CACTUS™

QUAD

User Manual

SOFTWARE COMPATIBILITY

iOS 9.0 & Above   Android 4.4 & Above   Supports Bluetooth 4.2

www.cactuswatches.com

Setting

Use GetFitPro App on IOS or Android smart phone to set the QUAD as follows:

Note: hardware and system of devices should meet the below requirements:

iOS 9.0 & Above   Android 4.4 & Above   Supports Bluetooth 4.2

1. Download GetFitPro

Search and download GetFitPro from the Apple Store or Android App store

Scan the QR code and download

2. Product Activation

Before using your CACTUS QUAD ensure that it is fully charged. When it is fully charged, it will automatically power on.

Attach the charger to the back of the device and insert the other end of the charger into the USB interface. An image of the battery charging will show momentarily on the device. Charge for at least 2-3 hours before first use. When fully charged, the device will show battery percentage as 100%.

You are now ready to wear the CACTUS QUAD – adjust the length of the band and fasten the device around your wrist.

3. How to Use

Tap to wake up the screen.

Tap to toggle the current page to the next page / move across the options on the current page.

Press to enter or confirm an option.

4. Pairing your device

Make sure Bluetooth is **ON** in your smart phone, and open the GetFitPro app on your smart phone.

When pairing for the first time, you can complete user registration and binding in one of the following 3 ways:

• Email registration.

• Third party login (We Chat, QQ, Twitter).

• Guest registration. (If guest registration is selected, note that user data cannot be retrieved if user changes mobile phones or uninstalls the App).

Please do NOT match the device in the Bluetooth list on your mobile phone when pairing.

Correct pairing method is: click on the App, click on the device page, scanning will select the matching watch to complete the pairing, then tap to approve the pairing.

Then click on the App, user page, and complete your personal information.

To change the time presentation from 12/24 hours, and to choose metric or imperial measurements, go to the App, go to device, settings, App Version and Units Settings, and select your choice.

5. Major functions

- Physical examination: heart rate / blood pressure / blood oxygen detection

  Automatic heart rate monitoring is ON as default, and the device monitors heart rate all day automatically.

  Please note that the QUAD is not intended to be used for medical purposes, and is not a medical device.

- Multiple exercise modes: jogging (walking) / running / treadmill / swimming / tennis / stopwatch

- Exercise Heart Rate: continuously track and display the real-time heart rate range of your current exercise pattern so that you can achieve better fitness results

- GPS trajectory: display your current trajectory / speed / hourly speed and other indicators while exercising outside. This function should be used in conjunction with the APP

- Weather display: today / tomorrow's weather

- Call management: mute or reject the call or contact number

- Music control: open the music app on your phone, and you can play, pause, skip to next item and at the same time, you can observe heart rate on your watch

- Sleep analysis: automatically detect sleep / wake up time, and provide sleep quality analysis. You need to wear the device while sleeping.

- IP67 waterproof: for swimming
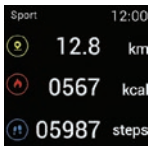
- Standby time: normal use 3-5 days

Functions & Features

Time Display
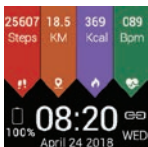
- Press the touch key to enter the device management page
- Device Power / Mute Settings
- Tap the touch key to select the option to set
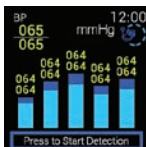- Press the touch key to set the selected option

Today's Activity

- The watch records and displays the number of steps you walk every day, the amount of calories you burn, and the distance covered
- More detailed information analysis and data logging can be viewed in the App

Health
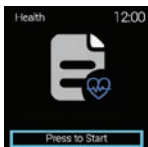
- Press the touch key to enter the Health interface, and tap the key to move from Heart Rate to Blood Pressure to Blood Oxygen measurements. Press each interface to start detection and wait 20 seconds minimum for detection.
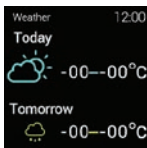
Sports

- Press the touch key to enter the Sports interface, and tap the key to switch to the selected mode of exercise. Note that jogging interface is for walking
- Press on selected mode of exercise to begin exercise recording / Press to exit the current exercise mode
- The sports page will display the last recorded exercise information
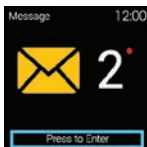
Weather

- When you connect your watch and open your GetFitPro app on your phone, weather information is synced to your watch and updated
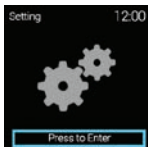
Music Control

- Tap the touch key to select options
- Press the touch key to set the current options
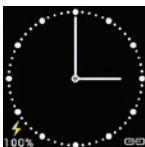- You can measure heart rate while operating remote music control
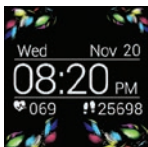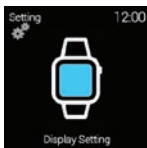
Message

- The watch displays and stores the last 5 messages (notifications) received by your phone. The stored messages will be iterated all the time, always showing the latest 5 messages.

System Settings

Setting 12:00
Press to Enter

- Tap the touch key to select options
- Press the touch key to set the current options

Setting 12:00
Find a phone

Setting 12:00
Replacement Dial

Setting 12:00
Display Setting

Wed Nov 20
08:20 PM
069 25698

100%

Alternate Dial Options

Dimming

screen delay 3s 5s 7s

Quit

Screen Brightness
Screen Delay

Other Reminders
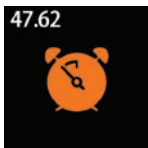
47.62

Alarm Reminder

Remote Camera Control

Calendar Reminder

Hydration Reminder

Sedentary Reminder

Common troubleshooting

1. What can we do if the watch cannot connect to the APP?

Please ensure that the watch is scanned in the APP to connect, do not connect the watch to the phone system in Bluetooth

1. Make sure your phone's operating system is iOS 9.0 & above or Android 4.4 & above

2. Turn off the phone's Bluetooth and then turn it on

3. Reboot the mobile phone and ensure that Bluetooth is on

4. Do not connect other Bluetooth devices at the same time

*Android equipment needs to open self start-up, high power consumption and white list to ensure the normal operation of the APP

1. If the mobile phone can't find the watch, please make sure the watch is awake (tap screen on), and that Bluetooth is on, and the watch is not connected to other mobile phones

2. Put the watch close to the phone. If it still doesn't work, turn off Bluetooth and then restart Bluetooth about 20 seconds later

3. Android 6.0 and above devices need to turn on GPS Bluetooth to work

2. Cannot synchronize data from the watch to the App

When the APP and the watch are connected, the APP will automatically synchronize the data. If you can't synchronize, please switch on Bluetooth or restart the phone, or you can quit APP completely and reopen it.

Basic Specifications

Model No.: ID116
Battery Capacity: 160mAh
Sync: Bluetooth 4.2
Working temperature: 0-40C°
Waterproof: IP67
Working Time: 5 days

Declaration

The device meets the EU ROHS criterion.
Please refer to IEC 62321, EU ROHS Directive
2011/65/EU and revised directive.

WARRANTY

This product is warranted to be free from defects in
materials and workmanship for a period of 1 year from
date of purchase. This warranty covers manufacturing and
mechanical defects but excludes band and lens damage.

www.cactuswatches.com