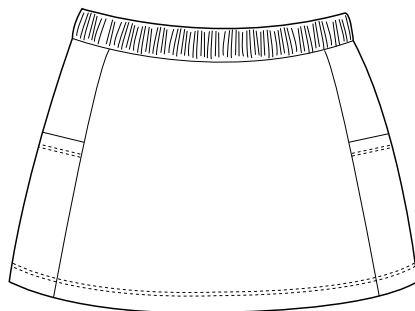
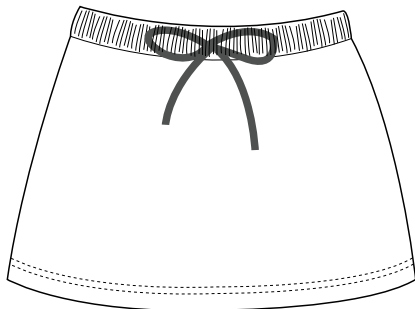


threads
BY CAROLINE 

Vera Skirt

SIZES 74-146

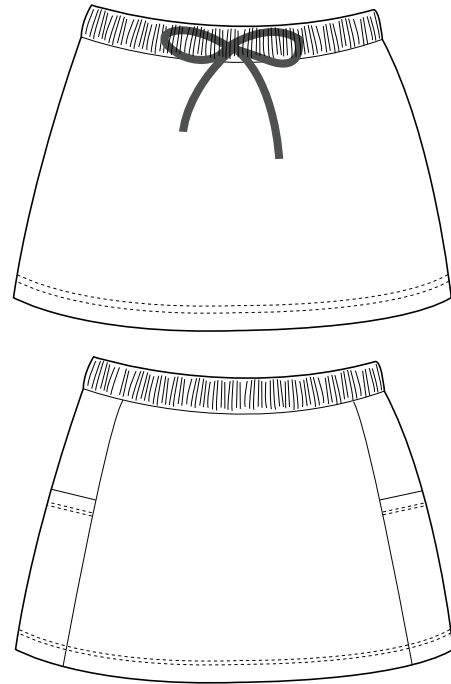


The design

The Vera skirt is pretty and fast to sew in two versions: simple skirt; or a skirt with side panels and pockets. Vera is also comfortable for playful children since it's not too tight around the child's hip and legs.

The skirt is sewn with an elastic waistband and you can also choose to insert a drawstring in the elastic's casing.

Vera can be sewn in woven or knit fabrics and we recommend that you choose a sturdy fabric. If you want to use a knit fabric, we recommend that you use french terry/sweatshirt/college or similar.



TIPS, HOW TO SEW AND INSPIRATION

On my website, threadsbycaroline.com, you can find [inspiration](#) and valuable tips such as how to [sew in knit fabrics with a regular sewing machine](#) and get an awesome result. For beginners there is also a section on "[how to sew](#)" which explains basic techniques.

Preparations

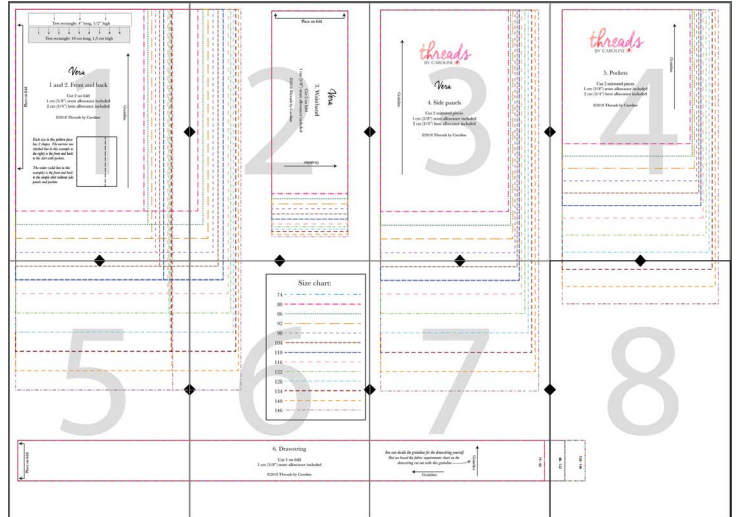
SUPPLIES:

- **Fabric:** Vera can be sewn with either woven or knit fabrics. We recommend not too light-weight fabrics, rather use a more sturdy fabric. If you want to use knit fabrics, look for college/french terry/sweatshirt.
- **Elastic:** Width 2,5 cm (1"). The length is specified in the [fabric requirements chart](#).
- Useful tools: Fabric scissors or rotary cutter and cutting mat, safety pin, pins or clips, textile glue.
- **Sewing machine** with a **jersey or ballpoint needle**. An overlocker/serger can also be used for most of the steps, but you don't need to have one.

PRINTING THE PATTERN

This pattern has been designed to print well on both A4 and letter size. The measurements of each page are 17,8 x 24,4 cm (7x10"). It's important that you print your pattern at 100%, no scaling. After printing page 1 of the pattern, measure the test rectangle to ensure that your pattern has printed accurately.

The pattern is created with each size in a separate layer. If you open it with Adobe Reader (preferably on a computer), you can choose to show or hide specific sizes, and print just those. Adobe Reader can be downloaded for free on the Adobe website. Go to [my website](http://mywebsite) for a more detailed description.



CUTTING AND TAPING

All pages are numbered. I don't cut page 1 at all. On page 2-4 I only cut the left edge, along the black line, just outside the black triangle. Match up the black triangles to form diamonds, and tape the papers. On page 5 I cut the top edge. On page 6-8 I cut the top and left edges.

I recommend that you also trace/draw your size onto for example a tracing paper or parchment paper, so that you preserve your original pattern.

Copyright & selling your items

COPYRIGHT:

- You may not resell, copy, or redistribute this pattern in any form. The buyer of a sewing pattern from Threads by Caroline may only use it personally. Sharing or exchanging a pattern with other parties is strictly prohibited.

SELLING ITEMS MADE WITH THIS PATTERN:

- You may sell items you made with this pattern, and I wish you good luck with your business! You may only sell the garments if you are the purchaser of the patterns and are sewing yourself. It is not allowed to transfer the pattern to another party.

Choosing a size

Vera has a wider fit in the smaller sizes so that toddlers will have more room to crawl, play and so on.

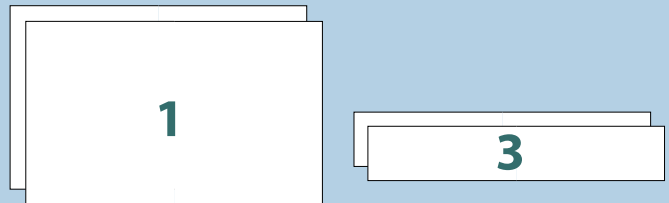
Choose a size primarily based on the child's length. If the child's waist and hip measurements are not on the same line (in the chart) as the length, you can blend sizes. For example, if a child is 110 cm long but waist is 57 cm and hip is 66 cm - you can choose size 122 but follow the length for size 110.

Length in cm / size	Approx. age	Waist width child	Hip width child	Hip width finished skirt	Skirt length finished skirt
74	7-9 months	46 cm (18,1")	47,5 cm (18,7")	66 cm (26")	18 cm (7")
80	10-12 months	48 cm (18,9")	49,5 cm (19,5")	68 cm (26,8")	19,5 cm (7,7")
86	1-1½ years	49,5 cm (19,5")	51,5 cm (20,3")	70 cm (27,6")	21 cm (8,3")
92	1½-2 years	51 cm (20,1")	53 cm (20,9")	72 cm (28,3")	22 cm (8,7")
98	2-3 years	52,5 cm (20,7")	56 cm (22")	74 cm (29,1")	23,5 cm (9,3")
104	3-4 years	54 cm (21,3")	60 cm (23,6")	76 cm (29,9")	25 cm (9,8")
110	4-5 years	55 cm (21,7")	62 cm (24,4")	78 cm (30,7")	26 cm (10,2")
116	5-6 years	56 cm (22")	64 cm (25,2")	80 cm (31,5")	27,5 cm (10,8")
122	6-7 years	57 cm (22,4")	66 cm (26")	81 cm (31,9")	29,5 cm (11,6")
128	7-8 years	58 cm (22,8")	69 cm (27,2")	82 cm (32,3")	31 cm (12,2")
134	8-9 years	60 cm (23,6")	72 cm (28,3")	83 cm (32,7")	33 cm (13")
140	9-10 years	62 cm (24,4")	76 cm (30")	84 cm (33,1")	35 cm (13,8")
146	10-11 years	64 cm (25,2")	80 cm (31,5")	85 cm (33,5")	37 cm (14,6")

Pattern pieces / Cut list

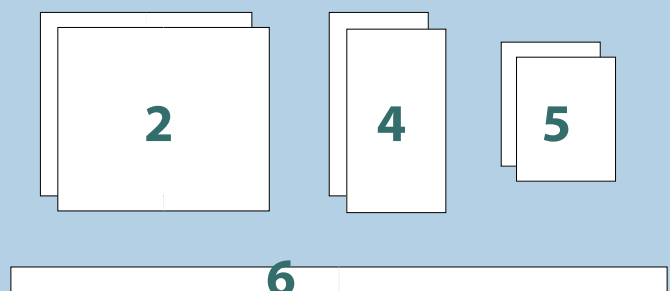
FOR A SIMPLE SKIRT, CUT:

- A front piece (1), on fold,
- and a back piece (1) on fold
- Two waistbands (3), on fold
- Optional: a drawstring (6), on fold



FOR A SKIRT WITH POCKETS, CUT:

- A front piece (2), on fold,
- and a back piece (2) on fold
- Two waistbands (3), on fold
- Two side panels (4), mirrored pieces
- Two pockets (5), mirrored pieces
- Optional: a drawstring (6), on fold



Fabric requirements

This is an estimate for prewashed fabrics with 150 cm (60") width. If you're buying new fabric for your project, I recommend that you add 10-20 cm (4-8") just in case.

The length of the elastic is only a general recommendation. Some elastics are more stiff, others are more soft and stretchy. The measurements below are based on the child's waist measurement -4 cm (1 5/8"), and that includes 1 cm (3/8") seam allowance.

Size	Skirt, both versions	Elastic
74	40 cm (16")	42 cm (16,5")
80	40 cm (16")	44 cm (17,3")
86	40 cm (16")	45,5 cm (17,9")
92	40 cm (16")	47 cm (18,5")
98	50 cm (20")	48,5 cm (19,1")
104	50 cm (20")	50 cm (19,7")
110	50 cm (20")	51 cm (20,1")
116	50 cm (20")	52 cm (20,5")
122	50 cm (20")	53 cm (20,9")
128	50 cm (20")	54 cm (21,3")
134	50 cm (20")	56 cm (22")
140	55 cm (22")	58 cm (22,8")
146	55 cm (22")	60 cm (23,6")

Share what you've created on instagram! Tag the picture #threadsbycaroline and #tcvera

Or show what you've made in my Facebook group: [Threads by Caroline - Sew and Tell](#)



Find me on Instagram
[@threadsbycaroline](#)

and Facebook
[Threads by Caroline](#)

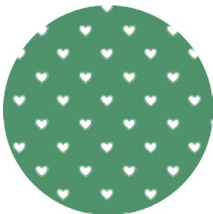
The fabrics



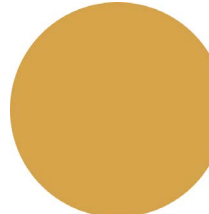
Domherre - a jersey fabric from Fossan Design



Skäggört - a woven cotton fabric from IKEA



Hearts - a college fabric from Fossan Design



Gold - a jersey fabric from Elvelyckan Design

Let's get creative!

1 cm (3/8") seam allowance included, and 2 cm (3/4") hem allowance included.

For a skirt with pockets: start with step 1 below.
For a simple skirt: start with [step 12](#).



1.

Turn 2 cm (3/4") of the top of the pocket to the wrong side and press. Repeat with the other pocket.

Topstitch (sew from the right side) 2 cm (3/4") down from the top edge. If you're sewing a knit fabric, use a zig zag stitch or twin stitch. If your fabric is woven, you can use a straight stitch.



2.

Place the pockets on the side panels and pin or use textile glue to keep them in place.



3.

Place the side panels on the front piece, right sides together. Sew both side seams. Then press the seam towards the front piece.

If you're sewing a woven fabric, don't forget to finish the seams using a zig zag stitch or other method.



4. Optional

Topstitch through the front piece fabric and the seam allowance, along both side seams.

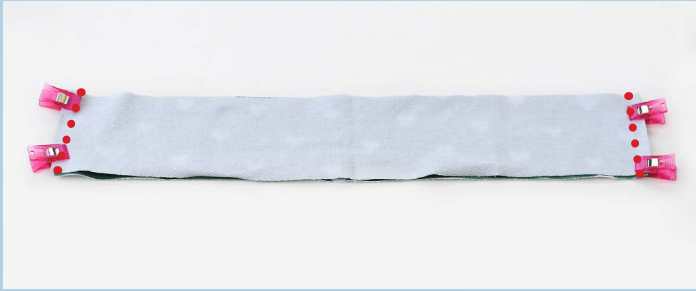


5.

Place the front piece and side panels on the back piece, and sew the side seams. Press the seam towards the back piece. Finish the seams if your fabric is woven.

Repeat step 4 if you'd like.

*Follow steps 6-8 if you don't want a drawstring in the waistband.
For a waistband with drawstring, follow [steps 13-22](#).*



6.

Place the two pieces of the waistband right sides together and sew the short sides. The waistband is now a circle. Finish the seams if your fabric is woven.



7.

Fold the waistband so that the wrong sides meet and press.



8.

Put the waistband inside the skirt, right sides together. Let the raw edges meet. Sew together the pieces but save about 3 cm (1 1/4") where you can later insert the elastic.

Finish the seams if your fabric is woven.



9.

Insert the elastic into the waistband and all around the skirt. You can use a safety pin.



Put one end of the elastic on top of the other, overlap by 1 cm (3/8") and sew together with a wide zig zag stitch and anchor the stitch thoroughly.



10.

Sew the hole where you inserted the elastic.



11.

Time to hem the skirt!

Knit fabric: Hem the skirt by folding 2 cm (3/4") towards the wrong side. Press and topstitch using a zig zag stitch or twin needle.

Woven fabric: Fold 1 cm (3/8") towards the wrong side and press. Fold again, 1 cm (3/8"), and press. Topstitch with a straight stitch.





Here starts the tutorial for how to sew a simple skirt without pockets.

And starting with step 13: how to sew the drawstring.



12.

Place the front and back pieces right sides together, and sew the side seams.

If you're using a knit fabric: use a narrow zig zag stitch or overlock. If the fabric is woven you can use a straight stitch or overlock. And remember to finish the seams using a zig zag stitch or other method.

*Follow steps 13-22 if you want a drawstring in the waistband.
Or 6-11 if you don't want a drawstring.*



13.

Take one of the waistband pieces and fold so that the long sides meet, wrong sides together. Press.

Fold again so that the short sides meet and press the fold.



14.

Open up the waistband again. Since you pressed in step 13 you can now see the center of the waistband, and where the lower half of the waistband is. The lower half will be visible on the skirt.

On the lower half you can now mark where to sew the holes for the drawstring. Keep about 3 cm (1 1/8") between the holes.

Here I have marked where to start sewing the buttonholes. If you'd rather like to use eyelets, then mark the center of their placement.

TIP!

If you're sewing in knit fabrics, or a thin woven fabric, you will need to reinforce the fabric where you'll sew the buttonholes. Use interfacing or a piece of woven fabric on the wrong side of the waistband so that you'll be sewing the buttonholes through the waistband and interfacing/woven fabric.



15.

Sew the buttonholes, at least 15 mm wide (5/8"). You'll need a sewing machine with a buttonhole foot. If you're unsure about how to do it, please turn to your sewing machine's manual. The approach is a bit different depending on your machine. Then use a seam ripper to open the buttonhole.

TIP!

Would you rather like to use eyelets instead of buttonholes? We've included a bonus tutorial on eyelets on [p. 14](#).





16.

Put the other waistband piece on the one you just sewed buttonholes to. Place them right sides together and sew the short sides.

Finish the seams if your fabric is woven.



17.

Fold the waistband wrong sides together and press.



18.

Put the waistband into the skirt, let raw edges meet. Make sure the side with the buttonholes faces the front skirt.

Sew around the whole skirt but save 3 cm (1 1/4") where you can later insert the elastic.

Finish the seams if your fabric is woven.

Now follow [steps 9-11](#) and then back to step 19.



19.

Fold the drawstring right sides together and sew the long sides with 1 cm (3/8") seam allowance.



20.

Turn the drawstring inside out. You can use a safety pin for example.

Press.



21.

Take out your safety pin again and push the drawstring into one buttonhole, then all around the skirt, and out through the other buttonhole.



22.

Tie the drawstring, and tie the ends of the string.



23. Optional

If your elastic keeps turning inside the waistband you can attach it to the waistband by sewing the side seams. Sew a straight stitch through the waistband and elastic. Use a thread that matches the fabric.

You did it!

I hope you're proud of your Vera skirt! If you have any questions or feedback about the pattern or its instructions feel free to contact me at:
info@threadsbycaroline.com

Attaching eyelets

*Eyelets can be attached with different tools and methods.
Here's the method described in the tutorial for the Molly-pattern!*



A.

Cut a hole for the eyelet in the fabric and interfacing by cutting an X. Be careful not to make it too large. It's better to start too small and then make it larger if needed.

B.

Take out your eyelets and tools. Here I'm using a kit from Prym. The eyelet consists of a front piece (the one on the left, a little elevated) and a back piece (the one on the right).

C.

Press the front piece of the eyelet into the hole in the fabric.

D.

Add an extra piece of fabric (also with a hole in it) which will help the eyelet attach better. At last, add the back piece of the eyelet.

E.

Place the pliers around the eyelet, set it down on a hard surface and hit with a hammer 3-4 times. Hit it from straight above.

Vera - In short

Perhaps you're an experienced sewer, or maybe you've sewn the skirt a couple of times, and you want just a brief description, here it is! The numbers below correspond to the steps in the detailed description.

WITHOUT DRAWSTRING

1. Fold and sew the top of the pockets
2. Pin the pockets to the side panels
3. Sew together the front piece and side panels
4. (Optional) Topstitch along side seam
5. Sew back piece and side panels
6. Sew the short sides of waistband
7. Fold and press waistband
8. Sew together waistband with skirt
9. Insert elastic, sew together the ends
10. Sew the hole where elastic was inserted
11. Hem the skirt, 2 cm (3/4")
12. Start simple skirt, sew side seams

WITH DRAWSTRING (BUTTONHOLES / EYELETS)

13. Fold and press one of the waistband pieces
14. Mark placement of buttonholes or eyelets
15. Sew buttonholes / attach eyelets
16. Sew the waistband's side seams
17. Fold and press the waistband
18. Sew together waistband with skirt
19. Sew the long sides of the drawstring
20. Turn the string right sides out
21. Insert the drawstring into the skirt
22. Tie the string, and its ends
22. (Optional) Attach elastic to waistband

Looking for more?

Would you like to test more patterns from Threads by Caroline? Below I've categorised them according to level of difficulty. All patterns are available as paper printed patterns, and pdf patterns, and you'll find them at threadsbycaroline.com, or my [shop at Etsy](#).

FOR THE BEGINNER:



FOR THE CONFIDENT BEGINNER:



MORE CHALLENGING:

(But don't worry! Like all other patterns, these include thorough step-by-step instructions. With a sewing pattern from Threads by Caroline it's a perfect opportunity to learn new techniques).

