



STRETCH GUIDE

<p>Place a piece of your fabric against the grey background. Stretch towards the right. Note how far the fabric stretches without resistance. Don't overstretch, find the natural stretch.</p> <p>You can also measure the fabric's recovery by releasing it: if the fabric goes back to its original length (the grey rectangle), then it has 100% recovery, which is very good.</p>	10 %	20 %	30 %	40 %	50 %	60 %	70 %	80 %	90 %	100 %
	<p>← Grainline →</p>									