

Energy

Your Key to Success



For actors and celebrities:

*Learn how to
protect and
increase your energy,
to ensure
long-lasting success
in your career*

- ★ Enhance your physical and emotional well-being
- ★ Feel more energized as you perform
- ★ Find greater satisfaction in your work
- ★ Enjoy more peace and relaxation in your private life

As performers, you have unique professional challenges, because everything you do requires an enormous amount of energy. There is little room to slouch and have low energy – it could mean an end to your popularity and your career.

Being in the Limelight Poses Challenges to Your Energy

1) Your Life Force Dwindles

Success brings a new element into your life: being “on stage” 24/7. The Paparazzi continually want a piece of you. Your every move is photographed, filmed, “You-Tubed,” on the Internet, on the news, in the tabloids.

Did you know that your Life Force is contained in every photographic image of yourself? Mystics and healers refer to our “Life Force” as the underlying energy within us all that gives us life.

Every time your image appears on television, DVDs, internet fan sites, Playbills, and fan memorabilia, part of your Life Force is pulled away from you, and is no longer accessible to you.

Over time, this dwindles your Life Force and weakens your constitution. A weakened constitution makes you more vulnerable to fatigue, illness, hair loss, aging more rapidly, and the loss of motivation and drive.

In addition, it has been proven that exposure to electromagnetic fields (EMFs) causes depression, irritability, and potential immune system disorders. Every time you, or an image of you, is exposed to EMFs—for example, when you are surrounded by electronic equipment, hooked up to a microphone, featured on a website, or star in a film played on someone’s electronic DVD player—your physical and emotional health are adversely affected by such ongoing exposure to electromagnetic fields.

2) Unwanted Energy Bombards You

Of course you want to be well-known, since fame boosts your career. However, the downside of such fame is that every time someone thinks about you, they send you energy—*unwanted* energy. This “foreign” energy accumulates within your energy field, and becomes burdensome to you over time. This energy is not your own, so it distracts and irritates you at a deep level.

When people judge or criticize you, which happens a lot to those in the limelight, that negative energy is transferred to you at a

subconscious level, and creates conflicts deep within you. When millions of people think or talk about you simultaneously—when they see your latest film, watch you on TV or on the internet, or read about you in the tabloids—unbelievable amounts of energy bombard you. This is energy that no human being is designed to withstand!

3) Your Character Stays with You

Sometimes, the thoughts and emotions of the character you have played are hard to shake and stay with you. The character's energy has merged with your own energy, and this can bog you down in daily life.

Do you ever have trouble staying positive and upbeat after having played a neurotic or villainous character? Without specific psychic or energetic intervention, such negative energy may remain stuck within you throughout your entire life.



How we can help you:

Phyllis Light, Ph.D, is an author, expert in “Telepathic Healing,” and pioneer in discovering solutions to the negative impacts of modern technology on the human energy field. She has helped thousands of people, for more than thirty-five years, to dramatically enhance their well-being and improve the quality of their lives.

Phyllis offers specific customized services to help performers give higher quality performances and feel more energized and well in their daily lives. She has created the “VIP/Celebrity Package” which contains the following services, to:

- **Keep Your Constitution Strong and Your Motivation High**

With her special healing gifts and abilities, Phyllis is able to remove your personal Life Force from all the photographic images of you out there in the world, in order to help you reclaim your personal energy. She is also able to protect you from the harmful effects of electromagnetic fields. People have reported feeling stronger and healthier over time, with more energy, drive, and motivation. She does this on an ongoing basis, to help you create long-lasting success in your career and personal life.

- **Keep Unwanted Energy Out of Your Personal Energy Field**

Phyllis is able to release all unwanted energy from your personal space that has accumulated there—ever since you started your career and became a public figure. She is then able to funnel that energy away from you so that it can never bog you down again. People feel so much better without this distracting energy. Over time, they feel more grounded, more alive, happier, and more peaceful within their body and mind.

- **Remove Negative Energies of Characters You Have Played**

Phyllis offers private clearing sessions to remove negative energies from you, based on any neurotic or distressed characters you may have played. She also clears any negative energies you may have picked up from fellow actors who were playing intensely disturbed characters with whom you had to interact. This will help you come back to yourself, feel better in your private life, and be more effective in your work.

- **Raise Your “Level of Light”**

Phyllis is able to raise your “level of Light” or the amount of spiritual energy and inspiration you carry. This helps you to truly shine, and give more memorable, soul-stirring performances. She offers this service for all aspects of your work.

The most memorable performances by actors and singers happen when the performers reached high levels of Light. This is why people refer to them as “Stars.” Recording artists would benefit greatly from this service as well.

Dr. Light is able to provide customized healing solutions and protection for those of you who have had unusual demands placed upon your Life Force and physical body, due to being in the Limelight.