

Baby Bag Essentials Checklist

- 6 nappies, one for every two hours you spend out plus a couple of extras
- Baby Wipes
- Changing Mat (1 is included in your PacaPod)
- Nappy Rash Ointment
- Hand Sanitiser
- Plastic Bags, they come in handy for soiled nappies and clothes (hint: in our classic and luxury changer pods a handy draw string pouch is included for a change of clothes)
- Pocket Tissues

- Formula and Bottle, pre-measure formula if you're bottle-feeding
- Breast Pads, if you're breast-feeding
- Snacks
- Bottled Water, for you if you're breast-feeding
- Insulated Bag, for cold items including breast milk (you can use our feeder pod!)
- A Baby Spoon
- A Bib or Two
- Burp Cloths
- Pacifiers

- Books or Toys
- Teething Toys
- Change of Clothes for Baby
- Blanket for Baby
- Sunblock, or a hat to protect baby's skin

- A Small First Aid Kit, with antibacterial ointment and pain relievers
- Phone, or a list of emergency contacts
- Keys
- Money
- Note Pad & Pen