



## Ingredient List, Specifications, Instructions for Use & Safety Data Sheet

### The Fresh Test, 50g, 75g, 100g Glucose Load Test Beverage

MANUFACTURED TO THE FOOD AND BEVERAGE INDUSTRY  
STANDARDS AND CGMP AND FDA REGULATIONS.

#### Ingredient List

The Fresh Test – 50g	Non-GMO Dextrose (Source: corn), Crystallized Lemon (Citric Acid, Lemon Oil, Lemon Juice), Organic Peppermint Leaf Powder.
The Fresh Test – 75g	Non-GMO Dextrose (Source: corn), Crystallized Lemon (Citric Acid, Lemon Oil, Lemon Juice), Organic Peppermint Leaf Powder.
The Fresh Test – 100g	Non-GMO Dextrose (Source: corn), Crystallized Lemon (Citric Acid, Lemon Oil, Lemon Juice), Organic Peppermint Leaf Powder.

#### Specifications

Shelf Life: 24 months

Storage Requirements: 2° and 30° C

BVO Free, Preservative Free, Dye Free

Gluten and Dairy Free

Available in 50g, 75g and 100gam

Flavor: Mint Lemon

Latex Free: Yes

OTC Type: Oral

UNSPSC: 41116206

## Instructions For Use

The Fresh Test – 50g

**INSTRUCTIONS FOR USE:** For use in the Glucose Load Test. Mix complete contents of packet with 10 ounces of water and use immediately. **INDICATIONS & USAGE:** For use in detection of (or screening for) glucose intolerance in the evaluation of diabetes mellitus and gestational diabetes mellitus when used with the glucose load test. **DOSAGE AND ADMINISTRATION:** Consult a physician for details. This product is meant to be mixed with 10 oz of water and consumed an hour prior to a plasma blood glucose sample. For additional information refer to the American Diabetes Association.

The Fresh Test – 75g

**INSTRUCTIONS FOR USE:** For use in the Glucose Load Test. Mix complete contents of packet with 10 ounces of water and use immediately. **INDICATIONS & USAGE:** For use in detection of (or screening for) glucose intolerance in the evaluation of diabetes mellitus and gestational diabetes mellitus when used with the glucose load test. **DOSAGE AND ADMINISTRATION:** Consult a physician for details. This product is meant to be mixed with 10 oz of water and consumed while fasting prior to a 1 hour and 2 hour plasma blood glucose sample. For additional information refer to the American Diabetes Association.

The Fresh Test – 100g

**INSTRUCTIONS FOR USE:** For use in the Glucose Load Test. Mix complete contents of packet with 10 ounces of water and use immediately. **INDICATIONS & USAGE:** For use in detection of (or screening for) glucose intolerance in the evaluation of diabetes mellitus and gestational diabetes mellitus when used with the glucose load test. **DOSAGE AND ADMINISTRATION:** Consult a physician for details. This product is meant to be mixed with 10 oz of water and consumed while fasting prior to a 1 hour, 2 hour and 3 hour plasma blood glucose sample. For additional information refer to the American Diabetes Association.

# Safety Data Sheet

## The Fresh Test, 50g, 75g, 100g Glucose Load Test Beverage

DATE PREPARED: 06-2021

REVISION DATE: N/A

PLEASE BE ADVISED THE FRESH TEST GLUCOSE TOLERANCE BEVERAGE, ALL FLAVORS AND CONCENTRATIONS DO NOT REQUIRE A SAFETY DATA SHEET. THE PRODUCTS ARE AN FDA REGISTERED CLASS II MEDICAL DEVICE AND ARE THEREFORE EXEMPT FROM THE OSHA STANDARD FOR CHEMICAL LABELLING. IT IS THE RESPONSIBILITY OF THE USER TO DETERMINE THE APPROPRIATENESS AND APPLICABILITY TO THEIR SITUATION.

### SECTION 1 – PRODUCT IDENTIFICATION

PRODUCT NAME: The Fresh Test – 50g, 75g, 100g Glucose Load Test Beverage

SYNONYMS: Glucose Tolerance Beverage; Glucose Test Beverage, Glucose Load Test Beverage

RECOMMENDED USE: Oral consumption only.

#### COMPANY:

FRESH TEST, LLC

11328 BIONA DRIVE

LOS ANGELES, CALIFORNIA 90066

PHONE: (310) 266-0282

### SECTION 2 – HAZARD(S) IDENTIFICATION

CLASSIFICATION: This product is not considered hazardous by the 2012 OSHA Hazard Communication Standard (29 CFR 1910.1200).

LABEL ELEMENTS: None required.

HAZARDS NOT OTHERWISE CLASSIFIED (HNOC): None identified.

### SECTION 3 – COMPOSITION/INFORMATION ON INGREDIENTS

INGREDIENT (CAS #)	%	OSHPA PEL	ACGIH TLV
DEXTROSE 50-99-7	99%	N/A	N/A
CRYSTALLIZED LEMON	1%	N/A	N/A
ORGANIC PEPPERMINT LEAF	<0.2%	N/A	N/A

### SECTION 4 – FIRST-AID MEASURES

EYE CONTACT: Flush with water for 15 minutes, lifting eyelids occasionally. If irritation develops or persists, seek medical attention.

SKIN CONTACT: Wash with soap and water. If irritation develops or persists, seek medical attention.

INHALATION: Move to fresh air. If breathing is difficult, give oxygen.

INGESTION: Not normally a hazard in small doses, however if a large dose is consumed, or adverse or allergic reaction occurs, seek medical attention immediately. Do not induce vomiting.

NOTES TO PHYSICIAN: Treat symptomatically.

# SDS - The Fresh Test

## SECTION 5 – FIRE-FIGHTING MEASURES

**SUITABLE EXTINGUISHING MEDIA:** Substance is nonflammable; use agent most appropriate to extinguish surrounding fire.

**UNSUITABLE EXTINGUISHING MEDIA:** N/A      **EXPLOSION LIMITS:** N/A

**AUTO IGNITION TEMPERATURE:** N/A      **FIRE AND EXPLOSION HAZARDS:** N/A

**FLAMABLE LIMITS: LOWER:** N/A      **UPPER:** N/A

**EXTINGUISHING MEDIA:** N/A      **SPECIAL FIRE FIGHTING PROCEDURES:** N/A

**SPECIFIC HAZARDS ARISING FROM THE CHEMICAL:** None known.

**HAZARDOUS COMBUSTION PRODUCTS:** None under normal use conditions.

**PROTECTIVE EQUIPMENT AND PRECAUTIONS FOR FIREFIGHTERS:** As in any fire, wear self-contained breathing apparatus pressure-demand, MSHA/NIOSH (approved or equivalent) and full protective gear.

**NFPA:** Health 0; Flammability 0; Instability 0; Physical Hazards N/A

## SECTION 6 – ACCIDENTAL RELEASE MEASURES

**PERSONAL PRECAUTIONS:** Use PPE. Ensure adequate ventilation. Do not breathe dust/fume/gas/mist/vapors.

**ENVIRONMENTAL PRECAUTIONS:** Should not be released into the environment.

**STEPS TO BE TAKEN FOR CONTAINMENT AND CLEAN UP:** Wear rubber gloves and safety glasses. Wash spill area with soap and water.

**WASTE DISPOSAL METHOD:** Dispose of in accordance with all applicable local, state, federal and environmental regulations.

## SECTION 7 – HANDLING AND STORAGE

**HANDLING PRECAUTIONS:** Ensure adequate ventilation. Wear personal protective equipment. Avoid breathing dust/fumes/gas/mist/vapors.

**STORAGE PRECAUTIONS:** Avoid exposure to heat. Store in a cool, dry place. Keep at temperatures between 2° and 30° C.

**OTHER PRECAUTIONS:** None.

## SECTION 8 – EXPOSURE CONTROLS/PERSONAL PROTECTION

**EXPOSURE GUIDELINES:** This product does not contain any hazardous materials with occupational exposure limits established by region-specific regulatory bodies.

**ENGINEERING MEASURES:** Ensure that eyewash stations are close to the workstation location. Ensure adequate ventilation, especially in confined areas.

# SDS - The Fresh Test

## PERSONAL PROTECTIVE EQUIPMENT

EYE PROTECTION: Wear appropriate protective eyeglasses or safety goggles as described by OSHA's eye and face protection regulations in 29 CFR 1910.133.

SKIN AND BODY PROTECTIONS: Wear appropriate protective gloves and clothing.

RESPIRATORY PROTECTION: None normally required. Follow the OSHA respiratory regulations.

HYGIENIC WORK PRACTICES: Do not eat, drink or smoke near this material. Avoid wearing contact lenses when working with this material due to the possibility of increased severity of eye damage.

VENTILATION: Normal room ventilation is usually adequate.

OTHER PROTECTIVE EQUIPMENT: Appropriate laboratory apparel.

## SECTION 9 – PHYSICAL AND CHEMICAL PROPERTIES

PHYSICAL STATE: Powder	APPEARANCE: White	ODOR: Slight lemon odor
pH: No information available	BOILING POINT: N/A	VAPOR PRESSURE: N/A
MELTING POINT: N/A	VAPOR DENSITY: N/A	FLASH POINT: N/A
EVAPORATION RATE: N/A	FLAMMABILITY: N/A	WATER REACTIVE: NO
SPECIFIC GRAVITY: N/A	EVAPORATION RATE: N/A	OXIDIZING PROPERTIES: N/A
WATER SOLUBILITY: Soluble	VISCOSITY: N/A	EXPLOSIVE PROPERTIES: N/A

## SECTION 10 – STABILITY AND REACTIVITY

REACTIVE HAZARD: None known, based on information available    STABILITY: Stable (X) Unstable ( )

INCOMPATIBILITY (MATERIALS TO AVOID): Heat                      HAZARDOUS DECOMPOSITION: N/A

HAZARDOUS POLYMERIZATION: May Occur ( ) Will Not Occur (X)

HAZARDOUS REACTIONS: None under normal processing

## SECTION 11 – TOXICOLOGICAL INFORMATION

TOXICITY: No toxicity data available for this product, however toxicity is believed to be extremely low. Allergic reactions may develop in a few rare cases.

CARCINOGEN: No    ROUTES OF ENTRY: Ingestion, contact.

SIGNS AND SYMPTOMS OF OVEREXPOSURE:

INHALATION: Not normally an inhalation hazard.    EYE CONTACT: May cause irritation.

INGESTION: May cause nausea, diarrhea, fainting, allergic reaction.    SKIN CONTACT: May cause irritation.

CHRONIC EFFECTS: Hyperglycemia may develop.

CONDITIONS AGGRAVATED BY OVEREXPOSURE: Hyperglycemia, diabetes, glucose-galactose intolerance, dextrose intolerance. Dextrose tolerance may be impaired in patients with renal failure.

# SDS - The Fresh Test

## SECTION 12 – ECOLOGICAL INFORMATION

ECOTOXICITY: No ecotoxicity data available for this product.

## SECTION 13 – DISPOSAL CONSIDERATIONS

WASTE DISPOSAL METHODS: Dextrose is not believed to be hazardous. Chemical waste generators to determine whether a discarded chemical is classified as a hazardous waste.

## SECTION 14 – TRANSPORT INFORMATION

DOT: Not regulated    TDG: Not regulated    IATA: Not regulated    IMDG/IMO: Not regulated

## SECTION 15 – REGULATORY INFORMATION

INTERNATIONAL INVENTORIES: N/A

U.S. FEDERAL REGULATIONS: TSCA 12(b): N/A    SARA: N/A    CWA: N/A    CLEAN AIR ACT: N/A

OSHA: N/A    CERCLA: N/A    CA PROP 65: This product does not contain any Proposition 65 chemicals.

U.S. STATE RIGHT-TO-KNOW REGULATIONS: N/A    U.S. DEPT OF TRANSPORTION: N/A

U.S. DEPT OF HOMEALND SECURITY: This product does not contain any DHS chemicals.

OTHER INTERNATIONAL REGULATIONS: N/A    WHIMS HAZARD CLASS: Not-controlled

## SECTION 16 – OTHER INFORMATION

PREPARED BY: Regulatory department of Fresh Test, LLC. Email: info@thefreshtest.com

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THIS DOCUMENT COMPLIES WITH THE US OSHA HAZCOM 2012 STANDARD REPLACING THE LEGISAITON UNDER 29 CFR 1910.1200 TO ALIGN WITH THE GLOBALLY HARMONIZED SYSTEM OF CLASSIFICATION AND LABELING OF CHEMICALS (GHS).

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### DEFINTIONS OF ABBREVIATIONS USED:

ACGIH: American Conference of Governmental Industrial Hygienists

CAS: Chemical Abstract Service

IARC: Internal Agency for Research on Cancer

IDLH: Immediately dangerous to Life or Health level

N/A: Not Available

NTP: National Toxicology Program

OSHA: Occupational Safety and Health Administration

PEL: Permissible Exposure Limit

STEL: Short Term Exposure Limit

TLV: Threshold Limit Value