

Three Pleat Face Mask

Double Layer with Opening for Filter Insert

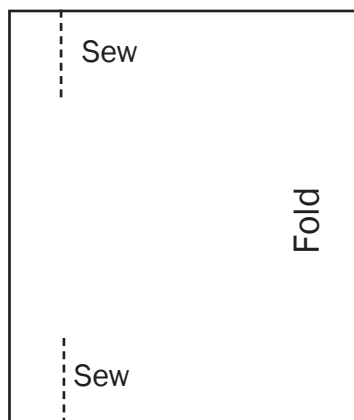
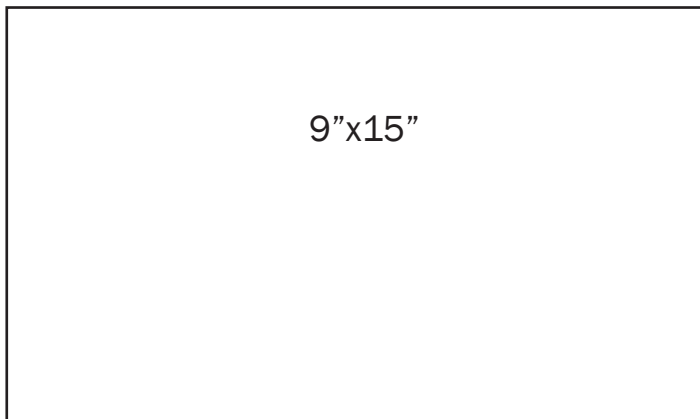


Supplies:

- Fabric 9"x15"
- End casing (2) 2½"x5"
- Metal nose piece—twist tie or pipe cleaner; about 2" (optional)
- Elastic—¼"x9" (or smaller width elastic)
- OnPoint-TV YouTube: Making a Face Mask (<https://youtu.be/M3Dm1NKoqfA>)

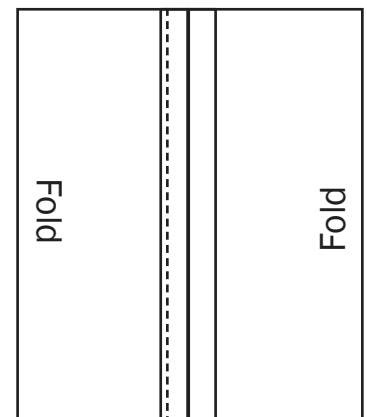
Instructions:

1. Cut fabric 9"x15".

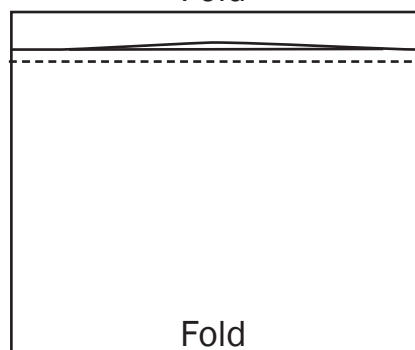


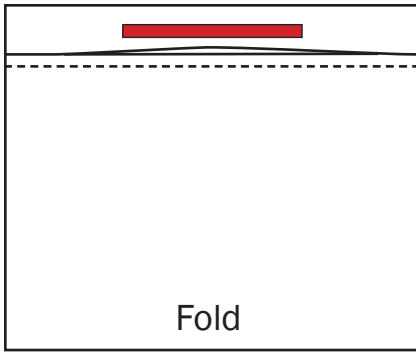
2. Fold in half to leave an opening to insert a filter. Sew 1½" seam on raw edge at top and bottom.

3. Roll the seam to the center and press open. Use a little spray sizing if you have it. Top stitch down one side making sure the fabric underneath is out of the way. Turn right side out.



4. Press so the seam is a ½" from fold.

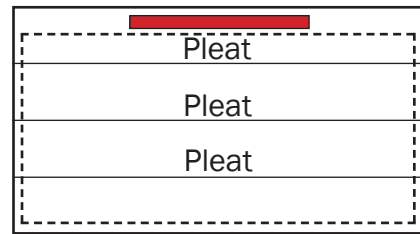




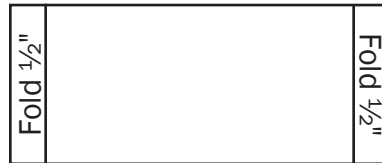
5. Insert metal nose piece into seam that is not stitched down.
6. Top stitch completely around securing edges and metal nose piece.



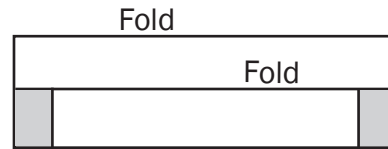
7. Create three pleats around 1½" facing down from the nose piece; pressing each pleat as you go. Try not to have the pleats under each other. The mask should now measure 9"x4".



8. To make end casings, cut two pieces of fabric 2½"x5". Fold each end of the short edges ½" and press.



9. Fold in half the long side and press. Take the top half, fold in half again and press. End casing should measure 4" long. You may have to adjust your pleats to make the end casings fit.



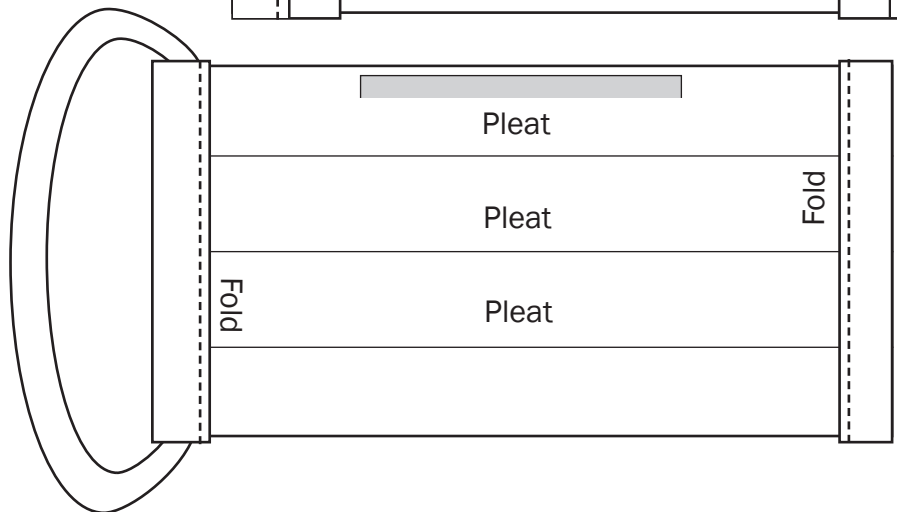
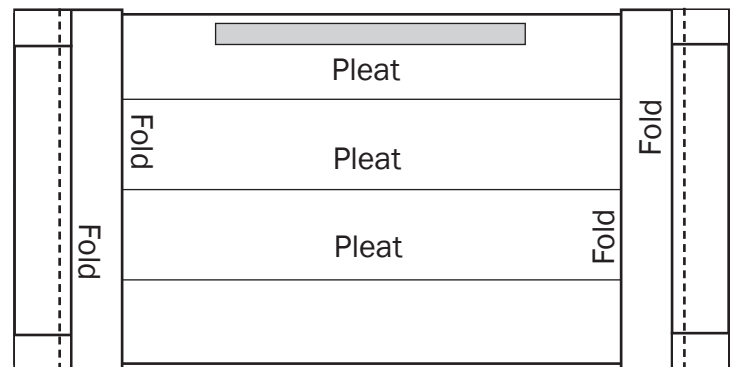
10. Fold in half—long side. Fold one half one more time.

11. Attach end casing to pleated mask. Sew ½" from raw edge,

12. Fold end casing around raw edge. Sew down.

13. Thread the elastic through the casing and tie in a knot. Pull the elastic through the casing until the knot is tucked inside. Repeat with second side.

14. The opening on the top of the mask can fit a filter if desired.



Questions? Email Nancy at quiltingwithnancy@gmail.com.