ensuring you are hydrated and ready to perform at your best. Hydrate contains less than 1 g of sugar and carbohydrate-metabolism supporting B Vitamins. When mixed with water, it's the perfect any-time hydration option.

Use HYDRATE to maintain proper fluid levels throughout the day.

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All HERBALIFE24 products are Prohibited Substance Tested to ensure your confidence in our product.

WHO NEEDS HYDRATE?

- Anyone who needs low-calorie hydration
- Athlete during intense training
- Anyone exercising before or after work
- Labourer throughout the day

HERBALIFE

BENEFITS

HYDRATE

• Hydration anytime, for anyone

Hydration is key for performance. Replenish your body with electrolytes to enhance fluid absorption,

- 100% RDA of the antioxidant vitamin C
- Contains the electrolytes sodium, calcium and magnesium for rapid body fluid restoration
- Low calorie and sugar free
- Source of energy supporting B vitamins including B1 and B12

You can customise daily product usage based on your specific performance and recovery needs.

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*Prepare and Restore currently in development.
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Nutrition for a better life.

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TRAINING **product**

Herbalife24

PRODUCT FACT SHEET

HYDRATE

SUPPORTS HYDRATION WITH ELECTROLYTES





