



Free Sorcery Soap™ Dough Recipe Cold Process Soap Dough Recipe by Sorcery Soap™

A little note about the history of soap dough. When I began this soap dough journey there was not one book, blog post or piece of advice about soap dough. Soap dough didn't exist. I wondered at these results. I couldn't be the first person to ask this question, "how to make a pliable soap?"

I researched for years about soap dough. After sharing my soap works with soap dough I was asked many questions. So, I wrote my first book. That led to four more books and hundreds of blog posts and videos.

I might be blessed, but I also just might think differently. I wanted to document my experience so I wrote books and went through the process of obtaining copyrights and ISBN's. It is a wonder.

My process of timing, appropriate water usage, covering soap during the saponification process and placing soap in an air tight container is now used universally as the standard for creating a great quality of soap dough.

I say this so you understand, I have made soap dough for years and offer it as a quality product, because I understand how to see the final results and the process. This is all the result of years of work that does not happen over night.

I'm happy to help you along your soap dough journey.

What is Soap Dough?

It is a soft soap that is pliable. It can be formed and shaped into embeds and embellishments.

Soap dough is regular cold process soap that is kept from curing so that it maintains a pliable and workable consistency. Curing is the evaporation of water. Keeping your soap covered and air-tight afterwards allows your soap to maintain its water content, therefore, it will remain pliable. Air will cure cold process soap. Leaving your soap dough embellishment will allow it to cure and harden.

To understand soap, how it works and the deeper process consider **The Magic Of Soap Dough book**. Not only does this book offer mica recipes (as mica and colorant can change and affect soap dough), but it offers a unique way to see the creation and inspiration process. Also consider **An Enchanted Book of Soap Potions and Peculiar Ideas**. This has an enchanted history of intuitive and creatives along with soap dough recipes.

What can you do with soap dough?

Soap dough can be used in a variety of ways.

Extruded: Use a clay extruder with disks to make long shapes that can be placed inside cold process soap. See this blog post for more details.

Hand molded: Hand molding offers the most variety. Create a design and mold the entire idea from hand. This offer the most unique embellishments. See examples at Sorcery Soap website and in Soap Inspiration book, full of hand molded examples.

Canes: Can be hand molded too. Create beautiful flowers with subtle gradients and a host of ideas that can be also placed inside a loaf of cold process or melt and pour soap. Handholding canes can help created gradient colors and shading to your creation.

Embellishments: Use pre-made molds and press soap dough into the mold Be sure to use corn starch for a proper release of your soap dough embellishments.

Stamps: stamp your soap and fill in the lines with soap dough for a lasting and contrasting design.

Stencils: Stencil an intricate design on the face of your soap bars to make them stand out.

Sorcery Soap has how-to videos for each category.

Try Your Own Recipe

You can use your regular cold process soap recipe and make it into soap dough, that is if it is a balance of the proper hard and soft oils. Too many soft oils, like olive oil or castor oil will produce sticky soap dough.

Use this recipe as an example.

The key to a good soap dough is the recipe, of course, but also the time left in the mold COVERED. Covering the soap is important to slow down the evaporation process and leaving the proper amount of water inside the bar. As you know, curing is the evaporation of water (which is the carrier for the sodium hydroxide) to match with the butters and oils to ensure a long lasting and hard bar of soap. Creating soap dough is the process of utilizing and holding on to some of the water until you want the product to become hard, i.e. letting the water evaporate, being exposed to air and allowing the curing process to begin.

Allow the soap intended for soap dough to remain in the mold for 2-3 days. The process, in real world looks like this.

Day 1: make soap.

Day 2: leave soap in mold, covered.

Day 3: test soap by pushing on the top to see if it has firmed up and unmold or leave it for day 4.

What Makes GREAT Soap Dough?

Great soap dough is pliable, does not stick to your hands, and smooth to work with. It will not have lumps.

If your soap dough does have lumps, there was inconsistent saponification, could be due to incorrect temperatures or fragrances.

See examples of smooth and beautiful soap dough on [Sorcery Soap videos](#).

If you're brand new to soap dough I recommend reading through the hundreds of blog post at [SorcerySoap.com](#) and watching [Sorcery Soap videos](#)!

Easy Soap Dough Recipe

This recipe will get you started with the process of cold process soap dough.

Oils	%	Pounds	Grams
Castor Oil	20	3.20	90.72
Coconut Oil, 76	30	4.80	136.08
Lard, Pig Tallow	50	8.00	226.80
	100	16.00	453.59

Total Weights	Pounds	Grams
Total Water Weight	1 lb	140.6 g
Water Percentage	31.00%	
Super Fat/Discount	5%	
Lye Concentration	31.668%	
Water : Lye Ratio	2.1577:1	
Sat : Unsat Ratio	48 : 52	
Iodine	49	
INS	166	
Fragrance Weight		

Fatty Acids %	
Lauric	14
Myristic	6
Palmitic	17
Stearic	7
Ricinoleic	18
Oleic	26
Linoleic	4
Linolenic	0

Quality	%	Range
Hardness	45	29 - 54
Cleansing	21	12 - 22
Conditioning	49	44 - 69
Bubbly	39	14 - 46
Creamy	42	16 - 48
Iodine	49	41 - 70
INS	166	136 - 165

Important information:

Soap temperatures ideally should be 78-90 degree Fahrenheit.

A few things to keep in mind:

- **YOU WILL NEED A BASIC WORKING UNDERSTANDING OF COLD PROCESS SOAP MAKING.**
- Always keep the soap covered and sealed from air. Saponification does not need air, but curing does. Soap dough is not cured until used.
- The amount of water in soap is important. It keeps the soap pliable and soft. This is the water percent I use, however, I live in the desert. IF YOU LIVE IN A MORE HUMID AREA, DROP THE WATER DISCOUNT TO 31%. Adjust as necessary to avoid sticky soap dough.
- After unmolding, keep the new soap sealed with plastic wrap and in a sealed container. Soap dough will dry out if exposed to air.
 1. Suggested wait time of 36 hours before unmolding from soap mold after pouring.
 2. Wrap soap dough with plastic and place soap dough in a plastic bag and wait 1-3 more days. [Learn more about this process here!](#)
 3. Test your soap by rolling a small ball, examine how it feels.
 4. Exact measurements are very important, which is different than making edible cookies. With cookies the recipe can be a little off the measurements and you will still produce a decent cookie. I've found when making soap dough, at 1 pound or 2 pound amounts, there is little room for error.

If you have any questions, please feel free to contact me.

When Working With your [Soap Dough](#)

- When working with soap, use a muslin bag filled with corn starch to keep the soap from sticking to the work surface and itself. Too much corn starch will leave your soaps looking powdery so use with frugal care.
- Spraying tools with 91% alcohol will keep cutters and plungers from sticking.
- Spraying with water will make soap dissolve. Remember how soap behaves in the shower? Use water to stick pieces of soap together sparingly.
- Once removed from the sealed container, soap will begin evaporation and curing, therefore hardening.
- *Be patient with yourself, if you want to make embeds by hand, it will take time to learn.*

This information and recipe is meant to help expand your soaping repertoire, explore more creative options and to inspire you to new creative worlds with pliable cold process soap.

[Print Soap Dough Books](#)

[eBook Soap Dough Books](#)

Pre-made [Sorcery Soap Dough](#)

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