

Official Self Care Club Therapist Referrals

www.psychologytoday.com - local therapist finder

www.emdrkc.com - local EMDR therapist finder

You are not alone. Confidential help is available for free 24 hours every day.

Call [1-800-273-8255](tel:1-800-273-8255) - [National Suicide Prevention Lifeline](http://www.national suicide prevention lifeline.org)

Overland Park

Katie Holtz, LCMFT
8575 w. 110th st. # 225
Overland Park, KS 66210
(620) 474-9203

www.sanakc.com

Addiction, co-occurring disorders (16+)

Cost: \$80-\$110/session

Lenexa

Rachael Brown, MA, LPC
Clinical Associates
8629 Bluejacket
(913) 677-3553

DBT/EMDR, trauma

Cost: \$50/session (sliding fee scale)*

Erin Kincannon

Clinical Associates
8629 Bluejacket
(913) 677-3553

Adolescents, teens,

Cost: \$65-85 (sliding fee scale)*

Joe Wilner, LCP

Clinical Associates
8629 Bluejacket
(913) 677-3553

www.joewilner.com

Adolescents, anxiety, mood disorders, life coaching

Cost: \$70-100/session (sliding fee scale)*

Mobile

Roy M. White II, LCMFT
(913) 735-4638

1rmwii@gmail.com

Couples and teens

Cost: \$65/session (sliding fee scale)*

Prairie Village

Dr. Tracy Daniel, PhD, RYT-200
Mindful Child Wellness
8016 State Line Rd. #206
Leawood, Kansas 66208

Child psychologist, kids yoga, aerial yoga, mindfulness

Cost: \$55-110/session

Resolve Counseling

8340 Mission Rd #230
Prairie Village, KS 66206
(913) 246-5915

Interns at Resolve Counseling

Mild-Moderate depression, anxiety, accountability

Cost: \$30-50/session (sliding fee scale)*

Katrina Stoddard, LCMFT

(816) 287-0121
katrina.resolve@gmail.com
Trauma/EMDR, Couples, Children

Cost: \$100/session

James McMillian, LCPC

(913) 583-0116
james@kcresolve.com
Trauma/EMDR, Grief/Loss, Couples

Cost: \$125/session

Kristin Fuciu, LCPC

(913) 565-2371
kristin@kcresolve.com
Trauma/EMDR, Grief/Loss, Couples

Cost: \$125/session

Blue Springs

Rachael Brown, MA, LPC
1942 NW Copper Oaks Circle
(816) 945-2448

DBT/EMDR, trauma

Cost: \$50/session (sliding fee scale)*