

# User Manual

#### SOFTWARE COMPATIBILITY











Supports Bluetooth 4.0 & Above

www.cactuswatches.com

# Setting

Use JYouPro App on IOS or Android smart phone to set the MAJOR as follows:

Note: hardware and system of devices should meet the below requirements:







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iOS 8.0 & Above

Android 4.4 & Above

# 1. Download JYouPro App

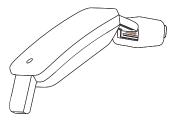
Search and download the JYouPro App from the Apple Store or Android App store

Scan the QR code below to download and install JYouPro



# 2. Charging your Device

Before using your CACTUS MAJOR ensure that it is fully charged.



Detach the complete strap from the device by peeling the strap carefully off the device head and place the end with the brass charging points directly into a USB port, facing down. An image of the battery charging will show momentarily on the device. Charge for at least 2-3 hours before first use. When fully charged, the device will show battery percentage as 100%.

You are now ready to wear the CACTUS MAJOR - adjust the length of the band and fasten the device around your wrist.

#### 3. How to Use

The activity tracker is a single touch device.

Power on: Long press the touch key to power on. The device will vibrate and display the main interface.

Tap to toggle the current page to the next page / move across the options on the current page.

Long press the touch key to enter or confirm an option.

Shut down: Tap the touch button repeatedly until you get to the (More) menu, long press the touch button to enter, tap until you get to Power Off, long press to shutdown the device.

# 4. Pairing your device

Make sure Bluetooth is **ON** in your smart phone, and open the JYouPro app on your smart phone.

When pairing for the first time, go to Device (on the App), and scan for the device. The App will auto search until it finds the device (pairing name is HOIC). Keep the device close to the phone, make sure that Bluetooth is on. Click on the searched device (HOIC) to connect.

Go to Me in the App and complete your personal details to calibrate the device - your gender, age, weight, height.

After successful pairing, the App will automatically save the Bluetooth address, and when the App is open or running in the background, it will automatically search and automatically connect to the device. Data synchronization will occur automatically from time to time

The MAJOR activity tracker saves 7 days of offline data. Please ensure that the App is opened so that synchronization of data can occur, and historical data can be viewed in the App.

Please do NOT directly search for the device in the Bluetooth list in your phone settings, when pairing. You need to enter the App to search for the connection and pair.

To change the time presentation from 12/24 hours, and to choose metric or imperial measurements, go to the App, go to Device, go to More Settings, and select your choice.

### 5. Major functions

- Steps daily step count, calculates distance, calories burned.
- Sleep monitor calculates time and quality of sleep (deep & light sleep)

· Heart rate & blood pressure

Heart rate measurement can be activated in the heart rate page on the device, or in the App.

Blood pressure measurement can be activated in the blood pressure page on the device, or in the App.

Blood oxygen measurement can be activated in the blood oxygen page on the device.

Automatic heart rate monitoring can be switched on in the App so that the device monitors heart rate all day automatically.

Please note that the MAJOR is not intended to be used for medical purposes, and is not a medical device.

- · Four sport modes: walking, running, cycling, hiking.
- Call management: incoming call notifications and caller
  ID optional when selected in the App and when the device is in Bluetooth distance from the paired phone.
- SMS & social media messages optional when selected in the App and the device is in Bluetooth distance from the paired phone.
- Stopwatch activated manually on the device
- Sedentary reminders, hydration reminders, medicine reminders & alarms – vibration alerts are optional when selected in the App and the device is in Bluetooth distance from the paired phone.
- Find my phone, Find my device, Remote camera shoot activation.
- IP67 waterproof for swimming
- Working time: 6-8 days Standby time: 15 days Charging time: 2 hours

# **Functions & Features**

# Time Display and Screen Display

 Long press the touch key to change screens and time display. 3 optional screens.







# **Today's Activity**







 The device records and displays the number of steps you walk every day, the amount of calories you burn, and the distance covered

### Sleep



 The device automatically measures sleep time and quality if worn during sleep.

#### Health



 Switch to the heart rate interface on the device to measure your current heart rate & wait 20 seconds for detection.



 Blood pressure - Switch to the blood pressure interface on the device to action blood pressure measurement & wait 20 seconds for detection.



 Blood oxygen - Switch to the blood oxygen interface on the device to action blood oxygen measurement & wait 20 seconds for detection.

### Sports



Training

- Long press the touch key to enter the Sports interface, and tap the key to switch to the selected mode of exercise.
- Long press on selected mode of exercise to begin exercise recording / Press to exit the current exercise mode.
- The sports page will display the last recorded exercise information

# Message



 The device displays and stores the last 7 messages (notifications) received by your phone. The stored messages will be iterated all the time, always showing the latest 7 messages.

### **System Settings**



More

- Tap the touch key to select options
- Press the touch key to set the current options





# Stopwatch



 Long press to enter, tap to activate, tap to stop. Long press to clear.

# **Common troubleshooting**

#### 1. Connection Considerations

Please ensure that the device is fully charged / full battery and powered on.

Please ensure that the device is scanned in the APP to connect, do not directly search for the connection to the device in the phone settings; you need to enter the App to search for the connection

- Make sure your phone's operating system is iOS 8.0 & above or Android 4.4 & above
- 2. Turn off the phone's Bluetooth and then turn it on
- 3. Reboot the mobile phone and ensure that Bluetooth is on
- 4. Do not connect other Bluetooth devices at the same time
- 5. Put the device close to the phone. Make sure that the distance between the device and the phone is less than 50cm
- If you have an Android phone, and you can't find the device in the App when trying to connect, please check whether the JYouPro App has been allowed in the App permissions on your Android phone.

# 2. Cannot synchronize data from the device to the App

When the APP and the device are connected, the APP will automatically synchronize the data. If you can't synchronize, please switch on Bluetooth or restart the phone, or you can guit APP completely and reopen it.

# **Basic Specifications**

Model No.: CAC-133 Battery Capacity: 90mAh Sync: Bluetooth 4.0 BLE Materials: PVC + TPU

Waterproof: IP67 Working Time: 6-8 days

# Caution



- · do not charge if the device is wet
- the device is an electronic monitoring product and the data is for reference only, not for medical purposes
- the heart rate sensor is a highly sensitive component, be careful of hard objects causing damage
- it is recommended to charge the device in general USB charging ports or power banks

# WARRANTY

This product is warranted to be free from defects in materials and workmanship for a period of 1 year from date of purchase. This warranty covers manufacturing and mechanical defects but excludes band and lens damage.

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