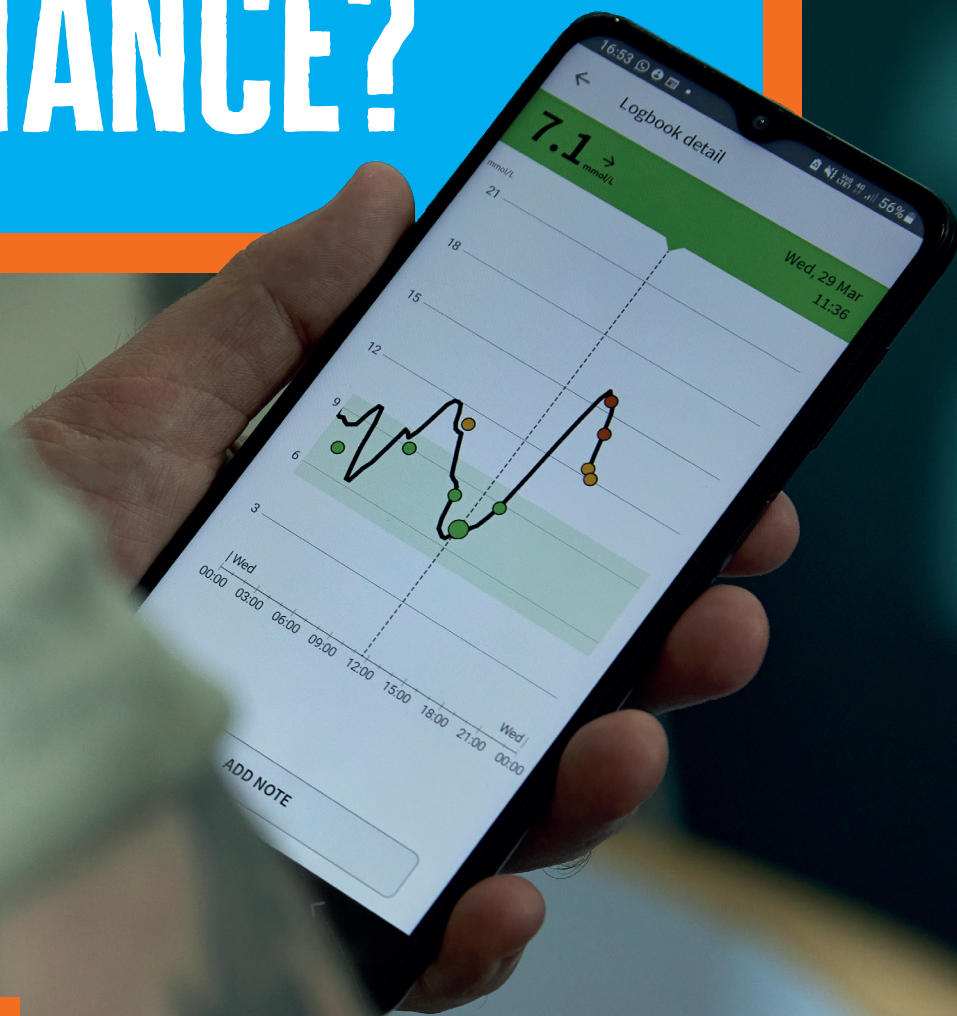


WHAT IS INSULIN RESISTANCE?



Scan the QR code to learn more about the signs, causes and risks of insulin resistance

Insulin resistance means your body doesn't respond to insulin as expected.

It can cause your blood sugars to be too high and over time lead to complications.

DIABETES UK
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