



Members Save 10%



Ever Wondered Why Low-Fat Diets Don't Work?

Tomorrow, you're invited to be my guest for a LIVE event where I will reveal how to USE fat to get RID of fat. If you can't be there at our 8 am Pacific start time, don't worry! All my events will be available to watch anytime during the duration of this 17-Day Double Feature.

For a full itinerary of my October Double Feature events, [click here](#). If you haven't requested to join our [private Facebook page](#), do that now so you don't miss any more LIVE or Interactive events.

Grab your shaker bottle and get some veggies ready to nosh!

You'll have some time on your hands for the next few days, not having to worry about meal prep. What better time to purge toxins from your home? We want to reduce our toxic exposures by ditching toxic products like toxic cleansers and room sprays, and replacing them with gentler alternatives. Your liver is involved in immune function, and we don't want it bogged down with processing household toxins.

You can also declutter your house and your mind. Maybe this is the time to try yoga, meditation, or start a journal! Whatever you can do to start living a cleaner life—mind, body and environment—will keep you on a productive track as you move forward.

Mealtimes are a breeze in this phase. Just sip my nutrient-dense Cleanse Shake—with unlimited approved veggies in between. This is an amazingly

convenient way to give your body the tools to reverse things that have gone haywire over the years.

Have you taken the opportunity to share your thoughts and progress on my [Double Feature private facebook page](#)? Now's the perfect time to use this supportive tool!

“The best preparation for tomorrow is doing your best today.”

—H. Jackson Brown, Jr.

TOMORROW AT A GLANCE

5 Shakes, unlimited veggies

TIP OF THE DAY

Did you know that toxic chemicals found in plastic bottles can increase breast cancer risks? High levels of BPA toxins were found in 93% of random urine samples in recent testing. Always choose BPA-free bottles. The good news is that my shaker bottle is BPA-free, so you can shake to your heart's content without adding any chemicals residues to your body.

METABOLISM FACT

Since 1950, at least 70,000 new chemical compounds were invented and dispersed into our environment. By doing this Cleanse, you are helping your body purge toxins. Congratulations!

Keep up the great work! The results will be well worth your effort.

In good health,



We are committed to making health improvement as affordable and available as possible during these trying times. Our selection of weekly deals features rotating savings on some of our most popular items. Please view these money saving opportunities here

CHECK OUR WEEKLY DEALS



Haylie Pomroy is a #1 New York Times bestselling author, leading health and wellness entrepreneur, celebrity nutritionist, and motivational speaker whose "Food is Medicine" philosophy resonates deeply with her fans. Her community includes real people who have lost millions of pounds and gained immeasurable energy and health.

WHAT TO EXPECT



Food Based Programs

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Raising the bar for great recipe. Eat while staying fit.

GOT QUESTIONS? CONTACT US OR VISIT OUR WEBSITE



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