

The Fresh Test



FAQs

1. What is The Fresh Test?

The Fresh Test is a natural 50-gram glucose beverage for the screening of gestational diabetes mellitus. It is made with three simple ingredients – Non-GMO Glucose, Crystallized Lemon and Organic Mint. The product is non-GMO, gluten free and void of artificial flavors, artificial dyes and unnecessary preservatives. Nearly 100% of women enjoy the taste, greatly improving your patient's experience.

The Fresh Test is FDA Registered as a standard 50-gram glucose beverage, and it is laboratory tested to be exactly equivalent to traditional gluco. The Fresh Test is meant to be mixed with 10 ounces of water and consumed one hour prior to a plasma glucose test.

This product is to be used in the same manner as traditional 50-gram glucose beverages. For additional information, please consult your healthcare provider or the American Diabetes Association.

2. What locations offer The Fresh Test?

As an FDA Registered product, The Fresh Test is offered throughout the United States. Your provider or laboratory might already stock this natural option. If not, you can order at www.thefreshtest.com or visit www.labcorp.com/testingwhileexpecting for more information.

3. What ingredients are in The Fresh Test products?

The Fresh Test, 50-gram powder contains Non-GMO Glucose, Crystallized Lemon and Organic Mint. The product has been tested to contain exactly 50-grams of glucose. It has negligible amounts of fiber, protein, sucrose, fructose, fat, etc.

Nutrition Facts

1 serving per container	
Serving size	1 package (54.95g)
Amount per serving	
Calories	200
	% Daily Value *
Total Fat 0g	0%
Sodium 0g	0%
Total Carbohydrate 50g	18%
Total Sugars 50g	
Includes 50g Added Sugars	100%
Protein 0g	

4. What would I drink The Fresh Test products?

The American Diabetes Association suggests that a Glucose Load Test be performed at 24 – 28 weeks of gestation in women not previously diagnosed with diabetes. When conducting the two-step approach, the 50-gram glucose beverage should be consumed within 5 minutes. A plasma glucose measurement should then be performed at 1-hour. This test is performed at your laboratory or physician's office. Consult with your healthcare provider for more details. Please note, the 50-gram, 75-gram & 100-gram glucose tests have different requirements. If you are a healthcare professional and have more questions about the ADA's screening and diagnosis of GDM please refer to the 2021 Standards of Medical Care in Diabetes.

5. What will The Fresh Test be shipped to me? When does The Fresh Test expire?

Orders are processed at www.thefreshtest.com and typically arrive within one to two weeks of purchase via USPS.

The Fresh Test, 50-gram powder has a shelf life of one to two-years. For storage, avoid exposure to heat. Color variation may occur due to the natural flavorings (crystallized lemon and organic mint).



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6. How much does The Fresh Test cost?

The Fresh Test has gone through significant research and development to ensure precise equivalency to standard 50-gram glucose beverages. This initial R&D along with quality ingredient sourcing, is reflected in the price. Customers will need to pay out of pocket for this option. Pricing and discounts are shown at www.thefreshtest.com.

Suppliers such as laboratories and physicians frequently stock our product to make it more convenient and less expensive for patients. Labcorp patients and providers are eligible for a discount via Partners in Pregnancy & Testing While Expecting.

7. Why would someone choose The Fresh Test over a traditional 50-gram drink?

Women are becoming increasingly health conscious, especially during pregnancy. Consumers frequently request a natural glucose option to have a better screening experience. This has long been sought after due to the taste of traditional glucose beverages and unnecessary ingredients such as conventional GMO corn, Brominated vegetable oil, Red Dye #40, BHA, BPA, Sodium Benzoates, etc.

8. Is this FDA approved as an equivalent option?

FDA registered as an equivalent glucose load test beverage, The Fresh Test adheres to extensive testing and quality control with the help of partners SK Laboratories and Exact Scientific. Fresh Test, LLC ensures products are equivalent to current brands; with the same active ingredients and safe inactive ingredients. Laboratory testing and certificates of analysis available upon request.

Fresh Test, LLC Company information: FDA Registration # 317544399. EIN 81-3963103. MRV Listing Number D424360. Product Code MRV 21 CFR 862.1345. Device Class 2. UNSPSC Code 41116206 Diagnostic beverage for laboratory testing and 85415101, Accessory to the glucose tolerance test.

9. What are the instructions For Use?

The Fresh Test's IFU is printed on each packet of 50-gram glucose. Once the product is mixed with 10 ounces of water, follow the same instructions used for traditional 50-gram glucola.

50G GLUCOSE LOAD TEST BEVERAGE. For oral consumption only. Use as directed by a physician. **INSTRUCTIONS FOR USE:** For use in the Glucose Load Test. Mix complete contents of packet with 10 ounces of water and use immediately. **INDICATIONS & USAGE:** For use in detection of (or screening for) glucose intolerance in the evaluation of diabetes mellitus and gestational diabetes mellitus when used with the glucose load test. **DOSAGE AND ADMINISTRATION:** Consult a physician for details. This product is meant to be mixed with 10 oz of water and consumed an hour prior to a plasma blood glucose sample. For additional information refer to the American Diabetes Association.



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