
6. Playing Time - In league games, Forza will follow the substitution policy. All players will be provided ample opportunity to play. However, commitment, availability, training attendance and performance, and prior game performance are all factors that impact a player's playing time. Players who are not in game condition will play according to their physical limits, as determined by the coach. Playing time is at the discretion of the

coach. In more competitive games, some players may not play in the game at all. In some instances, for away games players in the older age groups may not dress for games. This is consistent with the USSF and Pro Academy protocols

7. Ultimately, Forza will field the team that the coach believes will be competitive and succeed. It is the player's individual responsibility that they are able to compete at the level of their teammates.

Lifestyle:

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5. Training attendance - attendance at training is critical. Players may not replace team training for other events, clinics, etc. unless specifically approved by Forza. Parents are encouraged to drop off players at training and return at the end of training to pick them up.

Preparedness:

1. Players should prepare for training and games in an appropriate manner.
2. Players will be required to do training at home, follow individual programs, and off-season training. It is the responsibility of each player to undertake the training they require to meet the team and Forza standards.
3. Players should also take the time to review any homework assigned by the coach.
4. Players are responsible for preparing all their own uniforms, equipment and water for training and games. It is the responsibility of players to inform parents where assistance is required.

Other Activities

1. Players should monitor their involvement in other activities with caution. This is especially important prior to games.
2. While younger players might participate in other sports, Forza expects that players make Forza training and games a priority. To achieve a level of excellence, Forza encourages that soccer become the sole sport for those who want to play competitively at the collegiate level.
3. Players who attend games after another physical activity MUST inform the coach, and similarly should not expect to play as much as other players who are fresh.

Approved Participation in Other Soccer Programs

1. Players are permitted and approved to attend training with the USSF and Forza
2. Forza player participation with soccer programs, training and competition, other than Forza:
 - Players may not train and/or compete for another Club or Program. (*1)
 - Players may not roster with a second club.
 - Players should refrain from participating in other identification programs,
 - Players are required to participate in post-season Finals such as National Championships or Academy until after their current team's season is completed.

REMEMBER THAT YOUR CHILD WANTS TO HAVE FUN

Your child is the one playing soccer, not you. Children must establish their own goals - to play the game for themselves. Take care not to impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling.

TRAINING/GAME POLICIES

RULES FOR TRAINING SESSIONS

1. All Select Program players are to attend three(3) training sessions per week during Fall/ Spring & Non-competition Season two(2) training sessions per week
2. All Pre-Academy & Academy players are to attend two(2) regular team training sessions each week.
3. If a player is invited or allow to train with a different age group, players, teams and coaches are great developmental opportunities that players should embrace
 - When attending a training session with another team, players need to understand their level of participation, especially during tactical training, and may be limited at times.

MISSING TRAINING/GAME POLICIES

1. All Forza players are required to attend their respective training sessions and games.
 - Failure to attend a training session could result in limited or no playing time during games.
2. Excused absences for missed sessions/games will include:
 - Family emergencies, player medical illnesses/injury, mandatory school functions

REFUND POLICY

There will be no refunds issued except in case extreme injury that holds players from any club activity for a year. NO refunds will be made to members that don't follow the Parent & Player Code of Conduct.

F.C. FORZA CONTACTS AND INFORMATION:

You can find more information at www.fcforza.org.

For questions please email info@fcforza.org

Forza Manager: Mario A. Valdez – mario.valdez@fcforza.org- 512-571-8627

We look forward to welcoming your family to the Forza Family.