

# MERCURY'S IN GATORADE

## GEMINI HERBAL FRUIT INFUSION

IT'S SUMMER! THE SUN IS SHINING, THE DAYS ARE LONGER, AND MERCURY IS IN RETROGRADE. HERE'S SOMETHING TO HELP YOU COOL OFF, STAY HYDRATED, AND ENJOY THE LITERAL FRUITS OF THE SEASON. BEST CONSUMED WHILE LISTENING TO PRINCE.



## INGREDIENTS

- 4 sprigs of fresh mint
- 1-2 handfuls of fresh raspberries
- A few pinches of Grey Atlantic Salt
- 1 lemon, juiced
- 32 oz of water

## DIRECTIONS

- Combine in a glass jar and let infuse in the fridge for at least 4 hrs but no longer than 12 hrs.
- Drink immediately or strain/remove fruit + herbs, drink within the week.