# REBUILD STRENGTH





#### Ingredients:

Milk protein concentrate, whey protein concentrate (from milk), fructose, sucrose, fat reduced cocoa powder, L-glutamine, whey protein isolate (from milk), maltodextrin, natural flavour, sodium chloride, acidity regulator (tripotassium citrate), calcium caseinate, medium chain triglycerides, L-leucine, sodium-L-ascorbate, L-isoleucine, L-valine, thickener (guar gum), ferric (III) pyrophosphate, DL-alpha tocopherol, nicotinamide, calcium-D-pantothenate, pyridoxin hydrochloride, thiamin hydrochloride, riboflavin, D-biotin, cyanocobalamin. Contains milk. May contain soy and egg.

For up-to-date ingredient list & nutritional values please refer to the label on the product.

### **Energy, Sports & Fitness**

## Recovery high protein drink for use after strength training.

### **KEY BENEFITS**

- For use after anaerobic exercise
- Contains 25g protein that contributes to the growth and maintenance of lean muscle mass, delivering protein to fatigued muscles
- Iron contributes to normal energy metabolism, the formation of red blood cells and oxygen transport in the body
- . No artificial colours, flavours or sweeteners
- Casein and whey proteins are both high quality dairy proteins and are recognised for their excellent amino acid content.

We guarantee that every product from every batch produced is screened for prohibited substances by an independent third party. For your assurance, products may be tracked using the batch number on the product and checked at www.koelnerliste.com

### WHO CAN BENEFIT FROM REBUILD STRENGTH?

- · Anyone who lifts weights at the gym
- CrossFit athlete after a workout
- Football player looking to build lean muscle
- · Anyone who needs high protein

### **USAGE**

Mix 5 level scoops (50g) to 250ml of water. Shake vigorously. Consume within 30 minutes following anaerobic activity.

This product should be used as part of a balanced and varied diet in line with a healthy lifestyle.

Your Herbalife Independent Distributor is:

