

# CACTUS™

## ZEST

### User Manual

#### SOFTWARE COMPATIBILITY



iOS 8.0 & Above



Android 4.4 & Above



Supports Bluetooth 4.0  
& Above

[www.cactuswatches.com](http://www.cactuswatches.com)

## Setting

Use GloryFit App on IOS or Android smart phone to set the ZEST as follows:

Note: hardware and system of devices should meet the below requirements:



iOS 8.0 & Above



Android 4.4 & Above



Supports Bluetooth 4.0  
& Above

### 1. Download GloryFit App

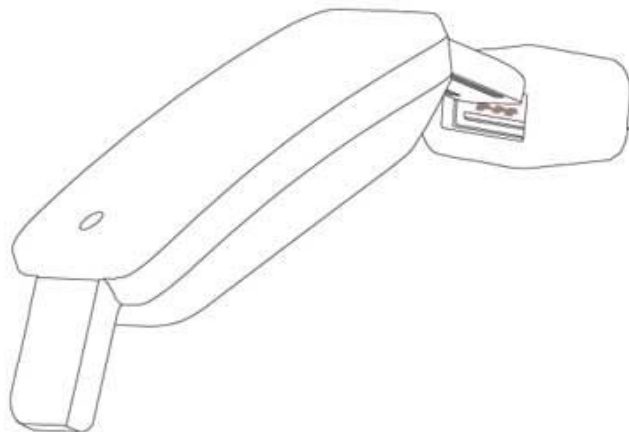
Search and download the GloryFit App from the Apple Store or Android App store

Scan the QR code below to download and install GloryFit



## 2. Charging your Device

Before using your CACTUS ZEST ensure that it is fully charged.



Detach both straps and place the end with the brass charging points directly into a USB port, facing down. An image of the battery charging will show momentarily on the device. Charge for at least 2-3 hours before first use. When fully charged, the device will show battery percentage as 100%.

You are now ready to wear the CACTUS ZEST – adjust the length of the band and fasten the device around your wrist.

## 3. How to Use

The activity tracker is a single touch device.

Power on: Long press the touch key to power on. The device will vibrate and display the main interface.

Tap to toggle the current page to the next page / move across the options on the current page.

Long press the touch key to enter or confirm an option.

Shut down: Tap the touch button repeatedly until you get to the (More) menu, long press the touch button to enter, tap until you get to Power Off, long press to shutdown the device.

## 4. Pairing your device

Make sure Bluetooth is **ON** in your smart phone, and open the GloryFit app on your smart phone.

When pairing for the first time, please open the App, register your email address and accept the user agreement. You will receive a verification code by email, enter this code in the App and login.

The first time you use the ZEST activity tracker, you will be asked to complete your personal details in the App to calibrate the device - your gender, age, weight, height. You will be prompted to connect the device. The App will auto search until it finds the device (keep the device close to the phone) Click on the searched device to connect.

After successful pairing, the App will automatically save the Bluetooth address, and when the App is open or running in the background, it will automatically search and automatically connect to the device. Data synchronization will occur automatically from time to time. You can also manually pull down the data to synchronize data on the App homepage.

The ZEST activity tracker saves 7 days of offline data. Please ensure that the App is opened so that synchronization of data can occur, and historical data can be viewed in the App.

Please do NOT directly search for the device in the Bluetooth list in your phone settings, when pairing. You need to enter the App to search for the connection and pair.

To change the time presentation from 12/24 hours, and to choose metric or imperial measurements, go to the App, go to Device, go to More Settings, and select your choice. Go to the App, go to Profile, go to Setting, go to Unit and select your choice.

## 5. Major functions

- Steps - daily step count, calculates distance, calories burned.
- Sleep monitor - calculates time and quality of sleep (deep & light sleep)
- Heart rate & blood pressure

Automatic heart rate monitoring is ON as default, and the device monitors heart rate all day automatically. Heart rate measurement can be switched to manual in the App.

Blood pressure measurement is activated manually on the device.

Please note that the ZEST is not intended to be used for medical purposes, and is not a medical device.

- Multiple sport modes: running, cycling, skipping, swimming, table tennis, badminton, tennis, walking, climbing.
- Call management: call reminder, caller ID, call rejection - optional when selected in the App and when the device is in Bluetooth distance from the paired phone.
- SMS & social media messages - optional when selected in the App and the device is in Bluetooth distance from the paired phone.
- Stopwatch - activated manually on the device
- Sedentary Reminders & Alarms - vibration alerts are optional when selected in the App and the device is in Bluetooth distance from the paired phone.
- Find my phone, Find my device, Remote camera shoot activation
- IP67 waterproof for swimming
- Working time: 6-8 days  
Standby time: 15 days  
Charging time: 2 hours



# Functions & Features

## Time Display and Screen Display

- Long press the touch key to change screens and time display. 4 optional screens.



## Today's Activity



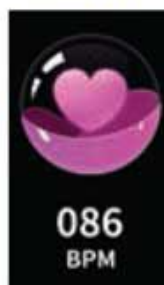
- The device records and displays the number of steps you walk every day, the amount of calories you burn, and the distance covered

## Sleep



- The device automatically measures sleep time and quality if worn during sleep.

## Health



- Heart rate is detected automatically, unless switched off in the App. To activate manual heart rate measurement (beats per minute) long press the touch key.



- Blood pressure - long press the touch key to action blood pressure measurement and wait 20 seconds minimum for detection.

## Sports



- Long press the touch key to enter the Sports interface, and tap the key to switch to the selected mode of exercise.
- Long press on selected mode of exercise to begin exercise recording / Press to exit the current exercise mode.
- The sports page will display the last recorded exercise information.

## Message



- The device displays and stores the last 8 messages (notifications) received by your phone. The stored messages will be iterated all the time, always showing the latest 8 messages.

## Stopwatch



- Long press to enter, tap to activate, tap to stop. Long press to clear.

## System Settings



- Tap the touch key to select options
- Press the touch key to set the current options



## Common troubleshooting

### 1. Connection Considerations

Please ensure that the device is fully charged / full battery and powered on.

Please ensure that the device is scanned in the APP to connect, do not directly search for the connection to the device in the phone settings; you need to enter the App to search for the connection.

1. Make sure your phone's operating system is iOS 8.0 & above or Android 4.4 & above
2. Turn off the phone's Bluetooth and then turn it on
3. Reboot the mobile phone and ensure that Bluetooth is on
4. Do not connect other Bluetooth devices at the same time
5. Put the device close to the phone. Make sure that the distance between the device and the phone is less than 50cm



6. If you have an Android phone, and you can't find the device in the App when trying to connect, please check whether the GloryFit App has been allowed in the App permissions on your Android phone.

## 2. Cannot synchronize data from the device to the App

When the APP and the device are connected, the APP will automatically synchronize the data. If you can't synchronize, please switch on Bluetooth or restart the phone, or you can quit APP completely and reopen it.

## Basic Specifications

Model No.: CAC-128

Battery Capacity: 105mAh

Sync: Bluetooth 5.0

Materials: PVC + TPU

Waterproof: IP67

Working Time: 6-8 days

## Caution



- do not charge if the device is wet
- the device is an electronic monitoring product and the data is for reference only, not for medical purposes
- the heart rate sensor is a highly sensitive component, be careful of hard objects causing damage
- it is recommended to charge the device in general USB charging ports or power banks

# WARRANTY

This product is warranted to be free from defects in materials and workmanship for a period of 1 year from date of purchase. This warranty covers manufacturing and mechanical defects but excludes band and lens damage.

[www.cactuswatches.com](http://www.cactuswatches.com)