CACTUS™

Activity Tracker

User Manual

SOFTWARE COMPATIBILITY

IOS 7.1 & Above   Android 4.4 & Above   Supports Bluetooth 4.0

www.cactuswatches.com

QUICK START GUIDE

1. Download VeryFit 2.0
The smart band needs to pair with a smart phone through the app.

Download Method 1:
Search the App store or the Google Play store and download the VeryFit 2.0 app.

Download Method 2:
Please use the QR code scan tool to scan the following QR code and open the link and download the app.

In case there are problems opening the link, please try to copy the link and open it with your browser.

VERYFIT 2.0

Google play

Download on the App Store

2. Activating & Charging the Device

Connect the device to the charger and charge fully before initial use. Clamp the charging clip to the back 3 point position of the smart band as below.

3. Pair the Device

Make sure that Bluetooth is ON and then open VeryFit 2.0 app and go to Bind. When searching and pairing the device, please press on the key of the device (right side) and activate the device (screen on).

The app will search the device automatically, select the device name shown and connect the device to the app.

OPERATING THE DEVICE

Once the device has connected to the app successfully, it will record and analyse your activities and sleep status automatically.

Please press the key on the device to switch into different display modes as follows:

1. Normal Mode

Time	Heart Rate	Pedometer	Distance
01:23 01/23 MON	♥ 120	12342	12.0 KM

Calories	Alarms	Find Phone	Sedentary
🔥 120	MON AM 12:45	📱	🪑

Note: If the Sedentary alert function is activated in the app, it will appear on the device screen after the measured inactivity time.

Note: Alarm mode and Find phone mode will only display on the device screen after they are turned on in the app.

2. History Sports Mode

Under normal mode, hold the key (long press for 2 seconds) to enter the history sports mode (the latest sports data retained from your last sports mode recording – this does not apply to first time use). Then switch into different display modes as follows, when pressing the key normally.

3. Sports Mode

In History Sports Mode, rapidly double click the Press key to activate the Sports Mode. The timer begins counting and the various modes record the present sports activity (heart rate, steps, distance, calories, and duration of exercise).

At the conclusion of the exercise activity, hold the Press key for 3 seconds and the device will revert to Normal Mode. To access the information from the last sports mode activity, enter History Sports Mode again.

`00:00.12` `♥ 000`	Sports Heart Rate Mode
`00:00.12` `🏃 00000`	Sports Pedometer Mode
`00:00.0` `🏊 0.12км`	Sports Distance Mode
`00:00.12` `🔥 0000`	Sports Calories Mode

FUNCTIONS

Activity Monitoring: tracks steps, distance and calorie consumption in the app. Stores daily, weekly, monthly and annual data in the app.

Sleep Monitoring: automatically measures sleep quality (deep sleep and light sleep) and duration. Stores daily, weekly and monthly data in the app. Heart Rate Monitoring: continuous heart rate monitoring. Stores history in the app.

Vibration Notifications: receives alerts for alarms, incoming calls, texts, movement reminders. Anti-Lost Vibration Notification: when the paired phone is beyond the Bluetooth range (5 meters) the smart band vibrates as a reminder.

Remote Camera Control: when the phone camera is on, the smart band device key can operate the camera remotely.

TROUBLESHOOTING

*Can't find the device when pairing the device?

1. Please make sure that Bluetooth is ON and that smart phone has Android 4.4 & above or IOS 7.1 & above.

2. Make sure that the distance between the phone and the device is no more than half a meter - the device must be within the normal Bluetooth communication distance range (within 10 meters).

3. Please make sure the device does not have a low battery – if so, please fully charge the battery and pair again.

*Can't connect the device with the app?

Please reboot Bluetooth and / or reboot the smart phone.

*How to restore factory default settings
Make sure the device is connected (bind) with the app, go to System Setting on the app, go to restart device – this will reboot the device
*How to update the device
Make sure the device is connected with the app, go to Device Upgrade / Update and activate.

BASIC SPECIFICATIONS

- CPU: Nordic Nrf51822
- Sensor: kionix kx022-1020
- HR Sensor: Silicon labs Sill42
- Standby time: 7-15 days
- Host Weight: 25g
- Battery Type: Rechargeable Li Battery
- Battery Capacity: 70mAh
- Data Sync: Bluetooth 4.0
- Working Temperature: -10C – 45C
- Splash Proof: not for swimming or diving
- Uses Veryfit 2.0 algorithms and Bluetooth RF signal.

WARRANTY

This product is warranted to be free from defects in materials and workmanship for a period of 1 year from date of purchase. This warranty covers manufacturing and mechanical defects but excludes band, lens and water damage.

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