

#### **TARGET USERS:**

- Patients with humerus and scapula problems
- People who want to correct posture
- Hunchback
- Patients with shoulder pain

#### WARNING: 1

- Not recommended wear back brace when sleeping
- Do not over-tighten to avoid disturbing blood circulation
- Please talk to your doctor if any below situations happen: disturbance of blood circulation, severe spinal imbalance, **External injury**
- If you should be uncertain difficulties, please consult with your doctor

#### **RISK OF SKIN ALLERGIES:**

- Please wear this product outside the clothes to avoid contact with skin directly

#### CLEANING AND MAINTENANCE:

- Support hand-wash and machine-wash. Do not mix and clean with other clothing

#### **AFTER-SALE SERVICE:**

- Unigear supports 60-day refund and 6-month replacement quarantee for the back brace posture corrector. If any problems with the product you receive or any quality problems within the warranty period, please contact support@unigearshop.com in time, we will reply and solve your problem within 24 hrs

# **USER MANUAL**

Read this user manual carefully before you use the Back Brace and save it for future reference.

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## **OVERVIEW**

# **FEATURES:**

1.ADJUSTABLE SHOULDER STRAPS
2.MAIN ELASTIC BELT
3.PRESSURE STRAP
4.BACK SUPPORT ZONE





Fix the pressure straps in place.



Pull the main Elastic Belt down and place in suitable position.

## **HOW TO USE**



Put on back brace and adjust the main elastic belt.



Tighten the pressure straps to comfortable position.



Adjust shoulder straps to pull shoulders back into alignment



Wear it loose at first and increase tightness over time 15-20 min, increase slowly

If you want to better understand how to use the back brace, pls search Unigear Back Brace Posture Corrector on Youtube.