

# PURIST

AN ADVENTURE IN WELLNESS

GLORY,  
GLORY,  
JULIANNE!

SYNTHIA ROWLEY  
INTERVIEWS  
JULIANNE MOORE

Mary-Louise Parker's  
Meditations

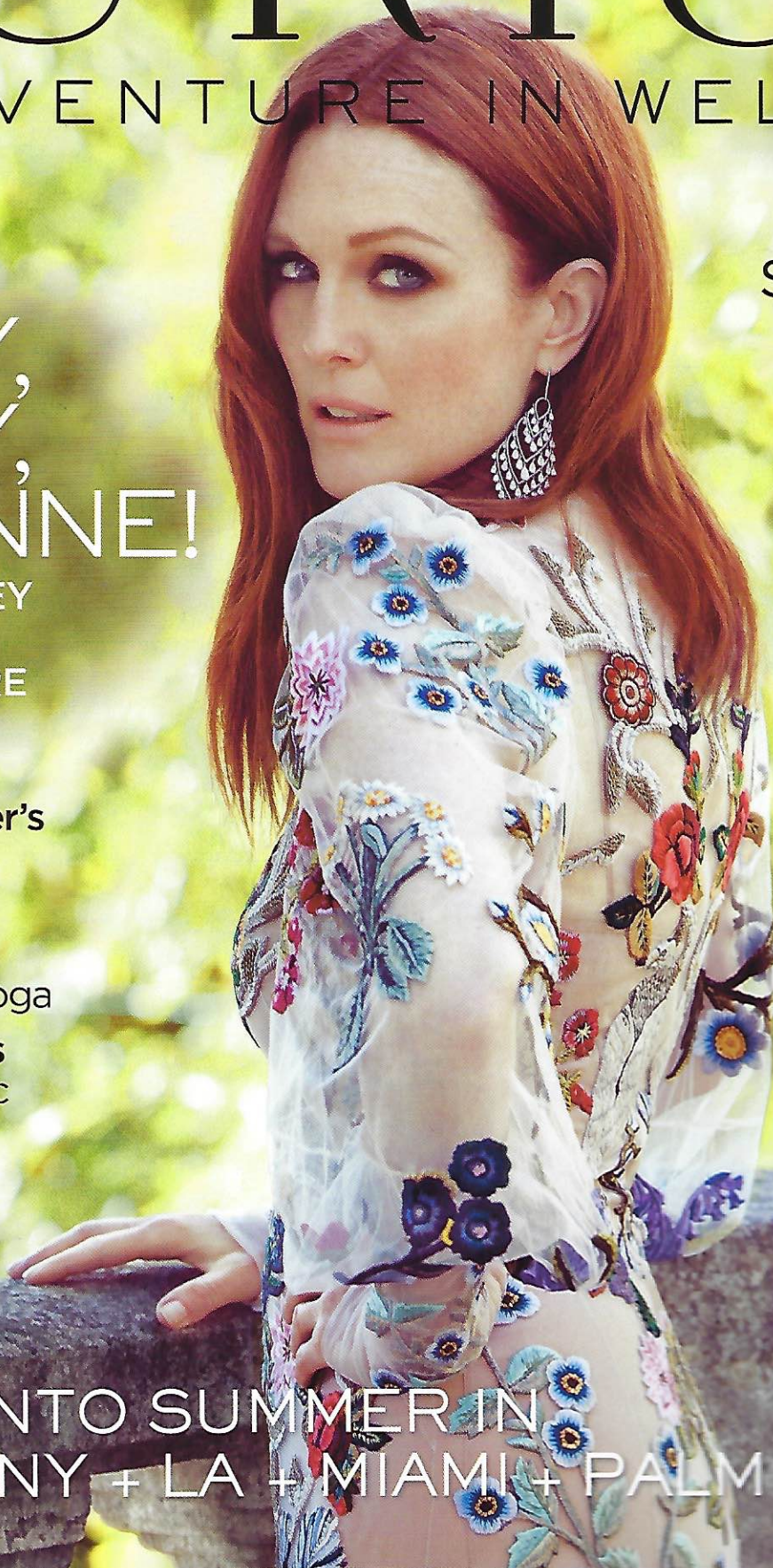
Eddie Stern and  
Deepak Chopra  
on the power of yoga

Alicia Silverstone's  
trailblazing organic  
lifestyle

2019'S TOP  
SUSTAINABLE  
COMPANIES

WELLNESS  
STRATEGIES:  
Tree Therapy  
Harmonic Healing  
Cellular Recycling

SPRING INTO SUMMER IN  
ASPEN + NY + LA + MIAMI + PALM BEACH



# PURE PICKS

Purist founder **Cristina Cuomo** shares her current must-haves.



"The combination of softening, clean ingredients makes me want to apply it all day long, and Beach Rose is the perfect natural tint." *Lip Tint Conditioner SPF 15 in Beach Rose, \$9.95, Babo Botanicals, babobotanicals.com*

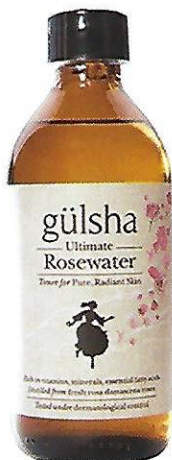


"UMA might have my favorite fragrance of any candle, ever, and the soy base does not emit harmful toxins in the air." *UMA x Equinox Pure Recovery candle, \$68, uma oils.com*

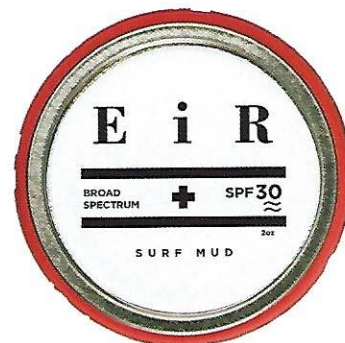


"Each tube is pocket-size, so I can apply the oil to various pressure points throughout the day to keep focused and de-stressed." *BREATHE Roller Ball, Archipelago, \$14, shoparchipelago.com*

"Who would have thought roses are more than beautiful mood-enhancers—they're soothing and packed with antioxidants, too!" *Ultimate Rosewater, \$20 (6.76 oz.), gülsha, available at C.O. Bigelow, bigelowchemists.com*



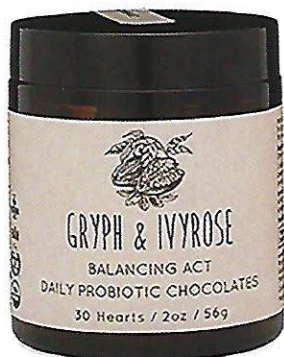
"I can see the vitamins brightening my skin tone within minutes of application." *AZN Labs Afterglow Ampoule, \$120, available at beautytap, beautytap.com*



"This is the only SPF product the sun can't penetrate when I surf, but you have to wipe it off when you're out of the sun so you don't clog pores. I love Recess cleansing wipes for that." *Surf Mud, \$24, Eir NYC, eirnyc.com; FACE 101: Cleansing Wipes, \$26, Recess, myrecess.co*



"This silky smooth cream is almost mouthwatering, and the careful attention to elegant steely packaging makes it appealing to the eyes, too." *Hand Cream, \$24, Grown Alchemist, grownalchemist.com*



"My kids aren't the only ones who love the cute heart-shaped chocolates and banana probiotics." *Probiotic Essentials Set, \$82, Gryph and IvyRose, gryphandivyrose.com*

"I like to stave off any pain, inflammation or headaches by taking a dropper full at the top of the day." *Hemp Drops, \$60 (15ml), Papa & Barkley Essentials, papaandbarkleyessentials.com*

