

Liquid Herbal Supplements

# **Product Catalog**

www.cedarbear.com

## ABOUT CEDAR BEAR®

Cedar Bear® has been a trusted herbal supplement manufacturer and seller for three decades! Founded by L. Carl Robinson, Formulary Clinical Herbalist & Jhoane Robinson, Herbalist and Writer, our focus has always been on supporting your health, kid's health, and pet's health through the most natural liquid herbal products made with the highest possible standards.

At Cedar Bear®, we make only natural products that are totally alcohol-free. We use the best herbs from all over the world that we can source for our natural remedies, with only the herb, purified water, and the highest grade of glycerin (Kosher and Halal certified, and GMO-Free) in them. Nothing else!

As a family owned small business with big capabilities, we've worked hard to always be true to our core values of Innovation, Integrity, and Inspiring, and to always keep the original small batch quality and effectiveness of our products as our company has grown.

Sales Office: 435-728-2147 Toll Free: 888-854-3727 www.cedarbear.com
Follow us on social media!







Cedar Bear cedarbearnaturales Cedar Bear Naturales Naturales















# Table of Contents

Formulas	3
Kid's Formulas	6
Pet's Formulas	9
Single Herbs	10
Iodine	14
Index	15

## Meet the Founders:

#### L. Carl Robinson Founder, CEO

Carl is a clinical & formulary herbalist and nutritional therapist with an ancillary interest in biological agriculture. He received a Master of Herbology in herbal pharmacognosy & pharmacology, which included studies in fluid preparations and formulations, from Emerson College (CND), and was the first non-doctoral individual inducted into the Intl. Society of Lymphology. Carl is the originator and developer of the TincTract<sup>®</sup> process for making totally alcohol-free liquid herbal and nutritional products, and was the lead developer of the Pureodine<sup>™</sup> process for making alcohol-free glycerite of mono-element triiodide of nascent iodine, another industry first. He was involved in the passage of State legislation that became the template for the Federal government's Dietary Supplements Health Education Act of 1994 (1994 D.S.H.E.A.).

#### Jhoane Robinson Co-Founder, President/COO

Jhoane is a traditional herbalist with over 25 years in herbal research and in writing about

herbs, natural health, and Cedar Bear®'s formulas and single herbs. Jhoane is also a certified meditation and yoga instructor, a professional actress and voice talent, and a professionally trained classical singer. In earlier years, she trained and showed Arabian horses throughout the Western United States and Canada, including the National Championships in both countries. Having a life-long autoimmune condition, Jhoane has used Cedar Bear® herbs to keep her health in balance for the last 20+ years. She has been Cedar Bear®'s "Mama Bear" from the beginning, and is also happily involved in organic gardening and healthful cooking.

Jhoane and Carl raised their blended family of 11 children with Cedar Bear®'s liquid herbs and use Cedar Bear® herbs on a daily basis, not only for themselves, but for their "fur kids", too.

In addition to overseeing Cedar Bear® and its wonderful growth, Carl and Jhoane are also busy developing Cedar Bear® Herb Farm, LLC and Oasis Gardens Learning Center, 501c-5.







#### Adrenal Balance

Adrenal Exhaustion, Stress, & Mental Focus.\*

INGREDIENTS: Astragalus Root, Wood Betony Herb, Ginkgo Leaf, Eleuthero Root, Gotu Kola Herb, Rhodiola Root, Licorice Root, Lavender Flower, Spearmint Leaf, and Passionflower Leaf.

## **Blood Sugar Support**

Supports Healthy Blood Sugar Levels.\* INGREDIENTS: Bitter Melon Fruit, Gymnema Leaf, Prickly Pear Herb, Cinnamon Bark, Fenugreek Seed, Chanca Piedra Herb, Asian Ginseng Root, Holy Basil Leaf, Milk Thistle Seed, Bilberry Fruit.

#### Brain Booster

Brain & Cardiovascular Revitalizer.\*
INGREDIENTS: Gotu Kola Herb, Ginkgo Leaf,
Hawthorn Berry, Feverfew Herb, Alfalfa Leaf, St.
John's Wort Herb, Ashwagandha Root, Green Tea Leaf,
Turmeric Root, Rosemary Leaf, Milk Thistle Seed,
Ginger Root, Cayenne Pepper.

## Echinacea Super Immune

Activating Immune Support.\*

INGREDIENTS: Echinacea Purpurea Root, Echinacea Angustifolia Root, Oregon Grape Root, Goldenseal Root, Astragalus Root, Lomatium Root, Usnea Lichen.

## Energy & Stamina

Energy & Endurance Building Herbal Formula.\*

INGREDIENTS: Gotu Kola Herb, Ginkgo Leaf, Guarana Seed, Ashwagandha Root, Yerba Mate' Leaf, Hawthorn Leaf, Green Tea Leaf, Eleuthero Root, Bupleurum Root, Tongkat Ali Root.

## Ginseng Vitality

Builds Energy, Vitality & Immune Health.\*

INGREDIENTS: Asian Ginseng Root, American Ginseng Root, Ashwagandha Root, Eleuthero Root, Maca Root.

## Herbal Detox

Deep Tissue & Liver Cleanser.\*

INGREDIENTS: Sarsaparilla Root, Elder Berry, Chicory Root, Lemon Peel, Milk Thistle Seed, Sweet Goldenrod Herb, Black Walnut Hull, Burdock Root, Sage Leaf, Yellow Dock Root, Yarrow Leaf/Flower, Chaparral Leaf/ Stem, Usnea Lichen, Goldenseal Root.

#### Herbal Minerals

Essential Nutrients to Build Healthy Bodies.\*

INGREDIENTS: Alfalfa Leaf, Stinging Nettle Leaf, Heal All Herb, Horsetail Herb, Raspberry Leaf, Basil Leaf, Yarrow Leaf/Flower, Peppermint Leaf, Chamomile Flower, Dill Herb.



#### **Intestinal Cleanse**

Clears & Protects Your Intestinal Tract.\*

INGREDIENTS: Black Walnut Hull, Orange Peel, Lavender Flower, European Pennyroyal Herb, Clove Bud, Gentian Root, Wormwood Leaf/Stem, Tansy Herb.

#### Kava Calm

Calming Nerve & Muscle Relaxer.\*

INGREDIENTS: Kava Kava Root, California Poppy Flower, Hops Flower, Skullcap Herb, Passionflower Leaf, Schisandra Berry, Anise Seed, Licorice Root.

## Kidney & Bladder

Soothes Kidneys & Urinary System.\*

INGREDIENTS: Juniper Berry, Cleavers Leaf/Stem, Dandelion Leaf, Cornsilk, Hawthorn Leaf, Horsetail Herb, Chanca Piedra Herb, Uvi Ursi.

## Kidney Clear

Supports Clear Kidney & Bladder Function.\*

INGREDIENTS: Chanca Piedra Herb, Burdock Root, Horsetail Herb, Hydrangea Root, Marshmallow Root, Goldenrod Herb, Couch Grass Rhizome, Horse Chestnut.

#### Liver Build

Protects, Soothes & Builds Liver Tissues.\* INGREDIENTS: Milk Thistle Seed, Schisandra Berry,

INGREDIENTS: Milk Thistle Seed, Schisandra Berry, Calendula Flower, Reishi Mushroom, Usnea Lichen.

## Lymphatic Cleanse

Supports Healthy Lymphatic & Immune Function.\*

INGREDIENTS: Red Root Bark, Echinacea Purpurea root, Elder Berry, Plantain Leaf, Graviola Leaf, Blue Vervain Herb, Yarrow Leaf/Flower, Myrrh Oleo-Gum-Resin, Thyme Leaf.

## Magnificent Mushrooms

Immune Function & Health

Strengthener.\*

INGREDIENTS: Agaricus Blazei Mushroom, Maitake Mushroom, Reishi Mushroom, Shiitake Mushroom, Lion's Mane Mushroom, Turkey Tail Mushroom.

## Respir Dry

Dries, Cools & Soothes Respiratory Tissues.\*

INGREDIENTS: Wild Black Cherry Bark, White Pine Bark, Spikenard Root, Elecampane Root, Elderberry, Licorice Root, Chinese Cassia Cinnamon Bark.





#### Respir Moisten

Soothes & Hydrates Dry, Irritated Respiratory Tissues.\*

INGREDIENTS: Mullein Leaf, Marshmallow Root, Angelica Root, Elderberry, Orange Peel, Calendula Flower.

#### Revive-Her-Drive<sup>TM</sup>

Vital Energy & Sexual Health Builder.\*

INGREDIENTS: Dong Quai Root, Muira Puama Bark, Catuaba Bark, Prickly Ash Bark, Stinging Nettle Leaf, Ginkgo Leaf, Epimedium Leaf, Guarana Seed, Chaste Tree Berry, Cacao Nibs, Maca Root, French Rose Flower, Black Cohosh Root, Motherwort Leaf/Flower.

#### Revive-His-Drive<sup>™</sup>

Mojo Energy & Sexual Health Builder.\* INGREDIENTS: Yohimbe Bark, Epimedium Leaf, Muira Puama Bark, Catuaba Bark, Guarana Seed, Prickly Ash Bark, Stinging Nettle Leaf, Ginkgo Leaf, Maca Root, Tongkat Ali.

## Sinus Thyme

Helps Clear Sinuses Fast!.\*

INGREDIENTS: Fenugreek Seed, Astragalus Root, Thyme Leaf, Schisandra Berry, Bayberry Root Bark.

## Stomach Settler with Ginger

Settles Queasy & Upset Stomachs.\*

INGREDIENTS: Catnip Leaf/Stem, Ginger Root, Fennel Seed, Meadowsweet Leaf, Peppermint Leaf.

## Thyro Boost

Activates & Builds the Thyroid.\*

INGREDIENTS: Stinging Nettle Leaf, Horsetail Herb, Kelp Thallus, Bladderwrack Thallus, Irish Moss Thallus, Dulse Thallus, Fenugreek Seed, Black Walnut Hull, Sage Leaf.

## Thyro Calm

Calms Overactive Thyroid &

Metabolism.\*

INGREDIENTS: Bugleweed Leaf, Lemon Balm Leaf, Bupleurum Root, Motherwort Leaf/Stem, Passionflower Leaf, Milk Thistle Seed, Hawthorn Berry, Thyme Leaf.

## Turmeric Golden Drops

Antioxidant Spices to Protect Overall Health.\*

INGREDIENTS: Turmeric Root, Black Pepper Seed, Cinnamon (Cassia) Bark, Ginger Root, Rosemary Leaf, Sage Leaf.

#### Uri-Lixir<sup>TM</sup>

Supports Urinary Health & Fluid Dynamics.\*

INGREDIENTS: Tart Cherry Fruit, Devil's Claw Root, Celery Seed, Chanca Piedra Herb, White Willow Bark, Stinging Nettle Leaf, Turmeric Root, Burdock Root, Black Peppercorn, Marshmallow Root, Ginger Root.

## Women's Daily

Female Reproductive Health Support.\*

INGREDIENTS: Raspberry Leaf, Stinging Nettle Leaf, Eleuthero Root, Alfalfa Leaf, Blessed Thistle Herb, Dong Quai Root, Licorice Root, Meadowsweet Leaf, French Rose Flower, Black Cohosh Root, Chaste Tree Berry, Wild Bergamot Bee Balm Herb, Kelp Thallus, Cramp Bark, Lavender Flower, Gelsemium Root, Blue Vervain Herb.







## Brainy and Bright

Helps with Focus, Stress, Calming.\*
INGREDIENTS: Astragalus Root, Wood Betony Herb,
Ginkgo Biloba Leaf, Eleuthero Root, Gotu Kola Herb,
Rhodiola Rosea Root, Licorice Root, Lavender Flower,

Spearmint Leaf, Passionflower Leaf.

## Chamomile Calmer

Soothes Nerves, Tummies, Helps Restful Sleep.\*

INGREDIENTS: Chamomile Flower, Catnip Leaf/Stem, Passionflower Leaf, Spearmint Leaf, Horsetail Herb, Hops Flower, French Rose Flower.





# Just Breathe!

## Respir Dry

Dries Wet, Gunky Coughs & Runny Noses.\*

INGREDIENTS: Wild Cherry Bark, White Pine Bark, Spikenard Root, Elecampane Root, Elderberry, Licorice Root, Cinnamon Bark.

#### Respir Moisten

Soothes & Hydrates Dry, Irritated Respiratory Tissues.\*

INGREDIENTS: Mullein Leaf, Marshmallow Root, Angelica Root, Elderberry, Orange Peel, Calendula Flower.





## Love Yer Guts!

#### Gut Flora Friend

Gut Flora Cleanser & Immune Stimulator.\*

INGREDIENTS: Pau d'Arco Bark, Echinacea Angustifolia Root, Usnea Lichen, Reishi Mushroom, Thyme Leaf.

#### Herbal Detox

Gentle Deep Detox Herbal Formula.\*

INGREDIENTS: Sarsaparilla Root, Elderberry, Chicory Root, Lemon Peel, Milk Thistle Seed, Sweet Goldenrod Herb, Black Walnut Hull, Burdock Root, Sage Leaf, Yellow Dock Root, Yarrow Leaf/Flower, Chaparral Leaf/ Stem, Usnea Lichen, Goldenseal Root.

#### **Intestinal Cleanse**

Protects & Clears Kids' Intestinal Tracts.\*
INGREDIENTS: Black Walnut Hull, Orange Peel,
Lavender Flower, European Pennyroyal Herb, Clove Bud,
Gentian Root, Wormwood Leaf/Stem, Tansy Herb.

## **Queasy Ease**

Soothes Upset, Queasy Tummies Fast!\* INGREDIENTS: Ginger Root, Peppermint Leaf, Fennel Seed, Catnip Leaf/Stem, Meadowsweet Leaf.



## Put Up Yer Dukes!

#### Immune Blast Off!

Immune System Activator Especially for Kids.\*

INGREDIENTS: Echinacea Purpurea Root, Oregon Grape Root, Black Walnut Hull, Lemon Peel, Thyme Leaf.

## Kidney Kool

Soothing Support for Kidneys & Bladders.\*

INGREDIENTS: Juniper Berry, Cleavers Leaf/Stem, Dandelion Leaf, Uva Ursi Leaf, Cornsilk, Chanca Piedra Herb, Hawthorn Leaf, Horsetail Herb.

## Lymphatic Cleanse

Supports Healthy Lymphatic & Immune Function.\*

INGREDIENTS: Red Root Bark, Echinacea Purpurea Root, Elderberry, Plantain Leaf, Graviola Leaf, Blue Vervain Herb, Yarrow Leaf/Flower, Myrrh Oleo-Gum-Resin, Thyme Leaf.





## Herbal Minerals

Essential Nutrients to Build Healthy Bodies.\*

INGREDIENTS: Alfalfa Leaf, Stinging Nettle Leaf, Heal All Herb, Horsetail Herb, Raspberry Leaf, Basil Leaf, Yarrow Leaf/Flower, Peppermint Leaf, Chamomile Flower, Dill Herb.





#### Calm Down!

Soothes Nerves, Calms Overactive Behavior.\*

INGREDIENTS: English Lavender Flower, Passionflower Leaf, Chamomile Flower, Skullcap Herb, Hops Strobile, Valerian Root.

#### Coat Care

Builds Healthy Coats from Inside Out.\* INGREDIENTS: Burdock Root, Dandelion Root, Sarsaparilla Root, Beet Root, Calendula Flower, Oregon Grape Root, Anise Seed, Lemon Peel.

## Daily Needs

Maximum Health Builder

INGREDIENTS: Alfalfa Leaf, Oatstraw, Stinging Nettle Leaf, Horsetail Herb, Raspberry Leaf, Yarrow Leaf/ Flower, Chamomile Flower, Peppermint Leaf, Dill Herb.

#### **Intestinal Cleanse**

Intestinal Tract Clearing Support.\*
INGREDIENTS: Black Walnut Hull, Orange Peel,
Lavender Flower, European Pennyroyal Herb, Clove Bud,
Gentian Root, Wormwood Leaf/Stem, Tansy Herb.

## Joyful Joints

Supports Healthy Joints & Reduces Discomfort.\*

INGREDIENTS: Alfalfa Leaf, Cornsilk, Stinging Nettle Leaf, Devil's Claw Root, Horsetail Herb, Fenugreek Seed, Yucca Root, Black Walnut Hull.

### Queasy Ease

Soothes Sensitive & Upset Tummies.\* INGREDIENTS: Ginger Root, Peppermint Leaf, Fennel Seed.









## Astragalus Root

Astragalus membranaceus

Deep Immune, Energy & Stress Support.\*

## Ashwagandha Root

Withania somnifera

Energy, Vitality, & Stress Support.\*

#### **Black Cohosh Root**

Cimicifuga racemosa

Women's Reproductive System Restorer

#### Black Walnut Hull

Juglans nigra

Cleansing, Detoxing, Digestive Support.\*

#### **Burdock Root**

Arctium lappa

Digestive, Lymphatic & Liver Cleansing.\*

## California Poppy Herb

Arctium lappa

Nerve Calmer, Sleep & Stress Support.\*

#### Cat's Claw Bark

Uncaria tomentosa

Joint, Digestive, & Immune Support.\*

## Cayenne Pepper

Capsicum annuum

Circulation, Digestion & Immune Support.\*

#### Chanca Piedra Herb

Phyllanthus niruri

Helps Clear Kidneys & Gallbladder.\*

## Chaparral Leaf

Larrea Îridentata

Blood & Liver Cleanser, Digestive Support.\*

## Chaste Tree Berry

Vitex agnus castus

Female Hormonal Support.\*

## Cramp Bark

Viburnum opulus

Relaxes Muscle Spasms & Calms Nerves.\*

## Damiana Leaf

Turnera diffusa

Restorative, Sexual Energizer, & Stress Reducer.\*

#### **Dandelion Root**

Taraxacum officinale

Liver & Digestive Building, Cleansing Support.\*

## Echinacea Angustifolia Root

Echinacea angustifolia

Activating Immune Support.\*

## Elderberry

Sambucus spp.

Immune & Health Building Support.\*

## Ginger Root

Zingiber officinale

Reduces Nausea & Supports Immune Function.\*

## Ginkgo Leaf

Ginkgo biloba

Brain & Circulatory Support, Anti-Aging Antioxidants.\*

## Ginseng Root, Asian

Panax ginseng

Enhances Physical & Mental Vitality.\*

## Goji Berry

Lycium spp.

Antioxidant Superfruit Health Builder.\*

#### Goldenseal Root

Hydrastis candensis

Benefits Immune, Respiratory, Digestive & Urinary Health.\*

## Hawthorn Berry

Crataegus spp.

The Heart & Cardiovascular Strengthener.\*

## Heal All Leaf/Flower

Prunella vulgaris

Supports Almost All Health Needs.\*



## Holy Basil Leaf

Ocimum spp.

Stress Reducing Adaptogen & Health Balancer.\*

#### Kava Kava Root

Piper methysticum

Relaxes Muscles & Nerves, Supports Restful Sleep.\*

#### Lemon Balm Leaf

Melissa officinalis

Soothes Body, Nerves & Overactive Thyroid.\*

#### Licorice Root

Glycyrrhiza spp.

Soothing, Harmonizing & Health Building.\*

#### Lion's Mane Mushroom

Hericium erinaceus

Brain, Nervous System & Immune Support.\*

#### Lobelia Herb

Lobelia inflata

Strong Acting Respiratory Support.\*

#### Maca Root

Lepidium mayenii

Energy, Stress & Healthy Libido Support.\*

#### Marshmallow Root

Althea officinales

Moistens, Soothes Digestive & Respiratory Tissues.\*

## Milk Thistle Seed

Silybum marianum

Protects & Builds Healthy Liver Tissues.\*

#### Motherwort Herb

Leonurus spp.

Heart, Nerve, & Women's Menstrual Support.\*

#### Mullein Leaf

Verbascum spp.

Moistens & Soothes Irritated Respiratory Tissues.\*

#### Olive Leaf

Olea europaea

Antioxidant Protection for Immune & Heart Health.\*

## Oregano Leaf

Origanum vulgare

Immune, Respiratory, & Gastrointestinal Support.\*

#### Passionflower Leaf

Passiflora incarnata

Stress, Nervous System, & Sleep Support.\*

#### Red Clover Flower

Trifolium pratense

Blood & Lymphatic Cleansing, Respiratory Clearing.\*

## Red Raspberry Leaf

Rubus idaeus

Health Builder, Reproductive System Toner.\*

#### Rhodiola Root

Rhodiola rosea

Energizing Adaptogen, Enhances Health & Vitality.\*

## Schisandra Berry

Schisandra chinensis

Health, Longevity, & Vitality Builder.\*

## St. John's Wort Herb

Hypericum perforatum

Helps Lift Seasonal "Blue" Moods.\*

## Stinging Nettle Leaf

Urtica dioica

Urinary, Discomfort, & Seasonal Respiratory Support.\*

## Tongkat Ali Root

Eurycoma longifolia

Supports Testosterone, Physical Strength & More!\*

#### Turmeric Root

Curcum longa

Total Health Support.\*

#### Uva Ursi Leaf

Arctostaphylos uva ursi

Supports Healthy Urinary & Kidney Function.\*

#### Valerian Root

Valeriana spp.

Nervous System, Muscle Relaxant & Sleep Support.\*

## White Willow Bark

Salix alba

Temporary Relief for Minor Aches & Pains.\*

## Wormwood Leaf/Stem

Artemisia absinthium

Digestion, Gut Flora, & Intestinal Support.\*





Essential for Thyroid, Immune Function, & Overall Health

Iodine is essential for thyroid health and metabolism. Without it, the thyroid gland cannot produce thyroid hormones that are foundational to overall health. Iodine also benefits energy levels, cellular health, cardiovascular health, immune function, healthy skin, and benefits young bodies in developing and growing both before and after birth. Iodine has an important role in heart, liver, breast and prostate health, and so much more. In fact, every cell in every body needs iodine!

While iodine is an essential mineral for our health, our bodies cannot make it. The only way we can get iodine into our bodies is through our diet and through supplementation. Supplementing your diet daily with the right kind of iodine supports not only your thyroid, but also helps with all aspects of health. If you are experiencing low or fluctuating moods, difficulty losing weight, low energy, brain fog, dry skin, feel sensitive to cold, or have cold hands and feet, you may benefit from supplementing your diet with Cedar Bear®'s liquid Nascent Iodine.

Iodine supplementing is recommended for all people of all ages and is especially important while preparing for and during pregnancy and nursing, and for infants and young children. Cedar Bear®'s liquid Nascent Iodine is a mono-element triiodide of iodine and does not contain other reduced mineral salts like potassium, sodium, calcium, etc. Cedar Bear®'s liquid Nascent Iodine is made with glycerin from natural deep earth sourced iodine, and is gentle, non-toxic, and a wonderful addition to your daily health support and for all members of your family, including your pets.

# Index

Formulas
Adrenal Balance
Women's Daily5 Iodine14
Kid's Formulas Chillax!
Brainy and Bright
Just Breathe!  Respir Dry6  Respir Moisten6  Love Yer Guts!
Gut Flora Friend

Put Op fer Dukes!	
Immune Blast Off!	7
Kidney Kool	7
Lymphatic Cleanse	
Lymphatic Greatise	
Pet's Formulas	
Calm Down!	
Coat Care	
Daily Needs	9
Intestinal Cleanse	9
Joyful Joints	9
Queasy Ease	9
·	
Single Herbs	
Ashwagandha Root	10
Astragalus Root	
Black Cohosh Root	
Black Walnut Hull	
Burdock Root	
California Poppy Herb	
Cat's Claw Bark	
Cayenne Pepper	
Chanca Piedra Herb	
Chaparral Leaf	
Chaste Tree Berry	
Cramp Bark	. 10
Damiana Leaf	
Dandelion Root	
Echinacea Angustifolia Root	. 11
Elderberry	. 11
Ginger Root	. 11
Ginkgo Leaf	. 11
Ginseng Root, Asian	
Goji Berry	
Goldenseal Root	
Hawthorn Berry	
Heal All Leaf/Flower	
Holy Basil Leaf	
Kava Kava Root	
Lemon Balm Leaf	
Licorice Root	
Lion's Mane Mushroom	
Lobelia Herb	
Maca Root	
Marshmallow Root	
Milk Thistle Seed	
Motherwort Herb	
Mullein Leaf	
Olive Leaf	. 12

Oregano Leaf ......12

Passionflower Leaf 12
Red Clover Flower13
Red Raspberry Leaf13
Rhodiola Root13
Schisandra Berry13
Stinging Nettle Leaf 13
St. John's Wort Herb13
Tongkat Ali Root13
Turmeric Root13
Uva Ursi Leaf13
Valerian Root13
White Willow Bark 13
Wormwood Leaf/Stem 13





www.cedarbear.com