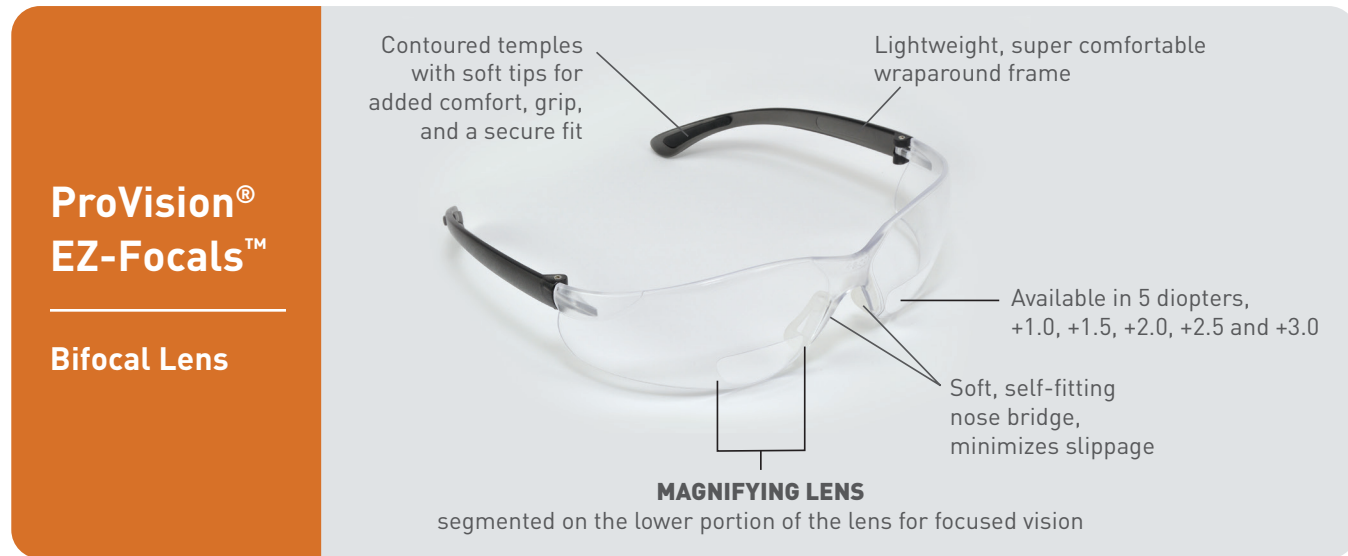


Strength Guide: What Bifocal Diopter Should You Choose?



- 1 Hold the guide 14" away from your face without glasses on.
- 2 Read the chart below starting from the top row.
- 3 Continue reading each line until you can clearly read the sentence.
- 4 When you reach a line you can clearly read, choose the diopter identified in the same row.

If you can read this, choose this diopter: **+1.0**

If you can read this, choose this diopter: **+1.5**

If you can read this, choose this diopter: **+2.0**

If you can read this, choose this diopter: **+2.5**

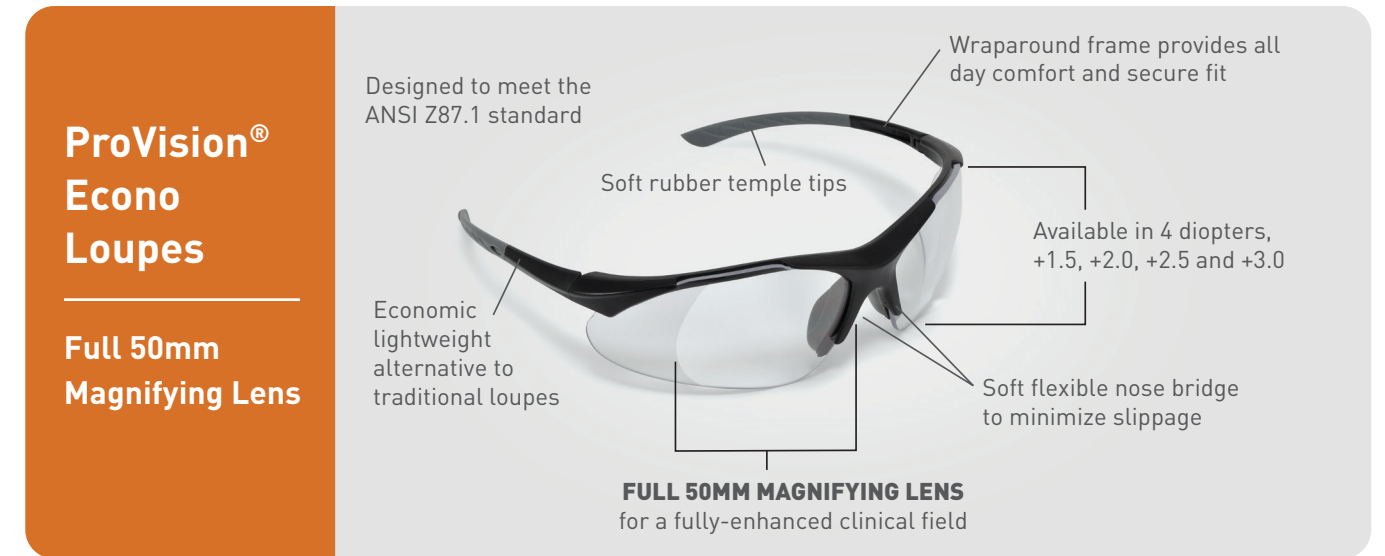
If you can read this, choose this diopter: **+3.0**

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Strength Guide: What Magnifying Diopter Should You Choose?



- 1 Hold the guide 14" away from your face without glasses on.
- 2 Read the chart below starting from the top row.
- 3 Continue reading each line until you can clearly read the sentence.
- 4 When you reach a line you can clearly read, choose the diopter identified in the same row.

If you can read this, choose this diopter: **+1.5**

If you can read this, choose this diopter: **+2.0**

If you can read this, choose this diopter: **+2.5**

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