



**TAKING
CONTROL**

**“ I felt in control of my
diabetes for the first
time in 10 years. ”**

Andy, living with Type 1 diabetes

Taking control of your diabetes is easier when you have been on a diabetes education course. Ask your healthcare team today for more information about diabetes education and support.

Find out more:

0345 123 2399*

www.diabetes.org.uk/taking-control

DiABETES UK

*Calls may be recorded for quality and training purposes.

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