

# Become a member today

Please complete and return this form in the Freepost envelope provided

**DIABETES UK**  
KNOW DIABETES. FIGHT DIABETES.

## Keeping in touch

Title: Forename: Surname:

Address:

Town: County: Postcode:

Email: Phone:

We'll stay in touch with you by post and phone, but we'll only send you emails if you want to receive them. This includes the monthly membership email as well as carefully selected updates on research breakthroughs, campaign wins and how you can help us by donating and volunteering. It helps us to keep our costs down if we can email you but it's **entirely your choice**.

Please tick the box to tell us you are happy to receive emails

Date of Birth:  (Please supply your age to confirm you are over 18 years old).

## What is your connection to diabetes?

Do you consider yourself to be newly diagnosed with diabetes?

Yes  No

What type of diabetes do you live with?

Type 1  Type 2  Another type of diabetes  I'd rather not say  I don't have diabetes

If you don't have diabetes, does someone close to you have a connection with diabetes?

Child  Friend  Relative  Other

It's really important to us that we provide you with the best support possible and send you the most relevant information. To do this, we sometimes need to ask for information like your connection to diabetes. By sharing the information below, we'll be able to send you more tailored information when we get in touch and improve the service we offer to you and every person affected by diabetes.

Please tick the box to tell us you are happy for us to use this information

## Tell us about your interests

We will send you a monthly email with information and articles that are relevant to you and your relationship with diabetes.

Food and recipes  Moving more  Treatments  Technology  Testing  
 Complications  Research  Campaigns  Volunteering  Fundraising  I'd rather not say

## Which FREE guide would you like?

Get your in-depth guide covering treatment, care, healthy living and more. **Select one option.**

Everyday life with Type 1 diabetes  Everyday life with Type 2 diabetes  A parent's guide to Type 1 diabetes  
 Everyday life with gestational diabetes  Enjoy Food guide

Four times a year you'll receive our members' magazine, Balance. If you would like to receive it in an additional format, **please select one option:**  Large Print  Audio

## Did you know you can make your membership go even further?

For every £1 given, we claim an additional 25p from HM Revenue & Customs at no extra cost to you.

I am a UK taxpayer and want Diabetes UK to treat the donations I have made in the past four years and all future donations as Gift Aid donations.

- I understand that my donations are eligible for the scheme if I pay enough UK Income, Capital Gains Tax or both, to cover the amount of tax that all charities I donate to will reclaim in that tax year.
- If I pay less it is my responsibility to pay back the difference.
- Please tell us if you change your name, address or no longer pay enough tax.

Today's date   /   /

*giftaid it*

