

GLOBAL INCIDENCE OF GOUT IS ON THE RISE

The Australian Bureau of Statistics (2017) claims that 4.5-5% of Australians suffer from Gout. In numbers, this is over 1.5 million people. Only the New Zealand Maoris have a higher rate of incidence (10%). This debilitating disease has serious consequences on general health and quality of life.

What is Gout caused by ?

Tiny crystals of uric acid accumulating in a number of joints, causing severe inflammation. Any joint can be affected, but it most commonly strikes the big toe, knee and fingers.

What are the symptoms ?

Excruciating pain in the affected joint is the most easily noticed symptom of the condition. A gout attack usually lasts a few days.

What causes it ?

A diet rich in red meat and liver, seafood – particularly shellfish, scallops, mussels, and certain fish like herring, mackerel, sardines and anchovies. Foods containing yeast – such as Vegemite and beer. Other risk factors are obesity, metabolic disease like diabetes, and genetic influence. It mostly affects middle-aged men and to a lesser degree women.

About the product

Gout Formula with Sour Cherry (Aust L 348150) is based on ingredients traditionally used to treat gout, including Sour Cherry, Celery Seed and White Willow Bark. Each of these ingredients has a specific component which alleviates the disease. Sour Cherry is a rich source of anthocyanins, which have anti-inflammatory properties. Modern clinical data supports therapeutic effect of Sour Cherries in cases of gout. Celery Seeds are traditionally used as diuretics. Increased urination, while drinking a lot of water, clears the uric acid more effectively from joints, blood and kidneys. White Willow Bark is natural source of salicin, the historical origin of aspirin, with analgesic and anti-inflammatory properties.

Why liquid medication is more effective than tablets ?

Medical studies have shown that liquids have faster absorption rates and is more easily digestible. Liquids may have a big advantage over pills when it comes to swallowing. Most people, especially the elderly, tend to have more difficulty swallowing some pills.

