


YOUR DIABETES CHECK-UPS MATTER



When you have diabetes, you need regular health checks to tell you and your healthcare team how diabetes is affecting your body.

These vital tests can spot changes to your average blood sugar levels, kidneys, heart, eyes and feet. And the results help you make decisions on how to manage your condition.

To find out more call our helpline on 0345 123 2399 or go to diabetes.org.uk/health-checks

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.